

## THE TWELVE STEPS OF ALCOHOLICS ANONYMOUS

1. We admitted we were powerless over alcohol - that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics and to practice these principles in all our affairs.

Reprinted from the book Alcoholics Anonymous  
(The Big Book) with permission of A.A. World Services, Inc.

## GENERAL SERVICE COMMITTEES

**Western Mass Intergroup** - 7:30 pm - 2nd Thursday

Intergroup Office, Grace United Church, 474 Pleasant Street, Holyoke

**Intergroup Steering Committee** - 7:30 pm - Last or 4th Thurs, or when designated by WMIG Chair, Grace United Church, 474 Pleasant St., Holyoke

**Western Mass Institutions** - 7:00 pm - 1st Wednesday Providence Hospital, Holyoke - Mailing PO Box 1319, Holyoke MA

**Western Mass Young Peoples** - 3:00 pm - Last Sunday, Providence Hospital 1233 Main Street, Holyoke MA

**Area 31 Accessibility Committee** - 7:00 pm - 4th Wednesday Grace United Church, 474 Pleasant Street, Holyoke

**Area 31 Service Committee** - 7:30 pm - 2nd Wednesday Grace United Church, 474 Pleasant Street, Holyoke

**Area 31 Archives Committee** - 7:30 pm - 1st Tuesday Grace United Church, 474 Pleasant Street, Holyoke

**Area 31 C.P.C.** - 7:30 pm - 2nd Tuesdays Grace United Church, 474 Pleasant Street, Holyoke

**Area 31 Grapevine Committee** - 7:30 pm - 1st Tuesday Grace United Church, 474 Pleasant Street, Holyoke

**Area 31 Public Information** - 7:30 pm - 2nd Tuesday Grace United Church, 474 Pleasant Street, Holyoke

**Area 31 Round Up** - 6:00 pm - 2nd Wednesday Grace United Church, 474 Pleasant Street, Holyoke

**Area 31 Website Committee** - 7:00 pm - 4th Wednesdays Grace United Church, 474 Pleasant Street, Holyoke

**Area 31 District #1 Meeting**- 7:30 pm - 3rd Thursday Sacred Heart Church, 35 Everett Street, Springfield

**Area 31 District #2 Meeting**- 7:00 pm - 2nd Monday Grace United Church, 474 Pleasant Street, Holyoke, MA

**Area 31 District #3 Meeting**- 7:00 pm - 3rd Friday Old Lee Court House, Lee Town Hall, Park Street Entrance - Lee, MA

**Area 31 Meeting District #4** - 7.00 pm - 3rd Tuesday Holy Family Church Parish Center, 29 Sugarloaf Street, South Deerfield, MA

**Area 31 District #5 Meeting** - 7:30 pm - 1st Monday Union Church of Christ, 51 Center Street, Ludlow

**Area 31 District #6 Meeting** - 7:00 pm - 3rd Monday, Western Mass Hospital, 91 East Mountain Rd. Westfield

**Concepts Meeting** - 7:30 pm - 1st Thursday, Study of AA 12 Concepts Grace United Church, 474 Pleasant Street, Holyoke

**AA Service Manual Mtg** - 7:30 pm - 3rd Wednesday, Service Manual Study Grace United Church, 474 Pleasant Street, Holyoke

**Berkshire Intergroup Office Meeting** - 7:00 pm - 2nd Monday Berkshire Intergroup Office Suite 30C, 152 North Street, Pittsfield

**Berkshire Institutions Meeting** - 7:00 pm - 3rd Wednesday Berkshire Intergroup Office Suite 30C, 152 North Street, Pittsfield

**REUNIONES HISPANAS DE ALCOHÓLICOS ANÓNIMOS  
OESTE DE MASSACHUSETTS, AREA 31  
Línea de Información 413-409-2201**

<b>Domingos</b> <b>(Sunday)</b>	7:00 - 8:30 pm	<b>H/A - Un Mundo Mejor</b> 122 Clyde Street, Springfield
<b>Martes</b> <b>(Tuesday)</b>	7:00 - 8:30 pm	<b>Un Nuevo Amanecer</b> 287 State St., Springfield
<b>Miércoles</b> <b>(Wednesday)</b>	7:00 - 8:30 pm	<b>H/A - Un Mundo Mejor</b> 122 Clyde St., Springfield
<b>Jueves</b> <b>(Thursday)</b>	7:00 - 8:30 pm	<b>Serenidad</b> Congregational Church 45 Maple Street, Springfield
<b>Viernes</b> <b>(Friday)</b>	7:00 - 9:00 pm	<b>Latino de Holyoke</b> Grace United Church 474 Pleasant Street, Holyoke
<b>Sábados</b> <b>(Saturday)</b>	10:00 - 11:30 am	<b>Un Nuevo Amanecer</b> 287 State Street, Springfield
	7:00 - 8:30 pm	<b>La Luz de un Milagro</b> 235 Chestnut Street, Springfield

**H/A - Acceso Para Silla De Ruedas**

La informacion de reuniones contenida en esta lista ha sido facilitada por miembros de tales grupos y esta establecida conforme a su propia peticion. Esta lista no constituye ni implica la aprobacion, ni el endorso/apoyo de las normas y politica de tales grupos ni de su forma de practicar el programa tradicional de Alcoholicos Anonimos.

Los directorios de AA son confidenciales y se deben utilizar inicamente para el proposito primordial de AA. No se deben usar como banco de correspondencias ni para ninguna de proyectos comerciales o promocionales.

## AA MEETINGS

### Monday

#### ADAMS:

10:00 am **Mothertown Group**, Congregational Church  
Parish House, 42 Park Street **OD**

#### AGAWAM:

12 noon **Alanooner**, Alano Club, 36 King Street **OSBBD**

12 noon **You Gotta Wanna**, St. John's Church  
833 Main Street **OStpD**

5:30 pm **New Light Big Book**, Alano Club  
36 King Street **OBBD**

7:00 pm **Wild Cat Beginners Group**, Agawam United  
Methodist Church, 459 Mill Street **OBeg**

8:30 pm **Wild Cat Speaker Meeting**, Agawam United  
Methodist Church, 459 Mill Street **OS**

#### AMHERST:

7:00 am **Up & Atom**, Immanuel Lutheran Church,  
867 North Pleasant Street **H/A-O**

10:00 am **Daily Reprieve**, Newman Center (U-MASS)  
472 North Pleasant Street (OBeg) **OBBT**

11:15 am **After the 11th Hour**, Immanuel Lutheran  
Church, 867 North Pleasant Street **OTD**

7:00 pm **Amherst Monday Night**, Grace Episcopal Church  
14 Boltwood Ave (Spring St Ent) (OBeg 7pm) **CTD**

#### BELCHERTOWN:

7:15 pm **Belchertown Monday Night**, Parish House  
18 Park Street (Belchertown Common) **H/A-CStpD**

#### BRIMFIELD:

7:30 pm **Brimfield Tri-Area Group**, 1st Congregational Church  
20 North Main Street, Route 20 (OBeg 7:30pm) **OSD**

#### CHICOPEE:

7:00 am **Morning Light Group**, The Church of Christ  
284 Montgomery Street **OD**

- 12 noon **Chicopee No-Nonsense Nooner**, Holy Name of  
Jesus, 104 Springfield Street (Side Ent.) **HA-OBBD**
- 6:30 pm **Remember When Group**, God's Way  
Ministries, 156 Springfield St. (Basement) **OSD**
- 7:00 pm **Back to Reality**, The Church of Christ  
284 Montgomery Street **OBBStp**

### **CONWAY:**

- 7:00 pm **The Conway Group**, Conway Grammar School  
24 Founier Road **CSD**

### **DALTON:**

- 7:00 pm **Young at Heart**, United Methodist Church  
755 Main Street **H/A-OSD**

### **EASTHAMPTON:**

- 6:00 pm **Dignity & Grace**, (Women's) Easthampton  
Communitiy Center, 12 Clark Street **OWFV**
- 7:30 pm **Easthampton Monday Night**, St Phillips Church  
(Parish Hall) 126 Main Street **H/A-O**

### **EAST LONGMEADOW:**

- 7:00 am **Quietly Among Us**, St. Mark's Episcopal Church  
1 Porter Road **ODRefl**
- 10:30 am **Monday Mid-Morning Group**, St. Michael's  
Parish Community Center, 53 Somers Rd **OD**
- 7:00 pm **Clear the Air Group**, St. Mark's Episcopal  
Church, 1 Porter Street **CStpD**

### **ENFIELD, CT:**

- 12 noon **East of the River Group**, Holy Trinity  
Church, 383 Hazard Ave. Route 190 **H/A-OD**
- 7:00 pm **Common Solution**, St. Patrick's Church  
73 Pearl Street & High Street **OBBD**

### **FLORENCE: (Subsection of Northampton)**

- 7:00 am **"I" Opener Group**, Florence Community  
Center, 140 Pine Street - Room 5 -1st Floor **CD**
- 6:00 pm **Sometimes Slowly**, Florence Community  
Center, 140 Pine Street - Room 5 -1st Floor **CD**

Monday continued:

**GRANVILLE:**

8:00 pm **Granville Group**, Federated Church  
16 Granby Road, Route 189 & 57 **OS**

