



Christian County Health Department Partners with CredibleMind to Launch Free Mental Health Resource Platform

Christian County, IL (January 20, 2026) – The Christian County Health Department, in partnership with CredibleMind, is launching on January 20th, a new digital platform providing localized, wellness-focused mental health resources for the community. The platform provides access to personalized mental health tools and is available to the county's more than 34,000 residents.

Community members can sign up and explore the platform at <https://christiancountyhealth.crediblemind.com>. All users who create an account and complete the mental health assessment by Sunday, February 17th, will be entered in a drawing to win a \$100 gift card.

Founded in 2018 by Deryk Van Brunt and Marcos Athanasoulis, CredibleMind offers a comprehensive, population-based mental health ecosystem. The platform includes over 10,000 evidence-based resources focused on early intervention and prevention, providing users with credible self-care options to improve overall well-being—without the need for medical intervention. Additionally, the platform offers analytics reporting on community service needs, usage, and outcomes, enabling a data-driven approach to mental health support.

Dr. Chad Anderson, Public Health Administrator for the Christian County Health Department, expressed enthusiasm about the partnership. “Our community has been asking for greater access to mental health resources, and CredibleMind delivers evidence-based support in an easy-to-use and trustworthy format,” said Dr. Anderson. “By bringing clinically grounded tools and resources into one platform, CredibleMind helps residents take meaningful steps toward better mental well-being.”

This collaboration ensures that all Christian County residents have free access to trusted, science-based mental health resources. By providing a user-friendly, proactive approach to mental health, the partnership addresses community-identified needs and supports long-term wellness.

CredibleMind is a mental health platform founded in 2018, dedicated to providing accessible, evidence-based mental health resources to communities, organizations, and individuals. Its ecosystem supports early intervention, prevention, and informed self-care, empowering users to improve mental well-being.

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