

Menu: Week 3

Breakfast	Lunch	Snack
D: Milk 3/4 c G: Cereal 1/3 c (Kix) F: Orange Juice 1/2 c Donuts	D: Milk 3/4 c M: Pizza (1.5 oz) V: Green Beans (1/4 c) V: Lettuce/Tomatoes (1/4 c) G: Crust	Crackers (Ritz) (WG) Sliced Cheese
D: Milk 3/4 c G: French Toast Sticks 2 F: Pineapples 1/2 c	D: Milk 3/4 c M: Nachos (1.5 oz) V: Pinto Beans (1/4 c) V: Fruit Jello (1/4 c) G: Corn Chips	Yogurt Peaches
D: Milk 3/4 c G: Blueberry Muffin (WG) F: Fruit Cocktail	D: Milk 3/4 c M: Steak Fingers (1.5 oz) V: Corn (1/4 c) V: Mash Potatoes G: Breadding	Cheese It's Juice (Mixed Fruit)
D: Milk 3/4 c G: Scrambed Eggs with Sausage & Cheese F: Banana 1/2 c	D: Milk 3/4 c M: Poppyseed Chicken 1.5 oz V: Green Peas (1/4 c) V: Cherry Salad (1/4 c) G: Rice (WG)	Animal Crackers (Chocolate) Oranges
D: Milk 3/4 c G: Biscuits & Chocolate Gravy (1) F: Peaches 1/2 c	D: Milk 3/4 c M: Beanie Weinie (1/5 oz.) V: French Fries (1/4 c) V: Baked Beans (1/4 c) G: Bread (1/2 slice) (WG)	Apple Slices Peanut Butter