

Camper Medication Instructions

As stated in the Camper Packing List, by Texas State law, ALL medication (over the counter or otherwise) will be administered by our Camp Safety Officer. To ensure that your camper receives the proper medication at the proper time, please read and follow the instructions carefully.

- 1) All medication must be sent in properly labeled containers. Please refrain from sending pill form medication in ziploc bags or generic pill storage containers.
 - a) Per state law, all medication given by our Camp Safety Officer must be recorded in our records. This means we need to know the *name and dosage* of each medication. Sending medication in the bottles they come in is the best way for us to know how to properly administer the medication.
 - b) All medication sent with the camper is placed in the camper's bag to be returned at the end of their week of camp
- 2) Please write out and send in any special instructions. Any medication that is administered differently than what is listed on the prescription bottle needs to come with specific instructions (i.e. if the prescription bottle says to take it in the morning but the camper actually takes it at night, write this down to let us know).
 - a) Additionally, if your camper takes a supplement or over the counter medication, please write out instructions on when and how much to give.
 - b) *We do need this information written out by the parent or guardian. For safety reasons, we cannot allow a minor to inform us of changes with their medication
- 3) Please label As Needed medication as such. As Needed medication will be kept with your camper's counselor for quick administration if needed. These are items like As Needed inhalers, epipens, etc.
- 4) Let us know of any special health related circumstances with your camper. Anything from your camper being prone to dehydration, being sodium deficient, needing extra electrolytes, etc.