**GREAT BARRINGTON:**

12 noon **Keep it Simple**, 1st Congregational Church  
251 Main Street **OStp**

7:00 pm **We Agnostics**, Senior Center  
917 Main Street **OD**

**GREENFIELD:**

7:00 am **Attitude Adjustment Group**  
Grapevine, 93 Chapman Street **C**

12 noon **Here Because We're Not All There**  
Grapevine, 93 Chapman Street **O**

6:00 pm **Monday Night Group**  
Grapevine, 93 Chapman Street **O**

7:30 pm **New Life Study Group**  
Grapevine, 93 Chapman Street **C**

7:30 pm **Fellowship of the Spirit Group**  
Recover Project, 68 Federal Street **OBBD**

**HOLYOKE:**

7:30 am **Daily Reflections**, United Congregational Church  
300 Appleton Street (side door) **H/A-OD**

12 noon **Holyoke Noontime Group**  
Grace United Church, 474 Pleasant Street **OStp**

6:00 pm **Early Sobriety Group**  
Grace United Church, 474 Pleasant Street **OS**

7:00 pm **Holyoke Monday Discussion Grp**, (rear entrance)  
St. Paul's Episcopal Church, 485 Appleton St. **OD**

7:00 pm **The Step Group**, Jericho Building  
537 Northampton Street (Last Monday O/S) **CStp**

**LEE:**

6:45 am **I Don't Have A Clue**, Community Center at  
Berkshire Performing Arts, 20 Franklin Street **OStp**

- 7:30 pm **Young Peoples**, Berkshire Baptist Church  
190 Pleasant Street, Off Route 102 **OSD**
- LEEDS:**
- 12 noon **Up on the Hill Gang**, Leeds V.A. Hospital  
421 North Main Street - Building 26 **OFV**
- LENOX:**
- 5:30 pm **At Wits End**, Chapel of the Church on the Hill  
55 Main Street (Brown Building) **CStp**
- LONGMEADOW:**
- 8:00 pm **Longmeadow Group**, 1st Church of Christ  
763 Longmeadow Street (Corner of Williams Street) **CD**
- LUDLOW:**
- 7:00 pm **New Beginnings**, Ludlow Hospital-Health South  
Cafe (New Building) 222 State Street **H/A-OBBD**
- NORTH ADAMS:**
- 12 noon **Short & Sweet**, 1st Baptist Church  
131 Main Street **ODBeg**
- 7:00 pm **Valley Group**, 1st Congregational Church  
134 Main Street **OD**
- NORTHAMPTON:**
- 12 noon **Downtown Lunch Group**, Unitarian Church  
220 Main Street (rear entrance downstairs) **OSD**
- 7:30 pm **Northampton Young Peoples**, 2 Gleason Plaza  
125A Railroad Avenue **OS**
- ORANGE:**
- 7:30 pm **Monday Big Book Group**, 31 North Main Street **CBB**
- PITTSFIELD:**
- 7:00 am **Sober at Sunrise**, George B Crane Center  
81 Linden Street **H/A-OD**
- 12 noon **Sober Now**, George B Crane Center  
81 Linden Street **H/A-ODBeg**
- 6:30 pm **Serenity & Peace**, St. Stephen's Church  
67 East Street and Allen Street **OSD**

Monday continued:

6:30 pm **Jail House Rock**, Second Street Jail  
Second Street **OSD**

**PLAINFIELD:**

8:00 pm **Reality Group**, Hathaway Fire Department  
Route 116 **CD**

**SOUTH EGREMONT:**

8:00 pm **Big Book**, Congregational Church  
34 Main Street, Route 23 **OBB**

**SOUTH HADLEY:**

6:00 pm **Monday Night Big Book**, All Saints Episcopal  
Church, 7 Woodbridge Ave., (S.H. Center) **OBB**

**SOUTHWICK:**

12 noon **Southwick Noontime Group**, Christ Methodist  
Church, 222 College Highway, Rt 10 & 202 **O**

**SOUTH WILLIAMSTOWN:**

7:00 pm **Women's Sunset Step**, 2nd Congregational  
Church, 81 Hancock Road **CWStpD**

**SPRINGFIELD:**

7:00 am **Primary Purpose Group**, Sacred Heart Parish Hall  
395 Chestnut Street. (Behind Church) **H/A-ODailyRef**

12 noon **Hang in There**, Serenity Club, The Monkey  
Wrench Building, 143 Main St. 2nd Floor **OS**

12 noon **Starting Over**, Church of the Acres (rear of church)  
1383 Wilbraham Road (Next to Garden Center) **CBBD**

6:30 pm **No B.S. Beginners BB Step Study**, St. Peter's  
Episcopal Church, 45 Buckingham St. **OBBStpStudy**

7:00 pm **Bridge Group**, Serenity Club, The Monkey  
Wrench Building, 143 Main St. 2nd Floor **O**

7:00 pm **East Springfield Grp**, Fresh Anointing Ministries  
961 St. James Avenue (Corner of Oklahoma Street) **O**



## **SUFFIELD CT:**

7:00 pm **Suffield Monday Night Grapevine Group**  
2nd Baptist Church, 100 North Main Street **GV**

## **THORNDIKE: (Subsection of Palmer)**

12noon **Keep it Simple**, New Birth Christain Church  
4025 Church St. (across from Post Office) **OAsBillSee's**

7:30 pm **Came to Believe**, New Birth Christain Church  
4025 Church Street (across from Post Office) **OSD**

## **THREE RIVERS: (Subsection of Palmer)**

7:00 am **Sunrise**, Palmer Historical & Cultural Center  
2072 Main Street **DRefl**

## **WARE:**

1:00 pm **Ware It's At**, United Church of Ware  
49 Church Street **FV**

## **WESTFIELD:**

7:00 am **The Westfield Daily Reflections**, Genesis  
Spiritual Retreat House, 53 Mill Street **ODReflD**

12 noon **Whip City Nooner**, St. John's Lutheran Church  
60 Broad Street **OT**

8:00 pm **Monday Night Discussion Group**, Church of  
the Atonement, 36 Court & Pleasant Street **CD**

## **WEST SPRINGFIELD:**

7:30 pm **Pioneer Valley Group**, Grace Lutheran Church  
1552 Westfield Street (Beg 6:30pm) **OS**

## **WILBRAHAM:**

7:30 pm **Monday Night 12 Step Grp** Grace Union Church  
10 Maple and Chapel St. (OBeg Step 7:30pm ) **CStpD**

## **WORTHINGTON:**

7:30 pm **Worthington Group**, Worthington Church  
Route 112 **CD**

## TUESDAY

### ADAMS:

10:00 am **Mothertown Group**, Congo Church, 42 Park Street **OD**

### AGAWAM:

12 noon **Living Sober**, Alano Club, 36 King St **LivSober**

5:30 pm **New Directions Group** (Women's)

Alano Club, 36 King Street

**OWD**

### AMHERST:

7:00 am **Up & Atom**, Immanuel Lutheran Church,

867 North Pleasant Street

**H/A-O**

10:00 am **Daily Reprieve**, Newman Center (UMASS )

472 North Pleasant Street (OBeg)

**OD**

11:15 am **After the 11th Hour Group**, Immanuel

Lutheran Church, 867 N. Pleasant Street

**OTD**

5:15 pm **Tuesday 5:15 12 Step Group**, Grace Episcopal

Church, 14 Boltwood St. (use Spring St. Entrance) **CStp**

6:30 pm **Primary Purpose Group**, 1st Congregational

Church, 165 Main Street (upstairs)

**OSBBD**

### ASHFIELD:

7:30 pm **Ashfield Tuesday Night**, The Corner House

469 Main Street

**OSD**

### BRIMFIELD:

6:30 pm **One Day of Hope**, Brothers of the Bethany Church

167 Dunhamtown Road (Candlelight)

**H/A-BBD**

### CHESHIRE:

7:30 pm **In Focus Step**, First Baptist Church

32 North Street - Route 8

**H/A-CStp**

### CHICOPEE:

7:00 am **Morning Light**, The Church of Christ

284 Montgomery Street

**OD**

10:00 am **Chicopee Group**, Saint Hyacinth Friars Residence

110 Cyman Drive (Behind St. Stans Church)

**H/A-OS**

- 6:00 pm **Chicopee Group**, Saint Hyacinth Friars Residence  
110 Cyman Dr. (Behind St. Stans) **H/A-OS or LivSober**
- 7:30 pm **Singleness of Purpose**, St. Rose de Lima Church  
600 Grattan Street (use left side door) **H/A-OS**

### **EASTHAMPTON:**

- 7:30 pm **Easthampton Men`s Discussion Group**  
Community Center, 12 Clark Street **H/A-CMD**

### **EAST LONGMEADOW:**

- 7:00 am **Quietly Among Us**, St. Mark's Episcopal Church  
1 Porter Road **ODRefl**

### **ENFIELD, CT:**

- 10:00 am **Tuesday Morning Group**, Trinity Episcopal  
Church, 383 Hazard Ave, Rt 190 Hazardville **CStp**
- 7:00 pm **Enfield Woman`s Disc Group**, St. Bernard`s Church  
Downstairs Activity Room, 426 Hazard Avenue **CSWD**

