



## Naidheachdan Lacasdail

### COVID-19

Staff and pupils continue to follow all procedures on school premises. This week has seen some disruption to the school routine and a number of pupil absences. We know that Covid-19 is circulating in the community and I urge parents to look out for symptoms of Covid-19 and to book a test if anyone in the household displays symptoms. The following information from the Local Authority was sent out to parents yesterday.

*For all Western Isles school and nursery pupils, please remain highly vigilant for any new symptoms, regardless of how mild, and respond immediately to any concerns by self-isolating (do not send children to school with symptoms) and seeking a test.*

*The three main symptoms of COVID-19 are:*

- *a new continuous cough and/or*
- *a high temperature and/or*
- *a loss of, or change in, taste or smell (anosmia).*

*Please also be vigilant for any new symptoms including the following, which are common to COVID-19:*

- *Chills or shivers*
- *Unexplained fatigue*
- *Sore throat*
- *Unexplained headache*
- *Diarrhoea*
- *Gastrointestinal symptoms*

*You can seek a PCR test by calling 01851 601151 or e-mailing [wi.covid19queries@nhs.scot](mailto:wi.covid19queries@nhs.scot). Please do not rely on the result of an LFD self-test for anyone with symptoms.*

## **FAMILY STEP CHALLENGE**

Today is the last day to sign up for the Family Step Challenge. Enter a team and enjoy some physical activity for the month of September.

## **HOUSE CAPTAINS AND SPORTS COUNCIL**

Please check out the school Facebook page later today to meet our new House Captains and members of the Sports Council. The interviews took place on Wednesday and Thursday this week and the successful pupils were informed today. Thank you to Angus Murdo, GM6 and Sophia MacAulay, P6 for being on the interview panel. They both found it to be an enjoyable and informative experience.



## **FREE SCHOOL MEALS AND CLOTHING GRANTS**

Parents are reminded that they can apply for Free School Meals and Clothing Grants. Even if your child is in P1-4 and in receipt of free school meals, an application form should be submitted if you qualify with the following criteria. The information below is taken from the CNES website and the link will take you to the web page which has the online form, Alternatively, you can contact the school office and a paper form can be posted out to you.

The Comhairle has set financial criteria for eligibility for the Clothing Grant, namely receipt by the parent of:

- Children of families who receive Income Support.
- Children of families who receive Employment and Support Allowance (ESA) income related.
- Children of families who receive Income Based Job Seekers Allowance.
- Children of families who receive Child Tax Credit and Working Tax Credit with an income below £20,000.
- Universal Credit with an earned income below £20,000

Free School Meals are granted to children from families in receipt of:

- Income Support
- Income-based Job Seeker's Allowance
- Any income related element of Employment and Support Allowance
- Child Tax Credit, but not Working Tax Credit, with an income of less than £16,105
- Both Child Tax Credit and Working Tax Credit with an income of up to £7,500
- Support under Part VI of the Immigration and Asylum Act 1999
- Universal Credit with a monthly earned income of not more than £625

<https://www.cne-siar.gov.uk/schools-and-learning/schools/application-forms/fsmcg/>

## UNIFORM DATES FOR SESSION 2021-22

Friday 24<sup>th</sup> September 2021

Friday 29<sup>th</sup> October 2021

Friday 19<sup>th</sup> November 2021

Friday 17<sup>th</sup> December 2021

Friday 28<sup>th</sup> January 2022

Friday 25<sup>th</sup> February 2022

Friday 25<sup>th</sup> March 2022

Friday 22<sup>nd</sup> April 2022

Friday 27<sup>th</sup> May 2022

Friday 24<sup>th</sup> June 2022

## FOODBANK/FARESHARE

Please remember that this service is available to all families who are struggling at this challenging time. Please know that you can contact the service and it is totally anonymous and there is no referral process. If you are interested, please contact the school or text or email Rachel at [07970959193](tel:07970959193)/[rmacdonald1s@gnes.net](mailto:rmacdonald1s@gnes.net)



Miss M Macleod, Head Teacher



## Sensory Processing Workshop

**Tuesday 7th September 2021**  
**6pm-8pm**  
**Live online session for adults only**

Does your child get upset by certain sensations? Are they always moving and fidgeting or constantly touching things? Are they easily distracted? Do they struggle to engage in everyday activities because of this?

**If so they may have difficulty processing sensory information**

Join our online session where you can learn about the senses and the impact these can have on a child. You will leave with a few ideas to try to support your child to be more able and confident in their everyday lives.

**For further information or to book your place contact**  
**[wi.otwesternisles@nhs.scot](mailto:wi.otwesternisles@nhs.scot) by Tuesday 2nd September**