

# Naidheachdan Lacadail

## Laxdale News

22<sup>nd</sup> March 2024



### NEURODIVERSITY CELEBRATION DAY

The School celebrated Neurodiversity Week on Wednesday with a whole school focus day. The day started with an Assembly led by Mrs J Macleod, Nurture Teacher. The classes then worked on different activities throughout the day. In the afternoon we had another Assembly led by Mrs Helen Pickett, who spoke about neurodiversity from a personal viewpoint. The classes evaluated the day and were very positive about their learning and experiences.

### P6/7 CHROMEBOOK ROADSHOW

On Thursday morning, Niall from The Tablet Academy visited the school with Matthew Morrison, ICT Support Officer, to work with P6/7 pupils and Mr Campbell to introduce them to Chromebooks. The pupils got to try out some of the apps available on the devices.

Mr Donald Macleod, Chief Officer of Education and Mr Iain Gordon Smith, Service Manager with CNES visited the class in the morning to see the Chromebooks being used by the pupils.

### DILEAB

Mrs Donna Barden and Mrs Christine Macleod visited GM5-7 and P5/6/7 on Thursday afternoon to share information about Lord Leverhulme, as part of the Dileab Project 2024.

The pupils and staff enjoyed the first session and were interested to hear about the impact Lord Leverhulme had on our island around one hundred years ago.

### REPORTING TO PARENTS

All parents should have received a progress report for their child today. Please check school bags for envelopes. Any pupils who were absent from school today will have their report posted out to parents.

## COMIC RELIEF

### Comic Relief - Our Own Unofficial Red Nose Day

The House Captains are asking all pupils to learn one joke each for a Comic Relief video which will be filmed in school. It will take a similar form to the LOL-athon from a few years back, but will not be streamed live. The pupils will be given a foam red nose in the class to wear, which will then be theirs to keep.

**On the last day of term - Friday 29th March - pupils and staff are encouraged to wear anything red as part of the non-uniform day.**

Everyone will have their red nose to wear on the day. The House Captains have been really keen to do a whole-school fun event like this and hopefully it will be something fun to end the term.

Any non-uniform day donations will be donated to Comic Relief.

*Article 31 of the UNCRC says that children and young people have the right to have fun in the way they want to.*



## SPORTS WEEK AND SPORTS DAY

I can confirm that Sports Week will take place week beginning 27<sup>th</sup> May 2024. The week will be filled with many sporting opportunities for pupils. The school Sports Day will take place on Tuesday 28<sup>th</sup> May at the Running Track on Smith Avenue. The whole school will be in attendance that day and parents are invited to watch the pupils taking part in the different races. More information to follow nearer the time.

## BIKEABILITY

All P6 pupils will participate in Bikeability 1 Training on Monday and Tuesday of next week. Parents should have received a letter with information.

## TESCO TOKENS

We are delighted to let you know that we have been successful in our application to Tesco Stronger Starts to help fund playtime fruit for all pupils through their blue tokens scheme. **Voting will commence in store from the first week in April 2024 until the end of June 2024.** At the moment free fruit is available to all pupils on a daily basis and to receive some funding to pay for this will ensure it can continue for the remainder of the session

The project with the highest number of votes across the region will receive £1,500, the second placed project £1,000 and the third placed project £500.

Please ensure you place your blue token in the *Laxdale Primary School Playtime Fruit Snack* box.

Thank you



## NON-UNIFORM DAYS

*On the last school day Friday of each month we have a non-uniform day. Pupils can donate £1 towards school funds if they wish to do so.*

## NON-UNIFORM DATES FOR SESSION 2023-24

Friday 29 March 2024 - wear red

Friday 3 May 2024

Friday 31 May 2024

Thursday 27 June 2024

### DATES FOR THE DIARY - TERM 3

Friday 29 <sup>th</sup> March	School closes for Easter break Easter Egg Hunt Non Uniform Day - wear red
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### DATES FOR THE DIARY - TERM 4

