



ANAHATA SOUL  
Holistic Aesthetics

# SERVICE CATALOG



Y E A R 2 0 2 4

“The real beauty from the inside out ”

WWW.ANAHATASOULBEAUTY.COM | ADDRESS : 8524 INSULAR LANE, ORLANDO 32827 LOCAL 102|  
CONTACT : 407-515-5203



# SERVICES

## DEEP FACIALS

All deep facials include extractions, facial and neck massage, and lip exfoliation



### DEEP FACIAL MICRODERMABRASION

Focused on removing dead cells and impurities through microdermabrasion (mechanical exfoliation), providing hydration and oxygenation with professional products and specialized equipment. It helps moisturize and remove dead skin, promoting a brighter and healthier complexion.

**\$90**



### DEEP FACIAL ENLIGHTMENT (LIGHT THERAPY)

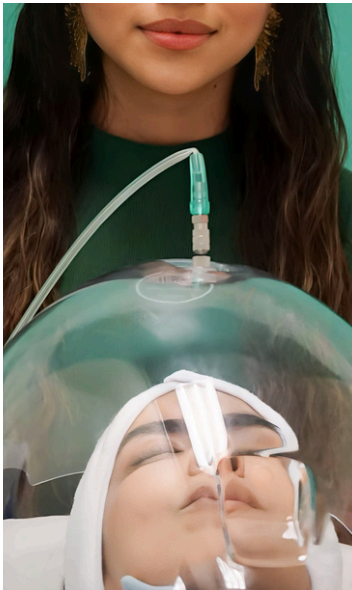
This treatment not only offers deep cleansing and exfoliation with the help of microdermabrasion but also addresses your specific skin condition through light therapy. The use of professional products and equipment ensures proper nutrient absorption, as well as the regeneration of damage caused by external agents.

**\$110**

# SERVICES

## DEEP FACIALS

These deep facials include extractions, facial massage with hot towels, and lip exfoliation



### DEEP FACIAL O2 (OXYGEN THERAPY)

Centered on a thorough and comprehensive cleansing and oxygenation, this treatment combines two incredible techniques to enhance skin health and appearance. Microdermabrasion and the oxygen dome not only eliminate dead cells and encourage cellular regeneration but also deliver pure oxygen to the skin, helping revitalize it and stimulate collagen production.

**\$150**



### DEEP FACIAL REJUVENATION (RF)

Radiofrequency stimulates collagen production, enhancing firmness and elasticity, consequently diminishing wrinkles and fine lines. This treatment not only deeply cleanses and revitalizes the skin but also promotes blood circulation and cellular oxygenation, resulting in a more radiant, healthy, and youthful complexion.

**\$150**

# SERVICES

## DEEP FACIALS

Use of high frequency, galvanic techniques, and non-comedogenic products.



### DEEP FACIAL ANTI ACNE

This treatment can assist in clearing blocked pores, minimizing excess oil, and removing impurities that contribute to breakout formation. Furthermore, it can alleviate inflammation, enhance skin texture, and support the healing of acne lesions. The procedure involves the use of high frequency, galvanic, and specialized products tailored for acne treatment.

**\$125**



### DEEP FACIAL ANTI ACNE O2

This treatment not only addresses the impurities and blockages causing acne but also utilizes oxygen therapy to enhance blood circulation, supply essential oxygen to cells, and reduce inflammation. This, in turn, helps improve irritation and promote healing.

**\$150**

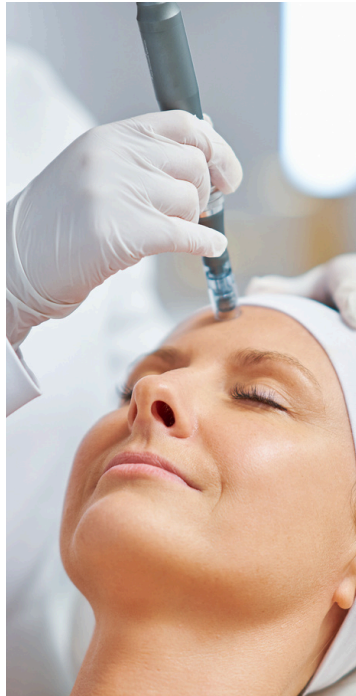
# ANTI AGING TREATMENTS



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# SERVICES

## ANTI AGING TREATMENTS



### MICRONEEDLING

Boost of collagen production, enhancing firmness and elasticity. Additionally, it helps minimizing the appearance of wrinkles and fine lines. Micro-needles also facilitate the absorption of skincare products, penetrating into deeper layers. This treatment can enhance skin texture, diminish scars and marks, and foster cellular regeneration.