### **FEEDING HILLS: (Subsection of Agawam)**

- 7:00 pm **Mulberry Street Grp**, Feeding Hills Congregational  
Church, 21 North Westfield Street **H/A-OSD**

### **FLORENCE: (Subsection of Northampton)**

- 7:00 am **"I" Opener Group**, Florence Community  
Center, 140 Pine St. - Room 5 -1st Floor **CD**
- 6:00 pm **Tuesday Nite Woman's**, Florence Community  
Center, 140 Pine Street - Room 5 -1st Floor **OWD**
- 7:30 pm **Florence Hopeful Group**, Florence Congregational  
Church Fellowship Hall, 130 Pine Street **H/A-OSD**

### **GRANBY:**

- 7:30 pm **Open Hand Group**, Immaculate Heart of  
Mary Church, 256 State Street, Route 202 **OS**

### **GREAT BARRINGTON:**

- 12 noon **Keep it Simple**, 1st Congregational Church  
251 Main Street **OBBD**

Tuesday continued:

**GREENFIELD:**

- 7:00 am **Attitude Adjustment Group**  
Grapevine, 93 Chapman Street C
- 12 noon **Here Because We're Not All There**  
Grapevine, 93 Chapman Street OBBD
- 6:00 pm **Daily Reflections Meditation Group**  
Grapevine, 93 Chapman Street OMed
- 7:30 pm **Beginners Group**  
Grapevine, 93 Chapman Street OBeg

**HAMPDEN:**

- 6:30 pm **Hampden Step Group**, Federated Church  
590 Main Street CStpD
- 7:30 pm **Hampden Group**, Federated Church  
590 Main Street OS

**HOLYOKE:**

- 7:30 am **Daily Reflections**, United Congregational Church  
300 Appleton Street (side door) H/A-OD
- 12 noon **Holyoke Noontime Group**, Grace United  
Church, 474 Pleasant Street BegStp 1,2,3
- 5:30 pm **The Holyoke Big Book Comes Alive Tapes**  
Marion Center Living Room  
1365 Northampton Street OBBSdyTape
- 6:00 pm **Tuesday Night Woman's Group**  
Grace United Church, 474 Pleasant Street FV
- 7:00 pm **Top of the Hill Group**, Soldiers Home  
110 Cherry Street, Conference Room A OSD
- 7:00 pm **Tuesday Night Step Group**, Jericho Building  
537 Northampton Street OStp&Trad

**LEE:**

- 6:45 am **I Don't Have a Clue**, Community Center at the  
Berkshire Visual Performing Arts, 20 Franklin Street H/A-OD
- 12 noon **Grateful Lee Group**, Community Center at the  
Berkshire Visual Performing Arts, 20 Franklin Street H/A-OStp

- 5:30 pm **Ray of Hope**, Community Center at the Berkshire  
Visual Performing Arts, 20 Franklin Street **H/A-CBB**
- LONGMEADOW:**
- 7:00 pm **Barnabas on Williams Step**, 1st Church of Christ  
763 Longmeadow Street (OBeg 7:00pm) **OStpD**
- LUDLOW:**
- 7:30 pm **Chapter Two Group**, St. Paul's United  
Methodist Church, 123 Hubbard Street **OSD**
- NORTH ADAMS:**
- 12 noon **Short & Sweet**, 1st Baptist Church, 131 Main St **ODBeg**
- 7:00 pm **Keep an Open Mind**, 1st Congregational Church  
134 Main Street **OD**
- NORTHAMPTON:**
- 12 noon **Downtown Lunch Group**, Unitarian Church  
220 Main Street (rear entrance) **OSD**
- ORANGE:**
- 6:30 pm **Sober Sisters Group**, Central Congregational  
Church, 93 Main Street **OWDBBStp**
- PITTSFIELD:**
- 7:00 am **Sober at Sunrise**, George B Crane Center  
81 Linden Street **H/A-OD**
- 12 noon **Ivory Keys Serenity Group**, St. Stephen's  
Church 67 East Street and Allen Street **OLivSober**
- 12 noon **Better Life Today**, George B Crane Center  
81 Linden Street - (BLT) **H/A-OFV**
- 6:30 pm **Men's 12th Step**, Silvio Conte School  
200 West Union Street **H/A-CMStp**
- 6:30 pm **Woman's 12 Step**, St. Mark's Church  
Father Leonard Hall, 400 West St. **H/A-CWStp**
- SOMERSVILLE CT:**
- 7:00 pm **Somersville Step Group**, Congregational Church  
of Somersville, 22 Maple Street **H/A-OStpD**

Tuesday continued:

**SOUTHWICK:**

12 noon **Southwick Noontime Group**, Christ Methodist Church, 222 College Highway, Route 10 & 202 **O**

**SPRINGFIELD:**

7:00 am **Primary Purpose Group**, Sacred Heart Parish Hall  
395 Chestnut Street. (Behind Church) **H/A-ODailyRefl**

12 noon **Hang in There**, Serenity Club, The Monkey  
Wrench Building, 143 Main Street 2nd Floor **OStp**

6:00 pm **Tuesday Big Book Step Study**, Sacred Heart  
Church 395 Chestnut Street **OBBSStpStudy**

6:30 pm **After Work Group**, Holy Name Social Center  
53 Alderman St. (Off Dickinson St. Enter front gym) **OS**

7:00 pm **All About We**, Christ Presbyterian Church  
1597 Allen Street **CBB**

7:00 pm **Men's B.Y.O.B.B. Goup**, Christ Church Cathedral  
35 Chestnut Street (Men's Bring own Big Book) **MOBB**

7:00 pm **Original Downtown Group**, South Congregational  
Church, 45 Maple Street (Rear of Church) **OSTD**

**STOCKBRIDGE:**

8:00 pm **Tower Group**, Congregational Church  
4 Main Street **H/A-OSD**

**SUFFIELD CT: (West Suffield)**

8:00 pm **Suffield Men's Discussion Group**, Suffield  
Congregational Church, 1408 Mountain Rd, **CMD**

**SUNDERLAND:**

7:00 pm **Sunderland Security Group**, 1st Congregational  
Church, 91 South Main St. - Rt 47 & 116 **H/A-OS**

**THREE RIVERS: (Subsection of Palmer)**

7:00 am **Sunrise**, Palmer Historical & Cultural Center  
2072 Main Street **DRefl**

**TURNERS FALLS:**

7:00 pm **The Promises Group**, Our Lady of Czestochowa  
Parish, 84 K Street (Rear) **OStpS**

**WARE:**

1:00 pm **Ware It's At**, United Church of Ware  
49 Church Street **FV**

**WESTFIELD:**

7:00 am **The Westfield Daily Reflections**, Genesis  
Spiritual Retreat House, 53 Mill Street **ODRefID**

12 noon **Whip City Nooners**, St. John's Lutheran Church  
60 Broad Street **OBB**

7:00 pm **Westfield Tuesday Night Group**, The Westfield  
Soup Kitchen, 101 Meadow Street **H/A-OSD**

**WEST BROOKFIELD:**

7:30 pm **West Brookfield Group**, Sacred Heart Church  
Rt. 9 - Milk Street **OD**

**WILLIAMSBURG:**

7:30 pm **Williamsburg Big Book Grp**, 1st Congregational  
Church, 4 North Main Street **OBB**

**WILLIAMSTOWN:**

7:30 pm **North Berkshire Group**, St. John's Church  
35 Park Street  
(in the building opposite end from the church) **OS**

**WEDNESDAY****ADAMS:**

10:00 am **Mothertown Group**, Congregational Church  
Parish House, 42 Park Street **OD**

7:30 pm **Adams 12&12**, Congregational Church  
Parish House, 42 Park Street **CStp**

**AGAWAM:**

12 noon **Alanooner**, Alano Club  
36 King Street **OStp**

12 noon **You Gotta Wanna**, St. John's Church  
833 Main Street **OBB**

Wednesday continued:

**AMHERST:**

- 7:00 am **Up & Atom**, Immanuel Lutheran Church,  
867 North Pleasant Street **H/A-O**
- 10:00 am **Daily Reprieve**, Newman Center (UMASS)  
472 North Pleasant Street (OBeg) **OMedD**
- 11:15 am **After the 11th Hour Group**, Immanuel  
Lutheran Church, 867 N. Pleasant Street **OTD**
- 7:30 pm **Spontaneous Combustion Group**, Immanuel  
Lutheran Church, 867 North Pleasant St. **CMFV**

**BELCHERTOWN:**

- 7:30 pm **Belchertown Big Book**, Congregational Church  
Parish House (off common)  
Last Wednesday of Tradition Meeting **H/A-OBB**

**BUCKLAND:**

- 7:30 pm **Buckland Wednesday Night Step Group**  
Mary Lyon Church, Buckland Grange  
17 Upper Street off Rt. 112 **H/A-CStpD**

**CHESHIRE:**

- 7:30 pm **Berkshire Big Book**, St Mary's of the Assumption  
159 Church Street **H/A-OBB**

**CHICOPEE:**

- 7:00 am **Morning Light**, The Church of Christ  
284 Montgomery Street **OD**
- 12 noon **Chicopee No-Nonsense Nooner**, Holy Name of  
Jesus, 104 Springfield St. (Side Ent.) **HA-OSD**
- 7:30 pm **Chicopee Beginner Step Group**, God's Way  
Ministries, 156 Springfield St. (Stps1,2,3) **OStpD**

