**Animals and Plants Second Level**

You can choose to do all or some of the activities for the day.

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| <https://www.youtube.com/watch?v=0eqxgvZNn0I> | |
| Following on from the video:  Keep a note of any food you are wasting for a day/week. Discuss this together at home and plan how you can reduce food waste. | |
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| Use by and Best Before:  Find 5 items at home that have ‘use by’ written on them  Find 5 items at home that have ‘best before’ written on them  Create an information poster explaining the difference between ‘use by’ and ‘best before’ |  |
| <https://www.youtube.com/watch?v=lKkG8Xbb> |  |
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