**Individual session: \$150**

**Package of 3 sessions: \$405 (\$135 x session)**



### MICRONEEDLING + RADIOFREQUENCY

An ideal blend to renew your skin. This fantastic combination of anti aging techniques naturally revitalizes your skin by encouraging collagen and elastin production, diminishing wrinkles and scars, enhancing firmness and skin texture, and boosting the absorption of skincare products.

**Individual session: \$180**

**Package of 3 sessions: \$495 (\$165 x session)**

# SERVICES

## ANTI AGING TREATMENTS

### PLATELET RICH PLASMA

Indulge in the epitome of skincare luxury with our Platelet-Rich Plasma (PRP) Microneedling treatment, a revolutionary spa experience designed to unlock your skin's natural radiance. This advanced therapy seamlessly blends cutting-edge science with the pampering ambiance of our spa, offering you a transformative journey towards a rejuvenated and youthful complexion.

At the heart of this treatment is Platelet-Rich Plasma, a concentrated elixir derived from your own blood, rich in growth factors and regenerative properties. Combined with the precision of microneedling, tiny, controlled punctures stimulate collagen and elastin production, fostering a renewed and resilient skin texture.

**Individual session: \$200**

**Package of 3 sessions: \$510 (\$170 x session)**



# SERVICES

## ULTRA-HYDRATING TREATMENTS



### HYDRODERMABRASION

A treatment that combines dermabrasion technology with hydration. A special machine is used to gently exfoliate the top layer of the skin while simultaneously infusing hydrating serums and other beneficial ingredients. This process helps cleanse pores, remove dead skin cells, improve skin texture, and provide deep hydration.

**Precio: \$110**

**Hydrodermabrasion + Deep Facial: \$150**



### DERMAPLANING + CHEMICAL PEEL

This combination provides a more thorough exfoliation and can address issues like rough texture, spots, and fine lines, resulting in smoother, radiant, and rejuvenated skin. It enhances cellular renewal and removes facial hair, leaving your skin looking brighter and healthier.

**Individual session: \$125**

**Dermaplaning + Chemical Peel + Deep Facial \$150**





# HIPERPIGMENTATION AND SCARS TREATMENTS

# TREATMENTS FOR HIPERPIGMENTATION AND SCARS



## CHEMICAL PEEL

Chemical peeling addresses skin discoloration by exfoliating with chemical substances. This procedure aims to enhance skin texture and tone by removing damaged cells, resulting in a more even and radiant complexion.

**Individual session: \$100**

**Package of 3 sessions: 255 (\$90 x session)**



## MICRONEEDLING

Micro-needles are employed to treat skin blemishes and scars. This procedure involves using small needles to create micro-injuries that stimulate cellular regeneration. It promotes the absorption of specific products and contributes to enhancing the appearance of blemishes and scars, fostering a more uniform and revitalized skin.

**Individual session \$150**

**Package of 3 sessions: \$405 (\$135 x session)**

# ADD ONS

THEY CAN ONLY BE ADDED TO A PREVIOUSLY CHOSEN TREATMENT



## DEEP FACIAL

Price \$40



## LIGHT THERAPY

Price \$30



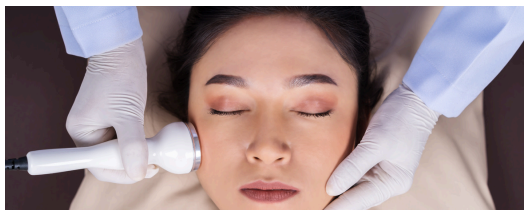
## OXYGEN THERAPY

Price \$50



## RADIOFREQUENCY

Price \$40



## ULTRASOUND

Price \$33



## FACIAL MASSAGE

Price \$30

# ADD ONS

THEY CAN ONLY BE ADDED TO A PREVIOUSLY CHOSEN TREATMENT



## EYE CALMING

Price \$15



## AROMATHERAPY + SOUNDHEALING

Price \$30



## LIP EXFOLIATION AND HYDRATION

Price \$22



## DERMAPLANING

Price \$50



## CHAKARA HARMONIZATION

Price \$55



## CANALIZACIÓN ANGELICAL (SPANISH)

Price \$50

# MEDICAL AESTHETICS TREATMENTS

DR. RAFAEL BONES FROM PRIXUS MED SPA



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# SERVICES

## MEDICAL AESTHETICS

IN COLLABORATION WITH PRIXUS MED SPA



### BOTOX

Botox is used as a treatment to temporarily reduce facial wrinkles and expression lines. It is injected into specific muscles, temporarily blocking nerve signals that cause muscle contraction. This leads to a reduction in muscle activity and, consequently, diminishes the appearance of dynamic wrinkles, such as forehead lines and crow's feet.

