

BERKSHIRE INTERGROUP PRESENTS

Mindfulness Practices for Recovery

Led by Eileen M. | BEGINNERS WELCOME



SATURDAY, JULY 25, 2026



9:00 AM - 2:00 PM



Lunch is served.



Christ Trinity Church
180 Main St., Sheffield, MA

To RSVP, please email:



KISG2020@gmail.com

For further information or questions



N95 masks
will be
available.