**DALTON:**

- 12 noon **What A Way to Live**, 1st Church of Nazarene  
165 North Street **H/A-CStp**

**EAST LONGMEADOW:**

- 7:00 am **Quietly Among Us**, St. Mark's Episcopal Church  
1 Porter Road **ODRefl**



- 7:00 pm **Do or Die**, St. Paul's Lutheran Church  
181 Elm Street OS
- 8:30 pm **Here and Now Group**, St. Mark's Episcopal  
Church, 1 Porter Street & Mapleshade Street OS
- ENFIELD, CT:**
- 12 noon **East of the River Group**, Holy Trinity Church  
383 Hazard Avenue - Route 190 H/A-OD
- 7:00 pm **Enfield Woman's Stp Grp**, St. Bernard's Church  
(Downstairs Activity Room), 426 Hazard Ave. CWStpD
- FLORENCE: (Subsection of Northampton)**
- 7:00 am **"I" Opener Group**, Florence Community  
Center, 140 Pine St. - Room 5 -1st Floor CD
- 7:00 pm **Florence Step Grp**, Florence Community Center  
140 Pine St. - Rm 5-1st Floor (Last Weds Disc Mtng) CStp
- GREAT BARRINGTON:**
- 12 noon **Keep it Simple**, 1st Congregational Church  
251 Main Street OD
- 6:00 pm **Spanish Speaking**, VIM Berkshires  
777 Main Street - Route 7 OD
- GREENFIELD:**
- 7:00 am **Attitude Adjustment**, Grapevine  
93 Chapman Street Closed
- 12 noon **Here Because We're Not All There Group**  
Grapevine, 93 Chapman Street CD
- 6:00 pm **Sorority of Serenity Group**, All Soul's  
Universalist Unitarian Church 399 Main Street  
(Use Side Door on Hope Street) OWD
- 6:00 pm **Wednesday Mens Big Book Meeting**, The Recover  
Project, (Rear Annex RPX) 1 Osgood Street OBBD
- 7:30 pm **Original Greenfield Group**, All Soul's  
Unitarian Church, 399 Main St, (side Entr) OS

Wednesday continued:

**HADLEY**

6:00 pm **You Chair It You Name It Group**, Wesley United  
Methodist Church, 98 North Maple Street **OS**

6:30 pm **New Perspectives Women's Mtg** Wesley United  
Methodist Church, 98 North Maple Street **CWStp**

7:00 pm **Hadley Women's Language of the Heart Group**,  
First Congregational Church, 102 Middle Street  
Route 9 & 47 **CWFV**

**HOLYOKE:**

7:30 am **Daily Reflections**, United Congregational Church  
300 Appleton Street (side door) **H/A-OD**

12 noon **Holyoke Noontime Group**, Grace United  
Church, 474 Pleasant Street **OT**

6:00 pm **A New Freedom Group**, Grace United  
Church, 474 Pleasant Street **OS**

**HUNTINGTON:**

7:30 pm **Hilltowns Group**, Evangelist Chapel  
22 Russell Road - Route 20 **OSD**

**LEE:**

6:45 am **I Don't Have a Clue**, Community Center at Berkshire  
Visual Performing Arts, 20 Franklin Street **OD**

8:00 am **Happy Joyous & Free**, First Congregational  
Church, 25 Park Place **OD**

**LEEDS:**

12 noon **Up on the Hill Group**, Leeds V.A. Hospital  
421 North Main Street, Building 26 **OFV**

**LONGMEADOW:**

8:00 pm **Old Timers Group**, First Church of Christ  
763 Longmeadow Street **Closed**

**LUDLOW:**

7:30 pm **No Name Group**, First Church of Christ  
859 Center Street (Route 21) **OS**

## **NORTH ADAMS:**

- 12 noon **Nameless Nooner**, All Saints Church  
59 Summer Street **OGV**
- 7:00 pm **Twelve & Twelve**, Living Hope Community  
Church, 45 River Street **CStp**

## **NORTHAMPTON:**

- 10:00 am **Women's Serenity Group**, Edwards Church  
297 Main Street (Edwards Room) **OW**
- 12 noon **Downtown Lunch Group**, Unitarian Church  
220 Main Street (rear entrance) **OSD**
- 7:30 pm **Northampton Wednesday Step**, Walter Salvo House  
81 Conz Street, Community Room (rear entrance) **CStp**

## **NORTHFIELD:**

- 7:00 pm **Glad We're Here**, Trinitarian Church  
147 Main Street **CSD**

## **PALMER:**

- 7:00 pm **Palmer Group**, Devine Mercy Church  
(Basement) 2267 Main St - Three Rivers **OTD**

## **PITTSFIELD:**

- 7:00 am **Sober at Sunrise**, George B Crane Center  
81 Linden Street **H/A-OD**
- 12 noon **Ivory Keys Serenity Group**, St. Stephen's  
Church, 67 East Street and Allen Street **OSD**
- 12 noon **Better Life Today** George B Crane Center  
81 Linden Street - (BLT) **H/A-OFV**
- 6:00 pm **The Berkshire Group**, George B Crane Center  
81 Linden Street **OSD**
- 8:00 pm **Simple Step Group**, St. Mark's Church  
Father Leonard Hall, 400 West Street **CStp**

## **SHEFFIELD:**

- 7:30 pm **Sheffield 12 & 12 Group**, Our Lady of the Valley  
Church, 90 Maple Avenue (Parish Hall) **CStpD**

Wednesday continued:

**SOUTH EGREMONT:**

7:30 pm **Sobriety & Beyond**

1st Congregational Church, Route 23

**CStp**

**SOUTHWICK:**

12 noon **Southwick Noontime Group**, Christ Methodist Church, 222 College Highway, Route 10 & 202 **O**

7:30 pm **Think Group**, Our Lady of the Lake Church  
224 Sheep Pasture Road **OSD**

**SPRINGFIELD:**

7:00 am **Primary Purpose Group**, Sacred Heart Parish Hall  
395 Chestnut Street. (Behind Church) **H/A-ODailyRefl**

12 noon **Hang in There**, Serenity Club, The Monkey Wrench Building, 143 Main Street - 2nd Floor **OS**

12 noon **Starting Over**, Church of the Acres (rear of church)  
1373 Wilbraham Road (Next to Garden Center) **CBBB**

7:00 pm **Serenity Now**, Serenity Club, The Monkey Wrench Building, 143 Main Street-2nd Floor **LivSoberD**

7:30 pm **Mixed Nuts Group**, Sacred Heart Parish Hall  
395 Chestnut St. Behind Church (OBeg 7:30pm) **H/A-OS**

**STURBRIDGE:**

7:30 pm **Lighthouse 12 & 12**, Federated Church  
8 Maple Street - Route 131 **OD**

**THORNDIKE: (Subsection of Palmer)**

12noon **Keep it Simple**, New Birth Christain Church  
4025 Church St. (across from Post Office) **OLivSobD**

**THREE RIVERS: (Subsection of Palmer)**

7:00 am **Sunrise**, Palmer Historical & Cultural Center  
2072 Main Street **DRefl**

**WARE:**

1:00 pm **Ware It's At**, United Church of Ware  
49 Church Street **FV**

## **WESTFIELD:**

- 7:00 am **The Westfield Daily Reflections**, Genesis  
Spiritual Retreat House, 53 Mill Street **ODRefID**
- 12 noon **Whip City Nooner**, St. John's Lutheran Church  
60 Broad Street **ODRefl**
- 12 noon **The Came To Group**, Westfield Soup Kitchen  
101 Meadow Street **O**
- 6:00 pm **The Path to Recovery Group**, Western Mass  
Hospital, 91 East Mountain Road **H/A-OBBD**
- 7:30 pm **Men's Topic Discussion**, Genesis Retreat House  
53 Mill Street (Men's Meeting) **CMD**
- 7:30 pm **Steps to Live Group**, Central Baptist Church  
115 Elm and Chapel Street **OStpD**

## **WEST SPRINGFIELD:**

- 7:00 pm **Not So Young Group**, First Baptist Church  
337 Piper Road (Basement) (OBeg 6:00pm) **OFV**

## **WEST STOCKBRIDGE:**

- 7:30 pm **West Stockbridge Group**, 1st Congregational  
Church, 45 Main Street **OD**

## **WILBRAHAM:**

- 6:30 pm **Wednesday Women's New Beginnings**  
Grace Union Church, 10 Chapel and Maple St **CWD**

## **WILLIAMSTOWN:**

- 10:00 am **Eye Opener**: St. John's Church, 35 Park Street  
(in the building at opposite end from the church) **H/A-OB**

## **THURSDAY**

### **ADAMS:**

- 10:00 am **Mothertown Group**, Congregational Church  
Parish House, 42 Park Street **OD**

### **AGAWAM:**

- 12 noon **The Solution**, Alano Club, 36 King Street **OBB**
- 12 noon **You Gotta Wanna**, St. John's Church  
833 Main Street **OBegLivSober**

Thursday continued:

**AMHERST:**

7:00 am **Up & Atom**, Immanuel Lutheran Church,  
867 North Pleasant Street **H/A-O**