**Price: \$10 x unid**

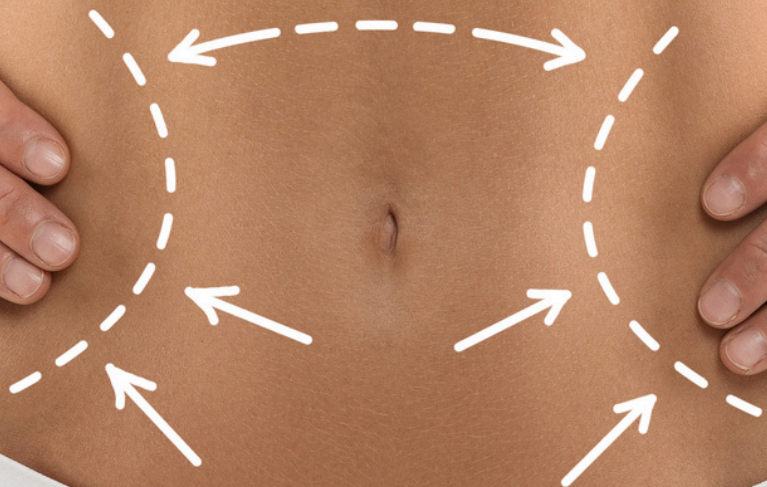


### FILLERS

Experience complete renewal at our spa with our exclusive hyaluronic acid fillers. These non-invasive procedures rejuvenate your skin by filling in wrinkles and fine lines.

**Price x syringe: \$750**

# BODY TREATMENTS



# IPL LASER HAIR REMOVAL



## UNDERARMS

individual session : \$60  
Package of 8 sesiones \$440 (\$55 x session)



## UPPER LIP

Individual session : \$45  
Package of 8 sessions \$320 (\$40 x sesión)



## FULL ARMS

Individual sessionl : \$75  
Package of 8 sessions: \$560 (\$70 x sesión)



## CHEST

Individual session : \$88  
Package of 8 sessions: \$640 (\$80 x sesión)



# IPL LASER HAIR REMOVAL



## HALF LEGS

Individual session: \$70  
Package of 8 sessions: \$520 (\$65 x session)



## FULL LEGS

Individual session: \$100  
Package of 8 sessions: \$720 (\$90 x session)



## BACK

Individual session : \$95  
Package of 8 sessions: \$680 (\$85 x session)



## BIKINI LINE

Individual session : \$55  
Package of 8 sessions: \$400 (\$50 x session)

# SERVICES

## BODY SHAPING



### WOOD THERAPY + LEBODY

The combination of wood therapy and Lebody integrates massage with wooden tools and electrostimulation to enhance skin appearance and tone muscles. This synergy aims to provide both aesthetic and muscular benefits.

- 4 sessions: \$320 (\$80 x session)**
- 6 sessions: \$450 (\$75 x session)**
- 10 sessions: \$700 (\$70 x session)**



### WOOD THERAPY + LINFATIC MASSAGE + LIPOLASER + CAVITATION + RF + EMS

Body equipment will be applied based on body analysis and measurements, determining the order and type of equipment applied.

- 6 sessions: \$570 (\$95 x session)**
- 10 sessions: \$900 (\$90 x session)**

# SERVICES

## RELAXING MASSAGE



### BASIC RELAXING MASSAGE

Immerse yourself in a deeply calming environment as skilled hands dissolve tension, leaving you in a state of blissful relaxation. The combination of Swedish and deep pressure techniques will take you to a deeper level of relaxation and wellness. It includes aromatherapy.

60 minutes session.

**Price: \$90**



### PREMIUM RELAXING MASSAGE

Journey to a realm of profound tranquility as expert hands release tension, leaving you in a state of blissful relaxation. This experience features a combination of Swedish and deep pressure techniques, hot stones, chocolate therapy, and aromatherapy.

100 minutes session.

**Price: \$150**

Please be advised that our relaxing massage services strictly focus on promoting well-being and relaxation. Any inappropriate requests or actions are not tolerated. Thank you for your understanding.

# SERVICES

## RELAXING MASSAGE



### WELLNESS MASSAGE

Combination of gentle strokes of Swedish massage with the targeted pressure of deep tissue techniques and stretches. This comprehensive treatment aims to release muscle tension, improve circulation, and promote overall well-being.

90 minutes session.

**Price: \$130**



### LYMPHATIC MASSAGE

Also known as manual lymphatic drainage, is a gentle technique that stimulates lymph flow, reduces swelling, and detoxifies the body. It supports the immune system enhances relaxation and is ideal for post-surgery recovery and overall wellness.

**Individual session: \$70**  
**4 sessions: \$260 (\$65 x session)**  
**6 sessions: \$360 (\$60 x session)**  
**10 sessions: \$555 (\$55 x session)**

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# SERVICES

## HOLISTIC MASSAGE



### HOLISTIC MASSAGE

Combining relaxing massage with sound healing and chakra harmonization creates a holistic therapeutic experience. Massage eases physical tension and stress, sound healing promotes deep relaxation with vibrational frequencies, and chakra harmonization balances energy centers for emotional stability. This integrative approach enhances relaxation, reduces stress, and fosters overall well-being.