Thursday 18 <sup>th</sup> and Friday 19 <sup>th</sup> April	P7 School Trip to Inverness
Monday 22 <sup>nd</sup> April	Earth Day
Thursday 25 <sup>th</sup> April	Anti-Bullying Day
Friday 26 <sup>th</sup> and Monday 29 <sup>th</sup> April	School closed - Holiday weekend
May (dates to be confirmed)	Bikeability for P6
Friday 17 <sup>th</sup> May	RRSA Gold Award Accreditation
Week beginning 27 <sup>th</sup> May	Sports Week
Tuesday 28 <sup>th</sup> May	Sports Day at the Running Track, Smith Avenue
Tuesday 4 <sup>th</sup> June to Friday 7 <sup>th</sup> June	Local Mod
Wednesday 12 <sup>th</sup> and Thursday 13 <sup>th</sup> June	P7 Induction Days at The Nicolson Institute
Wednesday 12 <sup>th</sup> and Thursday 13 <sup>th</sup> June	New P1 entrants to Laxdale School (9.30am - 12.30pm)
Friday 21 <sup>st</sup> June	P7 Leavers Lunch in cafeteria
Monday 24 <sup>th</sup> June	Whole School Trip to the beach
Wednesday 26 <sup>th</sup> June	End of Year Assembly - Rev. Tommy Macneil (10.00am)
Wednesday 26 <sup>th</sup> June (1.30pm)	Prizegiving - all P7 parents will be invited Pupils to wear full school uniform - shirt and tie
Wednesday 26 <sup>th</sup> June	P7 Party - 7.00pm
Thursday 27 <sup>th</sup> June	School closes for Summer Holiday

Have a good weekend.

