

# Naidheachdan Lacasdail

## Laxdale News

Friday 26 January 2024



### PANTOMINE

A big thank you to Mrs Rigg (PT) and Mrs Mackenzie, Clerical Assistant who spent a lot of time last Friday rearranging the visit to An Lanntair for the pupils who hadn't managed to go to the Pantomime on Thursday due to the Snow Day. Thank you to An Lanntair and Stuart Morrison Productions for helping with rearrangements. Thank you to Treena and staff in the cafeteria for arranging an early lunch on Friday. Thank you to Lochs Motor Transport for providing two buses at short notice. Thank you to parents who were accommodating to pick up pupils at An Lanntair on Friday afternoon.

All in all, it was a frantic few hours of arrangements but we got there in the end!

### RRSA/DECIDER SKILLS ASSEMBLY

On Wednesday 24 January Mrs Rigg and Mr Campbell led an Assembly to relaunch the Decider Skills approach with pupils. The Assembly began with some role play to show how people can get annoyed in a situation and how they react. The pupils responded well to the 'argument' between Mrs Rigg and Mr Campbell. After discussion the scenario was repeated showing the best way to deal with the situation. Pupils were reminded of a number of Decider Skills strategies to help them manage emotions and situations. The pupils then participated in discussion and activities in class around The Decider Skills.



### P5 CAT (Cognitive Ability Tests)

P5 pupils sat their CAT tests this morning. These are completed online. Any P5 pupils who were absent today will get an opportunity to complete the test once they return to school.

Parents will be informed of their child's result, in a letter, once all the tests have been completed.

### CROSS COUNTRY

All the best to the pupils taking part in the Lewis and Harris Cross Country Race 2 on Saturday 27<sup>th</sup> January. Well done to all those who entered to represent Laxdale Primary.

**Angus Maciver Ltd**  
SRAC Presents  
scottishathletics licensed event

**Lewis & Harris**  
**CROSS COUNTRY**  
**Race 2**  
**Saturday 27th January 2024**

**Parking at the collage car park**  
**£2 Seniors**  
**£2 U9-U17**

Register on Google form.  
<https://forms.gle/L5rauXQQCUpLZ5xJ6>

Email :  
[Welfaresrac@gmail.com](mailto:Welfaresrac@gmail.com)  
for more info.

Be there 15 min Before Race Start Time!

**9:30 - SENIOR, U20**  
**10:50-U15 and U17**  
**11:20 - U13**  
**11.30-U9 BOYS**  
**11.45-U9 GIRLS**  
**12:00-U11 BOYS**  
**12:15-U11 GIRLS**

### **P7 BINGO NIGHT**

Primary 7 will be hosting a Bingo Night on Thursday 1<sup>st</sup> February to raise funds for the P7 trip. Any donations for this event would be gratefully received

### **BADMINTON COMPETITION**

The Mini Sports Council are organising a Badminton Competition for pupils in P5-7 which will be held during lunchtimes throughout February

The Mini Sports Council also plan to offer 'come and try' Badminton sessions for Primary 1-4 later in term 3.

### **NON-UNIFORM DAYS**

*On the last school day Friday of each month we have a non-uniform day. Pupils can donate £1 towards school funds if they wish to do so.*

### **NON-UNIFORM DATES FOR SESSION 2023-24**

Friday 23 February 2024

Friday 29 March 2024

Friday 3 May 2024

Friday 31 May 2024

Thursday 27 June 2024

## DATES FOR THE DIARY

Saturday 27 <sup>th</sup> January	Cross Country
Thursday 1 <sup>st</sup> February	P7 Bingo Night
Friday 9 <sup>th</sup> February	Cafeteria - Chinese New Year
Monday 12 <sup>th</sup> and Tuesday 13 <sup>th</sup> February	Parent Appointments/Partnership Event
Tuesday 13 <sup>th</sup> February	Toast Tuesday organised by House Captains
Friday 16 <sup>th</sup> - Wednesday 21 <sup>st</sup> February	School Closed - February Weekend
Thursday 22 <sup>nd</sup> February	School Opens
Thursday 7 <sup>th</sup> March	Glasgow Science Centre visit
Saturday 9 <sup>th</sup> March	P7 Fundraising Car Wash 10am - 12pm
Friday 22 <sup>nd</sup> March	Pupil Progress Reports to parents
Friday 29 <sup>th</sup> March	School closes for Easter break

Have a good weekend.