10:00 am **Daily Reprieve**, Newman Center (UMASS)  
472 North Pleasant Street (OBeg) **LivSoberD**

11:15 am **After the 11th Hour Group**, Immanuel  
Lutheran Church, 867 North Pleasant Street **OTD**

7:30 pm **Amherst Young Peoples Group**, The Mercy  
House, 365 North Pleasant Street **OSDT-YP**

**BELCHERTOWN:**

7:30 pm **Cold Spring Group**, Congregational Church  
Parish House, 18 Park St. (off town common) **H/A-OSD**

**CHICOPEE:**

7:00 am **Morning Light**, The Church of Christ  
284 Montgomery Street **OD**

6:30 pm **Lost and Found Group**, The Church of Christ  
284 Montgomery Street **OBegD**

**EAST LONGMEADOW:**

7:00 am **Quietly Among Us**, St. Mark's Episcopal Church  
1 Porter Road **ODRefl**

6:00 pm **Sober Step Sisters**, 1st Congregational Church  
7 Somers Road - 2nd floor Fireside Room **WStp**

**ENFIELD, CT:**

10:00 am **Living Sober Group**, Holy Trinity Episcopal  
Church, 383 Hazard Avenue (Rt. 190) **CD**

7:00 pm **Thursday Night Beginners Meeting**  
St. Patrick's Church, 73 Pearl Street **H/A-OBeg**

7:00 pm **Men's Big Book Study**, United Methodist  
Church, 330 Hazard Avenue (Rt190) **CMBBStpS**

**FEEDING HILLS: (Subsection of Agawam)**

7:00 pm **Joy of Living Grp**, Feeding Hills Congregational Church, 21 North Westfield St. Route 187 **H/A-FV**

7:00 pm **Feeding Hills Big Book Step Study**  
United Methodist Church, 459 Mill Street  
(Rear Entrance of Building) **OBBD**

**FLORENCE: (Subsection of Northampton)**

7:00 am **"I" Opener Group**, Florence Community Center, 140 Pine Street, Room 5 -1st Floor **CD**

6:00 pm **11th Step Meditation Group**, Florence Community Center, 140 Pine St., Room 5 - 1st Floor **O11thMed**

**GREAT BARRINGTON:**

12 noon **Keep it Simple**, 1st Congregational Church  
251 Main Street **OD**

7:00 pm **Men`s Group**, Congregational Church  
251 Main Street **CD**

7:00 pm **Women`s Group**, Senior Center, 917 Main Street **CWD**

**GREENFIELD:**

7:00 am **Attitude Adjustment Group**  
Grapevine, 93 Chapman Street **C**

12 noon **Here Because We`re Not All There Group**  
Grapevine, 93 Chapman Street **OBBD**

6:00 pm **Woman's Big Book Step Study**  
Grapevine, 93 Chapman Street **OWBBStpStudy**

7:30 pm **1,2,3, Remember Me**  
Grapevine, 93 Chapman Street **OBegStp**

**HADLEY:**

7:30 pm **Making Progress Group**, Wesley United Methodist Church, 98 North Maple Street **OS**

**HOLYOKE:**

7:30 am **Daily Reflections**, United Congregational Church  
300 Appleton Street (side door) **H/A-OD**

Thursday continued:

- 12 noon **Holyoke Noontime Group**  
Grace United Church, 474 Pleasant Street **OSD**
- 6:00 pm **We Can Group**, St. Paul's Episcopal Church  
485 Appleton Street (Enter Room in Rear) **OS**
- 7:30 pm **Holyoke Group**, Providence Hospital Cafeteria  
1233 Main Street **H/A-OS**

**LEE:**

- 6:45 am **I Don't Have a Clue Group**, Community Center at the  
Berkshire Visual Performing Arts, 20 Franklin St. **O**
- 7:30 pm **Park Place Group**, First Congregational  
Church, 25 Park Place **OS**

**LEEDS:**

- 12 noon **Up on the Hill Group**, Leeds V.A Hospital  
421 North Main Street, Building 26 **OS**

**LENOX:**

- 7:00 pm **Big Book Step**, Trinity Church, 88 Walker St. **CStp**

**LONGMEADOW:**

- 7:30 pm **Randall Group**, St. Andrew's Church  
335 Longmeadow Street **H/A-OSD**

**LUDLOW:**

- 7:30 pm **Ludlow Group**, St. Paul's United Church  
123 Hubbard Street & Sewall Street **H/A-OS**

**MONSON:**

- 7:30 pm **Green Street Group**, St. Patrick's Church Hall  
22 Green Street (OBeg 6:15 pm) **O**

**NORTH ADAMS:**

- 12 noon **Short & Sweet**, 1st Baptist Church  
131 Main Street **ODBeg**

**NORTHAMPTON:**

- 12 noon **Downtown Lunch Group**, Unitarian Church  
220 Main Street (rear entrance downstairs) **OSD**
- 7:00 pm **In Partnership**, First Church UCC, 129 Main Street  
(Use Center Street entrance) **OSTp&T**



8:30 pm **Step Discussion Group**, St. John's Episcopal Church, 48 Elm Street (OBeg 8:30pm) **CStpD**

**ORANGE:**

7:50 pm **Keep it Simple Group**, United Methodist Church, 104 South Main Street **OS**

**PITTSFIELD:**

7:00 am **Sober at Sunrise**, George B Crane Center  
81 Linden Street **H/A-OD**

12 noon **Ivory Keys Serenity Group**, (1,2,3 Beg Step)  
St Stephen`s Church, 67 East & Allen Street **O**

12 noon **Better Life Today**, George B Crane Center  
81 Linden Street - (BLT) **H/A-OFV**

**SHELBURNE FALLS:**

7:00 pm **Shelburne Falls Group**, Trinity Church  
17 Severance Street **H/A-BBD**

**SOMERSVILLE, CT:**

7:00 pm **Somers Big Book**, Congregational Church of  
Somerville, 22 Maple Street **H/A-CBB**

**SOUTH HADLEY:**

1:30 pm **Big Book Discussion Group**, 1st Congregational  
Church, 1 Church Street  
Rt.116 South Hadley Center **BBD**

6:00 pm **Find Your Voice**  
St. Patrick`s Church Chapel, 30 Main Street **CWD**

**SOUTHWICK:**

12 noon **Southwick Noontime**, Christ United Methodist  
Church, 222 College Highway Route 10-202 **O**

**SPRINGFIELD:**

7:00 am **Primary Purpose Group**, Sacred Heart Parish Hall  
395 Chestnut Street. (Behind Church) **H/A-ODailyRefl**

10:00 am **The Last Call Group**, Fresh Anointing Ministries  
961 St. James Ave. (Corner of Oklahoma Street) **OS**

Thursday continued:

12 noon **Hang in There**, Serenity Club, The Monkey Wrench  
Building, 143 Main Street, 2nd Floor **OBBStudy**

6:00 pm **Big Book Study**, Serenity Club, The Monkey Wrench  
Building, 143 Main Street, 2nd Floor **OBBStudy**

7:00 pm **After Dinner Group**, Bethesda Lutheran  
Church, 455 Island Pond Road **OSD**

7:00 pm **My Sister's House**, 89 Belmont Avenue **WSD**

7:30 pm **Second to None**, Sacred Heart Parish Hall  
395 Chestnut Street (Behind Church) **OSD**

### **THREE RIVERS: (Subsection of Palmer)**

7:00 am **Sunrise**, Palmer Historical & Cultural Center  
2072 Main Street **DRefl**

### **TURNERS FALLS:**

7:00 pm **Turners Falls Big Book Group**, Our Lady of  
Czestochowa Parish, 84 K Street (Rear) **CBBD**

### **WARE:**

1:00 pm **Ware It's At**, United Church of Ware  
49 Church Street **FV**

7:30 pm **Ware Group**, Trinity Episcopal Church  
17 Pleasant & Park Street **O**

### **WESTFIELD:**

7:00 am **The Westfield Daily Reflections**, Genesis  
Spiritual Retreat House, 53 Mill Street **ODReflD**

12 noon **Whip City Nooners**, St. John's Lutheran Church  
60 Broad Street **OSD**

7:00 pm **Westfield Big Book Group**  
Mental Health Building, 20 Broad Street **OD**

7:00 pm **Conscious Contact Group**, Genesis Retreat Center  
53 Mill Street **11th StpMed**

### **WEST BROOKFIELD:**

7:30 pm **West Brookfield Group**, Sacred Heart  
Parish House, Route 9 & Milk Street **OD**

## **WEST CUMMINGTON:**

8:00 pm **Candlelight Meeting**, Congregational Church  
Parish House, 27 West Main Street **CD**

## **WESTHAMPTON:**

7:00 pm **164 Pages to Sobriety**  
Congregational Church, 1 Tob Hill Road **CBB**

## **WEST SPRINGFIELD:**

6:00 pm **The Thursday Group**, First Baptist Church  
337 Piper Road (Church Basement) **OTD**

7:30 pm **West Springfield Step Group**, First Baptist Church  
337 Piper Road (Church Basement) **OStpD**

## **WILBRAHAM:**

8:00 pm **Wilbraham Men's Group**, Grace Union  
Church, 10 Chapel & Maple Street **CMD**

