

## Menu: Week 5

Breakfast	Lunch	Snack
D: Milk 3/4 c G: Cereal 1/3 c (Cheerios) F: Juice 1/2 c (Orange) Donuts	D: Milk 3/4 c M: Salisbury Steak (1.5 oz) V: Green Beans(1/4 c) V: Mashed Potatoes (1/4 c) G: Yeast or Potato Rolls (1) (WG)	Soft Pretzels Cheese
D: Milk 3/4 c G: Pancakes (WG) F: Pineapples 1/2 c	D: Milk 3/4 c M: Burritoos (1/5 oz) V: Pinto Beans (1/4 c) V: Fruit Jello (1/4 c) G: Flour Tortillia (1) (WG)	Crackers (Chicken in a Biscuit) Juice (Grape)
D: Milk 3/4 c G: Biscuits with Cinnamon Butter (WG) F: Fruit Cocktail 1/2 c	D: Milk 3/4 c M: Pigs In A Blanket (1.5 oz) V: Baked Beans (1/4 c) V: French Fries (1/4 c) G: Biscuits (1/4 c)	Trail Mix Juice (Berry)
D: Milk 3/4 c G: Scrambled Eggs with Sausage and Cheese F: Banana 1/2 c	D: Milk 3/4 c M: Turkey & Noodles (1.5 oz) V: Corn (1/4 c) V: Cherry/Pineapple Marshmallow 1/4 G: Noodles (1/4 c) (WG)	Corn Chips Pickles
D: Milk 3/4 c G: Bagal Bites 1 F: Peaches 1/2 c	D: Milk 3/4 c M: Peanut Butter & Jelly Sandwich 3Tb V: Apples/Applesauce (1/4 c) V: Carrots/Ranch (1/4 c) G: Bread (1 slice) (WG)	Apple Slices Cheese Sticks