Miss M Macleod, Head of School

**Menu - Week Beginning 29 January**

LAXDALE SCHOOL CAFETERIA		LAXDALE SCHOOL CAFETERIA		LAXDALE SCHOOL CAFETERIA		LAXDALE SCHOOL CAFETERIA		LAXDALE SCHOOL CAFETERIA	
<b>MEAT FREE MONDAY</b>									
Name: _____	_____	Name: _____	_____	Name: _____	_____	Name: _____	_____	Name: _____	_____
Class: _____	_____	Class: _____	_____	Class: _____	_____	Class: _____	_____	Class: _____	_____
<b>MONDAY 29.01.24</b>		<b>TUESDAY 30.01.24</b>		<b>WEDNESDAY 31.01.24</b>		<b>THURSDAY 01.02.24</b>		<b>FRIDAY 02.02.24</b>	
ITEM	ITEM	ITEM	ITEM	ITEM	ITEM	ITEM	ITEM	ITEM	ITEM
Lentil Soup	Sweet Potato Soup	Vegetable Soup	Tomato Soup	Carrot & Coriander Soup	Roast Chicken / Yorkshire Pudding / Roast Potatoes / Sweetcorn / Peas & Gravy	Fish Fingers / Chips / Spaghetti Hoops & Mixed Vegetables	Yoghurt with Fruit or Fruit	Yoghurt with Fruit or Fruit	Yoghurt with Fruit or Fruit
Tomato Pasta / Garlic Bread / Broccoli & Carrot Sticks	Chicken or Vegetable Burger & Beans with Seasonal Salad	Mince & Mashed Potatoes / Green Beans	Roast Chicken / Yorkshire Pudding / Roast Potatoes / Sweetcorn / Peas & Gravy	Fish Fingers / Chips / Spaghetti Hoops & Mixed Vegetables	Ice Cream & Fruit or Fruit	Fish Fingers / Chips / Spaghetti Hoops & Mixed Vegetables	Yoghurt with Fruit or Fruit	Yoghurt with Fruit or Fruit	Yoghurt with Fruit or Fruit
Frozen Yoghurt & Fruit or Fruit	Oat Biscuit with Fruit or Fruit	Crackers, Cheese & Fruit or Fruit	Ice Cream & Fruit or Fruit	Yoghurt with Fruit or Fruit	Snack Option	Yoghurt with Fruit or Fruit	Snack Option	Snack Option	Snack Option
Snack Option	Snack Option	Snack Option	Snack Option	Snack Option	Tomato Soup & Tuna Sandwich	Baked Potato & Filling (Cheese or Beans or Tuna)	Baked Potato & Filling (Cheese or Beans or Tuna)	Baked Potato & Filling (Cheese or Beans or Tuna)	Baked Potato & Filling (Cheese or Beans or Tuna)
Lentil Soup / Cheese Toastie	Cheesy Pasta	Soup / Ham Sandwich	Tomato Soup & Tuna Sandwich	Tomato Soup & Tuna Sandwich	Tomato Soup & Tuna Sandwich	Tomato Soup & Tuna Sandwich	Tomato Soup & Tuna Sandwich	Tomato Soup & Tuna Sandwich	Tomato Soup & Tuna Sandwich
Sandwiches or Wrap	Sandwich or Wrap	Sandwich or Wrap	Sandwich or Wrap	Sandwich or Wrap	Sandwich or Wrap	Sandwich or Wrap	Sandwich or Wrap	Sandwich or Wrap	Sandwich or Wrap
Tuna	Tuna	Tuna	Tuna	Tuna	Tuna	Tuna	Tuna	Tuna	Tuna
Cheese	Cheese	Cheese	Cheese	Cheese	Cheese	Cheese	Cheese	Cheese	Cheese
Egg	Egg	Ham	Ham	Ham	Ham	Ham	Ham	Ham	Ham
Filled Roll or Baguette	Filled Roll or Baguette	Filled Roll or Baguette	Filled Roll or Baguette	Filled Roll or Baguette	Filled Roll or Baguette	Filled Roll or Baguette	Filled Roll or Baguette	Filled Roll or Baguette	Filled Roll or Baguette
Tuna	Tuna	Tuna	Tuna	Tuna	Tuna	Tuna	Tuna	Tuna	Tuna
Cheese	Cheese	Cheese	Cheese	Cheese	Cheese	Cheese	Cheese	Cheese	Cheese
Egg	Egg	Ham	Ham	Ham	Ham	Ham	Ham	Ham	Ham
Fresh Vegetables	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables
AVAILABLE DAILY TO BUY	AVAILABLE DAILY TO BUY	AVAILABLE DAILY TO BUY	AVAILABLE DAILY TO BUY	AVAILABLE DAILY TO BUY	AVAILABLE DAILY TO BUY	AVAILABLE DAILY TO BUY	AVAILABLE DAILY TO BUY	AVAILABLE DAILY TO BUY	AVAILABLE DAILY TO BUY
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk (Packet) *SS	Milk (Packet) *SS	Milk (Packet) *SS	Milk (Packet) *SS	Milk (Packet) *SS	Milk (Packet) *SS	Milk (Packet) *SS	Milk (Packet) *SS	Milk (Packet) *SS	Milk (Packet) *SS
Yoghurt (Low Fat)	Yoghurt (Low Fat)	Yoghurt (Low Fat)	Yoghurt (Low Fat)	Yoghurt (Low Fat)	Yoghurt (Low Fat)	Yoghurt (Low Fat)	Yoghurt (Low Fat)	Yoghurt (Low Fat)	Yoghurt (Low Fat)

**WEEK 4** 😊 **HEALTHY EATING OPTION** V - Vegetarian Option \*SS - Semi-Skimmed **FREE SIDE SALAD & PORTION OF BREAD WITH MAIN COURSE**