## **WILLIAMSTOWN:**

7:00 pm **Step Recovery Grp**, St. John's Episcopal Church  
21 Park St. (building at opposite end from the church) **CStp**

## **FRIDAY**

### **ADAMS:**

10:00 am **Mothertown Group**, Congregational Church  
Parish House, 42 Park Street **OD**

### **AGAWAM:**

12 noon **Alanooner**, Alano Club, 36 King Street **OT**

### **AMHERST:**

7:00 am **Up & Atom**, Immanuel Lutheran Church,  
867 North Pleasant Street **H/A-O**

10:00 am **Daily Reprieve**, Newman Center (UMASS)  
472 North Pleasant Street (OBeg) **OStpD**

11:15 am **After the 11th Hour Group**, Immanuel Lutheran  
Church, 867 North Pleasant Street **OStp 1,2,3**

8:00 pm **Amherst Friday Night Group**, South  
Congregational Church, 1066 South East Street  
& Middle Street, South Amherst **H/A-OSD**

Friday continued:

**BRIMFIELD:**

7:30 pm **Brimfield Academy Group**  
Hichcock Academy, 2 Brookfield Road **OS**

**CHICOPEE:**

7:00 am **Morning Light**, The Church of Christ  
284 Montgomery Street **OD**

12 noon **Chicopee No-Nonsense Nooners**, Holy Name of  
Jesus, 104 Springfield St. (Side Ent.) **HA-OStpD**

7:00 pm **Young at Heart**, Church of Christ  
284 Montgomery Street **OD**

**EASTHAMPTON:**

7:00 pm **Broad Highway**, Easthampton Community Center  
12 Clark Street **OStpD**

**EAST LONGMEADOW:**

7:00 am **Quietly Among Us**, St. Mark's Episcopal Church  
1 Porter Road **ODRefI**

**ENFIELD CT.:**

12 noon **East of the River Group**, Holy Trinity Church  
383 Hazard Avenue - Route 190 **H/A-OBB**

7:00 pm **Enfield Young People's Group**, St. Adalbert's  
Church Hall, 90 Alden Avenue, Thompsonville **OSD**

7:30 pm **Enfield Friday Night Step Group**, Lutheran  
Church of Our Redeemer, 20 North Street **OStpD**

**FEEDING HILLS: (Subsection of Agawam)**

7:00 pm **B.Y.O.B.B. 2**, Hope Community Church,  
152 South Westfield Street, Route 187  
(Bring your own Big Book) **H/A-OBB**

**FLORENCE: (Subsection of Northampton)**

7:00 am **"I" Opener Group**, Florence Community  
Center, 140 Pine Street, Room 5 -1st Floor **OD**

5:00 pm **Hi 5 Big Book**, Florence Community Center  
140 Pine St, Room 5 -1st Floor (End of Hall) **OBBD**

## **GREAT BARRINGTON:**

12 noon **Keep it Simple**, 1st Congregational Church  
251 Main Street **OStp**

6:45 pm **Living Sober**  
Senior Center, 917 Main Street **OD**

8:00 pm **Southern Berkshire Group**  
Senior Center, 917 Main Street **OSD**

## **GREENFIELD:**

7:00 am **Attitude Adjustment Group**  
Grapevine, 93 Chapman Street **C**

12 noon **Here Because We're Not All There Group**  
Grapevine, 93 Chapman Street **OD**

7:00 pm **Chapman Street Group**  
Grapevine, 93 Chapman Street **O**

## **HAMPDEN:**

7:30 pm **Free For Today**, Wingate at Mary Lyon Nursing  
Home, 39 Main Street (use rear entrance) **OSD**

## **HINSDALE:**

7:30 pm **Just For Today 12 & 12**, Congregational  
Church, Maple Street & Route 143 **H/A-CStp**

## **HOLYOKE:**

7:30 am **Daily Reflections**, United Congregational Church  
300 Appleton Street (side door) **H/A-OD**

12 noon **Holyoke Noontime Group**  
Grace United Church, 474 Pleasant Street **OBBD**

7:00 pm **Friday Night AA Group**, Providence Hospital  
Auditorium, 1233 Main Street **OS**

8:30 pm **Holyoke Discussion Grp**, Behavioral Health Center  
575 Beech St. (Behind Holyoke Medical Center) **H/A-OD**

## **LANESBORO:**

8:30 pm **Lanesboro Group**, St. Luke's Episcopal Church  
20 South Main Street - Route 7 **H/A-OSD**

Friday continued:

**LEE:**

- 6:45 am **I Don`t Have a Clue Group**, Community Center at the  
Berkshire Visual Performing Arts, 20 Franklin Street **OD**  
12 noon **Grateful Lee**, Community Center at the Berkshire  
Visual Performing Arts, 20 Franklin Street **OBB**

**LENOX:**

- 7:00 pm **Unity Group**, Community Center, 65 Walker St. **OD**

**LONGMEADOW:**

- 6:30 pm **Live, Love, & Laugh Group**, First Church  
763 Longmeadow and Williams Street **H/A-OS**

**LUDLOW:**

- 7:00 pm **Eye Opener Step Group**, Union Church of Christ  
51 Center Street (Tradition Last Friday) **H/A-OSTpD**

**MONTAGUE:**

- 7:30 pm **Lake Pleasant Group**, "As Bill See's It"  
Montague Center Congregational Church  
4 North Street **O**

**NORTH ADAMS:**

- 12 noon **Nameless Nooner**, All Saints Church  
59 Summer Street **ODRefl**  
7:00 pm **Beginners Group**, Uno Community Center  
157 River Street **H/A-OBegD**  
7:00 pm **Blacksheep Fireside**, Terra Nova Church  
85 Main Street **H/A-CD**

**NORTHAMPTON:**

- 12 noon **Downtown Lunch Group**, Unitarian Church  
220 Main Street (rear entrance downstairs) **OSD**  
6:00 pm **Evening Reflections**, Cooley Dickinson Hospital  
Meeting Room D (Across From Cafeteria)  
30 Locust Street **OD**  
6:30 pm **Common Bond**, Edwards Church (downstairs)  
297 Main Street **AsBillSeesIt**

- 7:30 pm **Valley LGBTQ Group**  
 St John's Church, 48 Elm Street **OSD**
- NORTHFIELD:**
- 6:15 pm **Tap Roots Group**, First Parish of Northfield  
 Main Street & Parker Avenue **CStpD**
- PITTSFIELD:**
- 7:00 am **Sober at Sunrise**, George B Crane Center  
 81 Linden Street **H/A-OD**
- 12 noon **Ivory Keys Group**, St. Stephen's Church  
 67 East Street & Allen Street **OBB**
- 12 noon **Better Life Today** George B Crane Center  
 81 Linden Street - (BLT) **H/A-OFV**
- 6:30 pm **Living Sober**, St. Stephen's Church  
 67 East Street & Allen Street **OD**
- 7:00 pm **Bushwacker Group**, South Congregational  
 Church, 110 South Street **H/A-OSD**
- SOUTH DEERFIELD:**
- 6:30 pm **South Deerfield Big Book**, Holy Name Church  
 (Parish Center) 29 Sugarloaf Street **OBBD**
- SOUTH HADLEY FALLS:**
- 6:00 pm **South Hadley Friday Night Group**  
 Morningstar Community Baptist Church  
 11 North Main Street **H/A-OBeg**
- SOUTHWICK:**
- 12 noon **Southwick Noontime**, Christ United Methodist  
 Church, 222 College Highway Route 10-202 **O**
- 7:30 pm **Southwick Friday Nite Step Group**, Southwick  
 Congregational Church Route 10-202 **CStpD**
- SPRINGFIELD:**
- 7:00 am **Primary Purpose Group**, Sacred Heart Parish Hall  
 395 Chestnut Street. (Behind Church) **H/A-ODailyRefl**
- 10:00 am **Friday Mid-Morning Group**, Foster Memorial  
 Church, 1791 Wibraham Road **CD**

Friday continued:

12 noon **Hang in There**, Serenity Club, The Monkey Wrench  
Building, 143 Main Street, 2nd Floor OS

7:00 pm **Forest Park Group**, Trinity Methodist  
Church, 361 Sumner Avenue (OBeg 6:00pm) OS

**THORNDIKE: (Subsection of Palmer)**

12noon **Keep it Simple**, New Birth Christain Church  
4025 Church St. (across from Post Office) OBegD

7:30 pm **Welcome Home Group**, New Birth Christain Church  
4025 Church Street (across post office) OS

**THREE RIVERS: (Subsection of Palmer)**

7:00 am **Sunrise**, Palmer Historical & Cultural Center  
2072 Main Street H/A-DRefl

**WARE:**

1:00 pm **Ware It's At**, United Church of Ware  
49 Church Street FV

**WESTFIELD:**

7:00 am **The Westfield Daily Reflections**, Genesis  
Spiritual Retreat House, 53 Mill Street ODRefID

10:00 am **Living Sober**, Westfield Food Pantry  
101 Meadow Street (Enter on White Street) H/A-O

12 noon **Whip City Nooner**, St. John's Lutheran Church  
60 Broad Street OStp

7:00 pm **East Mountain Group**, Western Mass Hospital  
91 East Mountain Road H/A-OS

