



Public Health
Prevent. Promote. Protect.

**Christian County
Health Department**

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FOR IMMEDIATE RELEASE

Christian County Health Department Recognizes National Public Health Week: April 7-11, 2025

Christian County, IL – The Christian County Health Department invites the community to celebrate **National Public Health Week** from **April 7-11, 2025**! This annual event highlights the vital role public health plays in keeping our community safe and healthy. Throughout the week, we will offer giveaways, events, and valuable resources to help the community lead healthier lives.

Join us each day for special activities focused on key public health topics:

- **Monday, April 7 – Mental Health Awareness:** Stop by to pick up a free self-care journal and meet our Mental Health team.
- **Tuesday, April 8 – Nutrition & Health:** Take advantage of a free blood pressure screening and receive information on maintaining a healthy lifestyle.
- **Wednesday, April 9 – Front Office Heroes:** Help us recognize the hardworking staff who support public health services. We will be giving away free well water testing kits.
- **Thursday, April 10 – Environmental Health:** Meet our Environmental Health team and members of the Medical Reserve Corps (MRC) while enjoying a free hot dog!
- **Friday, April 11 – Emergency Management Awareness:** Pick up free COVID-19 tests and gunlocks to help keep your household prepared and secure.

“We are excited to engage with the community and provide valuable resources during National Public Health Week,” said Dr. Chad Anderson, Christian County Public Health Administrator. “Public health is about prevention, education, and preparedness and we encourage everyone to stop by and learn how they can take small steps toward a healthier future.”

All events will take place at the **Christian County Health Department, 730 N. Pawnee Street, Taylorville, IL 62568**. For more information, contact us at 217-824-4113 or visit our Facebook page.

Join us in celebrating public health and the dedicated professionals who work to keep our community safe!