

- **Water (one gallon per person per day for several days, for drinking & sanitation)**
- **Food (at least a several-day supply of non-perishable food)**
- **Battery powered or hand crank radio and a NOAA Weather Radio with tone alert**
- **Flashlight**
- **First Aid Kit**
- **Extra batteries**
- **Whistle (to signal for help)**
- **Dust mask (to help filter contaminated air)**
- **Plastic sheeting, scissors and duct tape (to shelter in place)**
- **Moist towelettes, garbage bags and plastic ties (for personal sanitation)**
- **Wrench or pliers (to turn off utilities)**
- **Manual can opener (for food)**
- **Local maps**
- **Cell phone with chargers and a back up battery**