Miss M Macleod, Head of School

# Menu - Week Beginning 25 March 2024

LAXDALE SCHOOL CAFETERIA		LAXDALE SCHOOL CAFETERIA		LAXDALE SCHOOL CAFETERIA		LAXDALE SCHOOL CAFETERIA		LAXDALE SCHOOL CAFETERIA	
MEAT FREE MONDAY		TUESDAY 26.03.24		WEDNESDAY 27.03.24		THURSDAY 28.03.24		FRIDAY 29.03.24	
Name:	Class:	Name:	Class:	Name:	Class:	Name:	Class:	Name:	Class:
ITEM	ITEM	ITEM	ITEM	ITEM	ITEM	ITEM	ITEM	ITEM	ITEM
Lentil Soup	Sweet Potato Soup	Vegetable Soup	Tomato Soup	Vegetable Soup	Tomato Soup	Carrot & Coriander Soup	Carrot & Coriander Soup	Carrot & Coriander Soup	Carrot & Coriander Soup
Tomato Pasta / Garlic Bread / Broccoli & Carrot Sticks	Chicken or Vegetable Burger & Beans with Seasonal Salad	Mince & Mashed Potatoes / Green Beans	Roast Chicken / Yorkshire Pudding / Roast Potatoes / Sweetcorn / Peas & Gravy	Roast Chicken / Yorkshire Pudding / Roast Potatoes / Sweetcorn / Peas & Gravy	Roast Chicken / Yorkshire Pudding / Roast Potatoes / Sweetcorn / Peas & Gravy	Fish Fingers / Chips / Spaghetti Hoops & Mixed Vegetables	Fish Fingers / Chips / Spaghetti Hoops & Mixed Vegetables	Fish Fingers / Chips / Spaghetti Hoops & Mixed Vegetables	Fish Fingers / Chips / Spaghetti Hoops & Mixed Vegetables
Frozen Yoghurt & Fruit or Fruit	Oat Biscuit with Fruit or Fruit	Crackers, Cheese & Fruit or Fruit	Ice Cream & Fruit or Fruit	Crackers, Cheese & Fruit or Fruit	Ice Cream & Fruit or Fruit	Yoghurt with Fruit or Fruit	Yoghurt with Fruit or Fruit	Yoghurt with Fruit or Fruit	Yoghurt with Fruit or Fruit
<b>Snack Option</b> V	<b>Snack Option</b> V	<b>Snack Option</b>	<b>Snack Option</b>	<b>Snack Option</b>	<b>Snack Option</b>	<b>Snack Option</b>	<b>Snack Option</b>	<b>Snack Option</b>	<b>Snack Option</b>
Lentil Soup / Cheese Toastie	Cheesy Pasta	Soup / Ham Sandwich	Tomato Soup & Tuna Sandwich	Soup / Ham Sandwich	Tomato Soup & Tuna Sandwich	Baked Potato & Filling (Cheese or Beans or Tuna)	Baked Potato & Filling (Cheese or Beans or Tuna)	Baked Potato & Filling (Cheese or Beans or Tuna)	Baked Potato & Filling (Cheese or Beans or Tuna)
Sandwiches or Wrap	Sandwich or Wrap	Sandwich or Wrap	Sandwich or Wrap	Sandwich or Wrap	Sandwich or Wrap	Sandwich or Wrap	Sandwich or Wrap	Sandwich or Wrap	Sandwich or Wrap
Tuna	Tuna	Tuna	Tuna	Tuna	Tuna	Tuna	Tuna	Tuna	Tuna
Cheese	Cheese	Cheese	Cheese	Cheese	Cheese	Cheese	Cheese	Cheese	Cheese
Egg	Egg	Ham	Ham	Ham	Ham	Ham	Ham	Ham	Ham
Filled Roll or Baguette	Filled Roll or Baguette	Filled Roll or Baguette	Filled Roll or Baguette	Filled Roll or Baguette	Filled Roll or Baguette	Filled Roll or Baguette	Filled Roll or Baguette	Filled Roll or Baguette	Filled Roll or Baguette
Tuna	Tuna	Tuna	Tuna	Tuna	Tuna	Tuna	Tuna	Tuna	Tuna
Cheese	Cheese	Cheese	Cheese	Cheese	Cheese	Cheese	Cheese	Cheese	Cheese
Egg	Egg	Ham	Ham	Ham	Ham	Ham	Ham	Ham	Ham
Fresh Vegetables	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables
<b>AVAILABLE DAILY TO BUY</b>	<b>AVAILABLE DAILY TO BUY</b>	<b>AVAILABLE DAILY TO BUY</b>	<b>AVAILABLE DAILY TO BUY</b>	<b>AVAILABLE DAILY TO BUY</b>	<b>AVAILABLE DAILY TO BUY</b>	<b>AVAILABLE DAILY TO BUY</b>	<b>AVAILABLE DAILY TO BUY</b>	<b>AVAILABLE DAILY TO BUY</b>	<b>AVAILABLE DAILY TO BUY</b>
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk (Packet) *SS	Milk (Packet) *SS	Milk (Packet) *SS	Milk (Packet) *SS	Milk (Packet) *SS	Milk (Packet) *SS	Milk (Packet) *SS	Milk (Packet) *SS	Milk (Packet) *SS	Milk (Packet) *SS
Yoghurt (Low Fat)	Yoghurt (Low Fat)	Yoghurt (Low Fat)	Yoghurt (Low Fat)	Yoghurt (Low Fat)	Yoghurt (Low Fat)	Yoghurt (Low Fat)	Yoghurt (Low Fat)	Yoghurt (Low Fat)	Yoghurt (Low Fat)

**WEEK 4**  **HEALTHY EATING OPTION** V- Vegetarian Option \*SS - Semi-Skimmed **FREE SIDE SALAD & PORTION OF BREAD WITH MAIN COURSE**

# PREVENT LICE

HOW?

Use a  
Lice Comb

Wash  
hair

Apply lots of  
conditioner

With the hair  
still warm

Comb it

WHY?

Lice take 10 - 14 days to reach Maturity

Once fertilised, they lay up to 200 eggs (nits) at the hair root. They eat blood.

The eggs take 7 - 10 days to hatch

Black semi-opaque eggs  
haven't hatched!  
White eggs have!

WHEN?

Routine  
Once a  
week

Many Lice/eggs (nits)  
are immune to  
treatments

There are few ways to irradiate them

- Comb them out twice a day with wet conditioned hair
- Pull the eggs off the hairs one by one.
- Get the lice 'drunk' on treatment or alcohol, they let go of the hair, and can be combed out.
- Be careful, they can climb back on.

Start combing froward from the nape of the neck.

Then comb above ears to crown.

Then from fringe backwards.

Comb all the way to the end of each hair.