7:30 pm **The Dungeon**  
Mental Health Building, 20 Broad Street OD

**WESTHAMPTON:**

7:00 pm **Faith That Works**, Westhampton Congregational  
Church, 1 Tob Hill Road O

**WILBRAHAM:**

7:30 pm **Wilbraham Group**, Grace Union Church  
10 Chapel & Maple St., (OBegD 6:30pm) H/A-OS



## **WILLIAMSTOWN:**

12 noon **Sunnyside Group**, St. John's Church, 21 Park Street  
(building at opposite end from the church) **H/A-OD**

## **WINSOR LOCKS, CT:**

7:00 pm **Windsor Locks Friday Night**  
St. Mary's School, 45 Church Street **OSD**

## **SATURDAY**

### **ADAMS:**

9:00 am **Mothertown Group**, Congregational Church  
Parish House, 42 Park Street **OD**

### **AGAWAM:**

10:00 am **Steps to Serenity Women's Group**  
Alano Club, 36 King Street **CWStp**

10:30 am **Only Today Group**, United Methodist Church  
495 Mill Street (Across From High School) **OD**

5:00 pm **The Big Kid's Group**, Alano Club, 36 King Street **O**

7:00 pm **The Veterans Group**, Mass Military Support Center  
104 Ramah Circle, S. Agawam **OSD**  
(this group is designed for vets but is an open AA mtg)

### **AMHERST:**

7:00 am **Up & Atom**, Immanuel Lutheran Church,  
867 North Pleasant Street **H/A-O**

11:00 am **Amherst Big Book Step Study Group**, Immanuel  
Lutheran Church, 867 North Pleasant Street **OBStp**

5:00 pm **Saturday 11th Step**, Grace Episcopal Church  
14 Boltwood Ave (Spring St Entrance)  
Seasonal November-April **11thMed**

8:00 pm **Amherst Saturday Night Grp** 1st Congregational  
Church, 165 Main St. (Side Door Lower Level) **H/A-OSD**

Saturday continued:

### **BECKET:**

- 7:00 pm **Becket Grapevine**, Becket Congregational Church, Parish House, 22 YMCA Road **OGV**
- BELCHERTOWN:**
- 8:00 pm **Belchertown Saturday Night Group**  
Congregational Church Parish House, 18 Park Street  
(Off Town Common) (OBeg 7:00 pm) **H/A-OSD**
- BERNARDSTON:**
- 6:30 pm **Back to Basics** (As Bill See's It Meeting)  
38 Church Street (Town Hall Building) **OD**
- CHICOPEE:**
- 7:00 am **Morning Light**, The Church of Christ  
284 Montgomery Street **OD**
- 7:00 pm **Miracles in the Making**, Our Fathers House  
938 Chicopee Street **OS**
- EASTHAMPTON:**
- 7:00 pm **Burning Desire Group**, Easthampton  
Community Center, 12 Clark Street **OD**
- EAST LONGMEADOW:**
- 7:00 pm **A Way Out Group**, St. Mark's Episcopal Church, 1 Porter Street & Mapleshade **H/A-OS**
- ENFIELD, CT:**
- 10:00 am **Hand of Hope Group**, United Methodist Church  
41 Brainard Road **OD**
- 7:00 pm **Hazardville I90 Group**, Holy Trinity Episcopal Church, 383 Hazard Avenue **OBegD**
- 7:00 pm **Enfield Group**, Holy Family Church  
23 Simon Road **H/A-OSD**
- FLORENCE: (Subsection of Northampton)**
- 12 noon **Women's Health**, Florence Community Center  
140 Pine St, Room 5-1st Floor End of Hall **CWD**
- 4:00 pm **I Can't, We Can Group** Florence Community Center, 140 Pine Street, Room 5 - 1st Floor **OSD**

## **GREAT BARRINGTON:**

- 12 noon **Keep it Simple**, 1st Congregational Church  
251 Main Street OS
- 7:30 pm **All Welcome**, Fairview Hospital, 1st Floor  
Conference Room 1, 29 Lewis Street H/A-OD

## **GREENFIELD:**

- 7:00 am **Attitude Adjustment Group**  
Grapevine, 93 Chapman Street C
- 10:00 am **There is a Solution Big Book Study**  
Grapevine, 93 Chapman Street OBBS
- 12 noon **Sober Saturday**, Franklin Medical Center  
164 High Street (use this entrance) H/A-OSD
- 6:00 pm **Greenfield Young People's Group**, Grapevine  
93 Chapman St. (4th and 5th Saturday incoming) OS

## **HATFIELD:**

- 12 noon **Hatfield Noontime**, 1st Congregational Church  
40 Main Street C

## **HOLYOKE:**

- 7:30 am **Daily Reflections**, United Congregational Church  
300 Appleton Street (side door) H/A-OD
- 10:00 am **Holyoke Noontime Group**, Grace United  
Church, 474 Pleasant Street OS

## **LANESBORO:**

- 7:00 pm **Candlelight**, St. Luke's Episcopal Church  
20 South Main Street - Route 7 H/A-CD

## **LEE:**

- 6:45 am **I Don't Have a Clue Grp**, Community Center at the  
Berkshire Visual Performing Arts, 20 Franklin Street OD
- 8:00 am **SOS (Sober On Saturday)**, 1st Congregational  
Church, 25 Park Place OD

Saturday continued:

**LEVERETT:**

5:00 pm **Saturday 11th Step**, New England Peace Pagoga,  
100 Cave Street Seasonal May-October **11thMed**

**MONSON:**

7:00 am **Sober in the Hills**, First Church  
Route 32, 3 High Street **OBB**

**NORTH ADAMS:**

6:45 pm **Women's Step 1-2-3**, All Saints Episcopal Church  
59 Summer Street, (Next to Post Office) **OWStp**

8:00 pm **Saturday Nite**, Living Hope Comminty Center  
45 River Street **CD**

8:15 pm **After 8 Meeting**, All Saints Episcopal Church  
59 Summer Street, (Next to Post Office) **OSD**

**NORTHAMPTON:**

7:00 am **Been There Done That**, First Church UCC  
129 Main Street (Use Center Street Entrance) **OD**

7:00 pm **Valley Transgender Group**  
St. John's Church, 48 Elm St. **OLivSoberGLBTQ**

7:00 pm **Center Street Beginners**, First Church UCC  
129 Main Street, (Use Center Street Entrance) **OBeg**

8:30 pm **Northampton Group**, First Church UCC  
129 Main Street (use Center Street Entrance) **O**

**PITTSFIELD:**

7:00 am **Sober at Sunrise**, George B Crane Center  
81 Linden Street **H/A-OD**

10:15 am **Seize the Day**, South Congregational Church  
110 South Street **H/A-OSD**

12 noon **Better Life Today**, George B Crane Center  
81 Linden Street - (BLT) **H/A-OFV**

7:30 pm **Central Berkshire**, George B Crane Center  
81 Linden Street **H/A-OS**

## **SOUTH DEERFIELD:**

7:00 pm **Saturday Night Live Group**, Holy Name of  
Jesus Church, 15 Thayer Street **OS**

## **SPRINGFIELD:**

7:00 am **Stray Cats**, Sacred Heart School  
395 Chestnut Street (basement) **CStp**

8:00 am **When You Think You`re Done Start With One**  
Christ Presbyterian Church, 1597 Allen St. **H/A-OStpD**

10:45 am **Hang in There**, The Serenity Club, The Monkey  
Wrench Building, 143 Main Street, 2nd Floor **O**

4:30 pm **Early Bird**, The Serenity Club, The Monkey Wrench  
Building, 143 Main Street, 2nd Floor **OD**

7:00 pm **Park Allen Group**, Holy Cross Rectory  
(Basement), 221 Plumtree Road **Living Sober**

7:30 pm **Better Life Group**, Sacred Heart Parish Hall  
395 Chestnut Street (OBeg 7:30 pm) **OSD**

10:00 pm **10 O`Clock Madness**, Serenity Club, Monkey  
Wrench Building, 143 Main St (2nd Floor) **FV**

## **STOCKBRIDGE:**

4:30 pm **Happy Hour Group**, New Town Hall  
50 Main Street **OStpD**

## **THORNDIKE: (Subsection of Palmer)**

5:30 pm **Nothing Changes If Nothing Changes**, (Men`s)  
New Birth Christain Church, 25 Church St. **CMStpD**

## **THREE RIVERS: (Subsection of Palmer)**

7:00 am **Sunrise**, Palmer Historical & Cultural Center  
2072 Main Street **DRefl**

## **WARREN:**

10:00 am **The New Beginnings Group**, St. Paul`s Church  
1080 Main Street **OD**

## **WENDELL:**

6:00 pm **The Wendell Irregulars Group**, Wendell Library  
7 Wendell Depot Road **OTD**

Saturday continued:

**WESTFIELD:**

- 7:00 am **The Westfield Daily Reflections**, Genesis  
Spiritual Retreat House, 53 Mill Street **ODReflD**
- 9:00 am **24 Hour Group**, The Mental Health Building  
20 Broad Street **CD**
- 12 noon **Whip City Nooners**, St. John's Lutheran Church  
60 Broad Street **OFV**
- 7:00 pm **Sober And Free**, Western Mass Hospital  
91 East Mountain Road **H/A-OFV**

