



COVID-19 Event Health and Safety Guidelines

Four Seasons Lacrosse's goal is to provide families a fun and safe environment to compete in 2020. We understand that everyone is eager to get back on the field, and we are committed to making that happen. In order to adhere to state and national regulations, FSL is instituting a number of rules and regulations for the Mile High Harvest tournament in October 2020. Below you will find a list of steps we are taking to ensure the well-being of our participants, and expectations for participants to follow to be able to participate.

- All tournament attendees and staff will be required to wear a mask while in attendance. Players, coaches and referees may remove their mask for warm-ups and game time, but must wear one while not competing.
- At this time, we are able to allow up to two FAMILY MEMBERS per player, and they must wear MASKS when they aren't in their vehicle. If restrictions change, we will update this statement. Participants need to return to their car between games.
- If a player or a family member is sick or shows signs of sickness, we ask that they stay home for the safety of yourself, as well as other participants.
- Any person with a fever or exhibiting any of the COVID symptoms is NOT permitted to enter the facility. Any person at the event who begins to exhibit COVID symptoms or temperature while at the facility, must exit the facility immediately. Coaches will be responsible for themselves and their player's temperature and symptom tracking, and are expected to not participate, or let others participate if they have a fever or other COVID symptoms. If someone tests positive on a team after the event, the coach will notify event staff immediately.
- Any person who is in a high-risk category as determined by the CDC, whether due to age or pre-existing conditions, is strongly discouraged from attending the event.
- Any person who has recently been exposed to someone confirmed to have COVID, or exhibiting COVID symptoms within the last 14 days prior to the tournament, is NOT permitted to enter the facility.
- Coaches, players and event staff are strongly encouraged to maintain SIX FEET of social distancing at all times, the exception being when coaches and players are on the field warming up or playing in a game.
- Tailgating, including Team Tents, will be strictly prohibited at the event. This includes parking lots as well as fields.
- Coaches, players, referees and event staff are strongly encouraged to frequently wash their hands and/or use hand sanitizer as well as avoid touching their face. There will be restrooms at a few different locations of the facility.
- Sharing of water coolers, bottles or cups is prohibited. There will NOT be any public water available on the fields. Be prepared in case no vendors are present, and bring your own hydration.
- No outside food will be allowed at the venue.
- Coaches and players may not touch a game ball with their hands, and must instead use their stick at all times.
- Teams will not shake hands or cross paths on the field after a game.
- Coaches and players may not enter the facility until 30 minutes prior to their first game, should return to their vehicles between games, and must leave the facility immediately following their last game.
- Brackets will be scheduled to limit the number of participants on site at one time.

By implementing our new rules and regulations, we are confident that we can create a safe and fun environment for our players. As the government updates its rules and regulations, we will do the same. Thank you, we will see you all very soon!