

Compassion-in-Action, Inc.

a Colorado Nonprofit Corporation,
IRS 501(c)(3) tax-exempt

Mission Statement

Compassion-in-Action, Inc. (CnA) is an all-volunteer public outreach effort with two objectives: (1) an educational approach focused on the health benefits of compassion based meditation; and (2) facilitation of compassionate behavior through CnA's custom, handcrafted, 12-bead strands.

While educational programs are for all types of audiences, from teenagers to seniors and all points in-between, CnA has a special focus with marginalized populations, such as the homeless, veterans dealing with PTSD, indigenous cultures, and with members of the LGBTQ community. These focused areas are all related in that they face serious mental health challenges, higher suicide rates, and limited resources to help them.

Going beyond, CnA's educational outreach expands to the family and friends of these special focus groups, to the compassionate caregivers who work directly with stigmatized individuals in various settings, and to other healing environments, such as support groups, hospitals, churches, and compassionate based service clubs.

Facilitation of compassionate behavior centers upon the free distribution of CnA's signature meditation strand packets to CnA's target groups, with personal instruction

that includes hands-on detailed teaching of CnA's 12-Step Meditation Practice - a clear and concise tool that can help anyone achieve and maintain the health and wellness benefits from living a compassionate life.

CnA's no-cost, no-obligation distribution employs the principals of the *pay-it-forward* concept, expanding to include grants to all interested people on an individual basis without discrimination.

Help Us to Pay-it-Forward

If a person or entity receiving CnA's meditation strands, or other interested parties, wants to *pay it forward* by helping us with the costs of making our strands for the benefit of someone else, we graciously accept unsolicited donations.

You can be assured that your tax-deductible contribution regardless of size, will be treated with the highest fiduciary standards, in strict accordance with CnA's stated founding principles and operating guidelines.

100% of your contribution goes directly into the materials, and for the distribution of our custom 12-bead meditation strands.

People receiving our strand packets, as well as donors, will not be placed onto any form of a mailing list, nor will we ever solicit a donor, directly or indirectly, as is common, especially for charities; this out of total respect to anyone willing to be part, in any way, of our outreach efforts.

Please mail your tax-deductible donation check to: CnA POB 2604, Frisco, CO 80443

Community Rewards Program

You can also support our outreach efforts by simply shopping, using your Loyalty card, at any King Soopers or City Market in Colorado. These two well respected members of the Kroger Family partner with local organizations through their Community Rewards Program. Just login to your online account, then select Compassion-in-Action, Inc. in the Community Rewards drop down listing, or input MX566, which is our assigned organization's number. Shoppers who support our nonprofit, or any nonprofit, are NOT disclosed to us. Your privacy is absolute.

Transactions linked to your online account and loyalty card are applied to the program, at no added cost to you. Quarterly donations to participating IRS 501(c)(3) tax-exempt organizations are based on your percentage of spending as it relates to the total spending associated with all participating Community Rewards organizations.

If you do not have an online account, please see our website for a step-by-step PDF: <https://compassion-in-action.info/donate>

Thanks for your consideration to support our outreach efforts. 100% of all funding goes directly into our nonprofit activities, as there are no officer salaries or reimbursed personal expenses paid to any volunteer.

Sincerely,

Rii Atha Sabby, President

www.Compassion-in-Action.info