**SUNDAY**

**AREA 31, GREATER SPRINGFIELD:**

- 6:00 am **People Helping People**, Radio WHLL 1450AM  
Area 31 Public Information & C.P.C. **Radio-OS**

**ADAMS:**

- 6:00 pm **Big Book**, First Congregational Church  
42 Park Steet **OBB**

**AGAWAM:**

- 9:00 am **Sunday Morning Group**, Alano Club  
36 King Street **O**
- 9:00 pm **Wildcats Sunday Group**, Agawam United  
Methodist Church, 459 Mill Street **OBB**

**AMHERST:**

- 7:00 am **Up & Atom**, Immanuel Lutheran Church,  
867 North Pleasant Street **H/A-O**
- 1:00 pm **Sunday Reflections**, Newman Center (U-MASS)  
472 North Pleasant Street **H/A-ODRefl**
- 7:30 pm **Amherst Sunday Step Group**  
Congregational Church, 165 Main Street **H/A-O**

**BUCKLAND:**

1:00 pm **Last House on the Street Group**, Mary Lyon Church  
Buckland Grange, 17 Upper Street  
(Off Route 112) **H/A-11thStep/OSD**

**CHICOPEE:**

8:00 pm **Chickuppy 12+12+12**, Pioneer Valley Baptist  
Church, 56 Perkins Street **OBBStp**

**CONWAY:**

9:00 am **Woman`s Sunday Serenity Group**  
(Town Hall) 5 Academy Hill, (As Bill See`s It) **CWD**

**EASTHAMPTON:**

7:00 pm **Into Action Group**, Easthampton Community  
Center, 12 Clark Street **BBD**

**EAST LONGMEADOW:**

6:30 pm **East Longmeadow Sunday Night Group**,  
St. Michael's Parish Community Center  
53 Somers Road (OBeg 6:30 pm) **OS**

**ENFIELD:**

7:00 pm **Hazardville Sunday Meeting**, Holy Trinity  
Episcopal Church, 383 Hazard Avenue Rt. 190 **OD**

**FLORENCE: (Subsection of Northampton)**

7:00 am **"I" Opener Group**, Florence Community  
Center, 140 Pine St, Room 5 -1st Floor **CD**

**GREENFIELD:**

7:00 am **Attitude Adjustment Group**  
Grapevine, 93 Chapman Street **O**

10:00 am **A Way Out**, Big Book Step Meeting  
Leyden Woods Community Room  
24 Leyden Woods Lane **H/A-OBB**

12 noon **Here Because We`re Not All There Group**  
Grapevine, 93 Chapman Street **OD**

6:00 pm **Only Requirement**, The Grapevine  
93 Chapman Street (OS on 1st & Last Wk) **OS**

Sunday continued:

**HAYDENVILLE:**

7:30 pm **Sunday Night Life Group**

St. Mary`s Church, 173 Main Street

**OS**

**HOLYOKE:**

7:30 am **Daily Reflections**, United Congregational Church

300 Appleton Street (side door)

**H/A-OD**

10:00 am **Holyoke Sober Sunday Group**, Grace United

Church, 474 Pleasant Street

**O**

10:30 am **Scrambled Eggs Group**, Providence Hospital

1233 Main Street

**H/A-OS&CStp**

7:00 pm **Northampton Big Book Step Study**,

(Hyannis Format) - Jerico Building

537 Northampton Street

**CBBStpStudy**

7:00 pm **The Holyoke Discussion Group**

Behavioral Health Center, 575 Beech Street

(Behind Holyoke Medical Center)

**OTD**

7:30 pm **Holyoke Group**, Providence Hospital Cafeteria

1233 Main Street

**H/A-OS**

**HOUSATONIC:**

9:00 am **Watch Your Stp**, Front St. Gallery, 129 Front St. **CStpD**

**INDIAN ORCHARD:**

2:00 pm **A New Life Group**, Greater New Life Christian

Center, 1323 Worcester Street

**OLivSober**

**LEE:**

6:45 am **I Don`t Have a Clue Group**, Community Center at the

Berkshire Visual Performing Arts, 20 Franklin Street

**OD**

**LENOX:**

3:00 pm **Lenox Sunday Group**, St. Helena`s Church

245 New Lenox Road

**FV**

**LONGMEADOW:**

2:15 pm **Randall Group**, St. Andrew`s Church

335 Longmeadow St. (**Obeg 1:00pm**)

**H/A-OSD**



**MONSON:**

4:30 pm **Courage to Change**, First Church, Route 32  
3 High Street **OStp**

**MONTEREY:**

9:00 am **Monterey 11th Stp Grp**, Rear of Firehouse, Rt 230**StpD**

**NORTH ADAMS:**

9:00 am **11th Step Group**, All Saints Episcopal Church  
59 Summer Street **CD**

**NORTHAMPTON:**

12 noon **Northampton Sunday Noontime Group**  
Walter Salvo House, 81 Conz Street **FV**

**NORTHFIELD:**

6:00 pm **Old Timers Group**, Unitarian Church  
Main Street @ Blinking Lights **O**

**ORANGE:**

7:00 pm **Sunday Night Step Group**, 1st Universal Church  
31 North Main Street **CStp**

**PITTSFIELD:**

7:00 am **Sober at Sunrise**, George B Crane Center  
81 Linden Street **H/A-OD**

10:00 am **Look To This Day**, Berkshire Medical Center  
Warriner Rm (1st Floor), 725 North St. **H/A-OD**

12:00 pm **A New Way of Life**, Solider On Veterans Center  
360 West Housatonic Street **OD**

7:00 pm **Keep Plug in the Jug**, Pilgrim Memorial  
Church, 249 Wahconah Street **OD**

**SOMERSVILLE CT:**

7:00 pm **Somerville Big Book Beginners Step**, Congregation  
Church of Somerville, 22 Maple Street **H/A-OBBSStp**

**SOUTH HADLEY:**

6:00 pm **Sunday Nights Women's Meeting**, All Saints Episcopal  
Church, 7 Woodbridge Avenue, S.H. Center Across  
From Post Office (Candlelight) **OW**

Sunday continued:

**SOUTHWICK:**

7:00 pm **Southwick Sunday Solution**, Christ Methodist  
Church, 222 College Highway (Rt.10&202) **OBBStp**

**SPRINGFIELD:**

7:30 am **Learn to Listen**, The Serenity Club, The Monkey  
Wrench Building, 143 Main Street, 2nd Floor **ODRefl**

12 noon **Hang in There Group**, Serenity Club  
The Monkey Wrench Building, 143 Main Street  
2nd Floor (Open Beginners 10:45am) **OS**

1:00 pm **All Women's Living Sober Discussion Group**  
Christ Church Cathedral, 35 Chestnut Street **OD**

4:00 pm **Conscious Contact Group**, Sacred Heart Parish Hall  
395 Chestnut Street (Behind Church) **11thStpMed**

6:00 pm **Not Alone Group**, Sacred Heart Parish Hall  
395 Chestnut Street (Behind Church) **OS**

7:00 pm **Springfield Step Group**, Open Pantry Building  
287 State St. (corner of State & School St.) **CStpD**

**THREE RIVERS: (Subsection of Palmer)**

7:00 am **Sunrise**, Palmer Historical & Cultural Center  
2072 Main Street **DRefl**

**WARE:**

7:00 pm **Ware Young People's Group**  
Mary Lane Hospital, 85 South Street **OSD**

**WENDELL:**

6:00 pm **The Wendell Irregulars Group**, Wendell Library  
7 Wendell Depot Road **OTD**

**WESTFIELD :**

7:00 am **The Westfield Daily Reflections**, Genesis  
Spiritual Retreat House, 53 Mill Street **ODReflD**

10.30am **Conscious Contact Group**, Genesis Retreat  
House, 53 Mill Street **11thStpMed**

2:00 pm **AA Woman's Fellowship Mtg**, Episcopal Church  
of the Atonement 36 Court Street  
2nd Floor (side entrance) **H/A-OWFV**

6:00 pm **Road To Recovery**, Western Mass Hospital  
91 East Mountain Road **H/A-OFV**

**WEST SPRINGFIELD:**

7:00 pm **Hand in Hand Group**, Grace Lutheran  
Church, 1552 Westfield Street (OBeg 6pm) **H/A-OS**

**WILBRAHAM:**

7:30 pm **Wonderful Normal Day Group**  
Church of the Epiphany, 20 Highland Avenue **OS**

**WILLAMSBURG:**

6:30 pm **Sunday Night Candlelight Discussion**  
1st Congregational Church, N. Main Street **CStpD**

**WILLAMSTOWN:**

7:30 pm **Northern Berkshire Group**,  
St. John's Church, 35 Park Street **OSD**

**Area 31 When and Where Group Change Information**

Any new groups or changes to established group must fill out an Intergroup Change Form. It must be done in person, the form must be filled out and signed by the a Group Officer, GSR, or Intergroup Rep. Change forms can be found in Intergroup during business hours. If you have any questions contact the Office Manager at 413-532-2111

**AL-ANON Family Groups**

(AL-ANON is not affiliated with Alcoholics Anonymous)

Worldwide Meeting Lists 1-888-4AL-ANON

For the Al-Anon National Web Page: <http://www.al-anon.alateen.org>



