

Wheel of Life

This life assessment tool helps you identify areas of your life where you see a need for improvement. Pray through the eight life categories below and rate them from 1 to 10 by shading or drawing a line to indicate your rating.

The diagram is a circular 'Wheel of Life' assessment tool. It is divided into eight equal segments by four intersecting lines (vertical, horizontal, and two diagonals). The segments are labeled with life categories: HEALTH (top-right), FRIENDS (right), RELATIONSHIPS (bottom-right), RECREATION (bottom), SPIRITUALITY (bottom-left), CAREER (left), FINANCE (top-left), and PERSONAL GROWTH (top). Each segment contains ten concentric circles, creating a grid of radial lines. A horizontal line across the middle of the wheel has numerical labels 1 through 10, starting from the center and moving outwards, indicating the rating scale. The entire wheel is designed to be shaded or marked with lines to represent a user's self-assessment in each category.