90 minutes session.

**Price: \$120**

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# SERVICES

## BACK FACIAL



### BASIC BACK FACIAL

- Includes:
- Deep cleansing
  - Exfoliation
  - Extractions
  - Hydration mask
  - High Frequency

(60 minutes session)

**Price: \$85**



### MICRODERMABRASION BACK FACIAL

- Includes:
- Deep cleansing
  - Microdermabrasion
  - Deep extractions
  - Hydration mask
  - High Frequency

(90 minutes session)

**Price: \$100**

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# SERVICES

## BACK FACIAL



### BASIC BACK PREMIUM

Includes:

- Deep cleansing
- Microdermabrasion
- Deep extractions
- Light therapy
- Hydration mask
- High Frequency

(120 minutes session)

**Price: \$150**

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# INTIMATE AND BODY BRIGHTENING



## INTIMATE BRIGHTENING

Experience the allure of intimate whitening with gentle acids, a sophisticated cosmetic procedure crafted to lighten and brighten your most private areas. Our expert approach reduces melanin production, the key to skin color, unveiling a radiant and lighter tone. Revel in the beauty of your newfound glow.

**Price: \$90**

**Package of 4 sessions \$280 (\$70 x session)**



## BRIGHTENING WITH CHEMICAL PEELINGS

Discover the art of intimate radiance with our advanced acid-based whitening technique. Unveil a brighter you as these gentle acids work their magic, diminishing melanin production and imparting a luminous glow. Elevate your confidence and embrace a lighter, more radiant tone with our exclusive intimate whitening experience.

**Price: \$80**

**Package of 4 sessions \$220 (\$55 x session)**



# HOLISTICS THERAPIES



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# SERVICES

## HOLISTICS THERAPIES



### CHAKRA HARMONIZATION

Embark on a journey of holistic well-being as we align your 7 chakras with the guidance of archangels, crystals, aromatherapy, and the soothing resonance of a Tibetan singing bowl. Embracing the synergy of breathwork and gentle hand movements, this 45-minute therapy session aims to not only reduce stress and anxiety but also to liberate energy blockages, fostering an improved state of mood, vitality, and overall harmony within.

**Price: \$60**



### FACIAL HOLISTICO

Experience the perfect blend of subtle skin cleansing and chakra harmonization, freeing not only your skin from impurities but also balancing your energy centers. This 60-minute therapy includes a soothing massage targeting areas like the face, head, neck, and arms to relax, heal, and release stress points, creating a holistic sense of well-being.

**Price: \$80**

# TERAPIAS HOLISTICAS Y ANGELICALES



## HARMONIZACIÓN DE CHAKRAS + CANALIZACIÓN ANGELICAL

Combinación ideal para alinear tus centros de energía integrando mensajes que Los Ángeles tienen para ti. Este enfoque busca no solo armonizar y hacer consciencia de tus centros y desequilibrios energéticos sino que también te ayuda a recibir guía y mensajes celestiales.

Terapia de 60 minutos.

**Precio: \$90**



## FACIAL HOLISTICO + CANALIZACION ANGELICAL

Combinación perfecta de cuidados faciales holísticos, armonización de tus vórtices de energía y la canalización de los seres de luz que te acompañan, buscando no solo la belleza exterior, sino también una conexión espiritual profunda guiada por la influencia de tus guías.

Terapia de 80 minutos.

**Precio: \$110**

# TERAPIAS HOLISTICAS Y ANGELICALES



## SANACIÓN ENERGÉTICA Y ALMICA

Sumérgete en el poder sanador de la energía, guiado por la presencia amorosa de los seres de luz y el equilibrio restaurador del movimiento de la energía que te llevarán a un estado de más consciencia acerca de aquellas memorias del alma que generan un desbalance en tu energía para ser precisamente sanadas y liberadas.

Terapia de 90 minutos.

**Precio: \$100**



## LECTURA DE CARTAS ANGELICAL

Explora la lectura de cartas con los ángeles, una experiencia que te conecta con guías divinos. Descubriendo la sabiduría celestial y la orientación amorosa mientras las cartas revelan mensajes inspiradores para iluminar tu camino por la vida.

**Precio: \$50**

# SERVICES

## HOLISTIC MASSAGE



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Combining relaxing massage with sound healing and chakra harmonization creates a holistic therapeutic experience. Massage eases physical tension and stress, sound healing promotes deep relaxation with vibrational frequencies, and chakra harmonization balances energy centers for emotional stability. This integrative approach enhances relaxation, reduces stress, and fosters overall well-being.

90 minutes session.

**Price: \$120**

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YEAR 2024



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