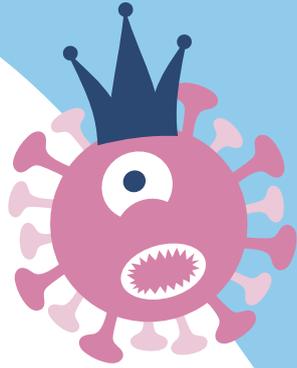


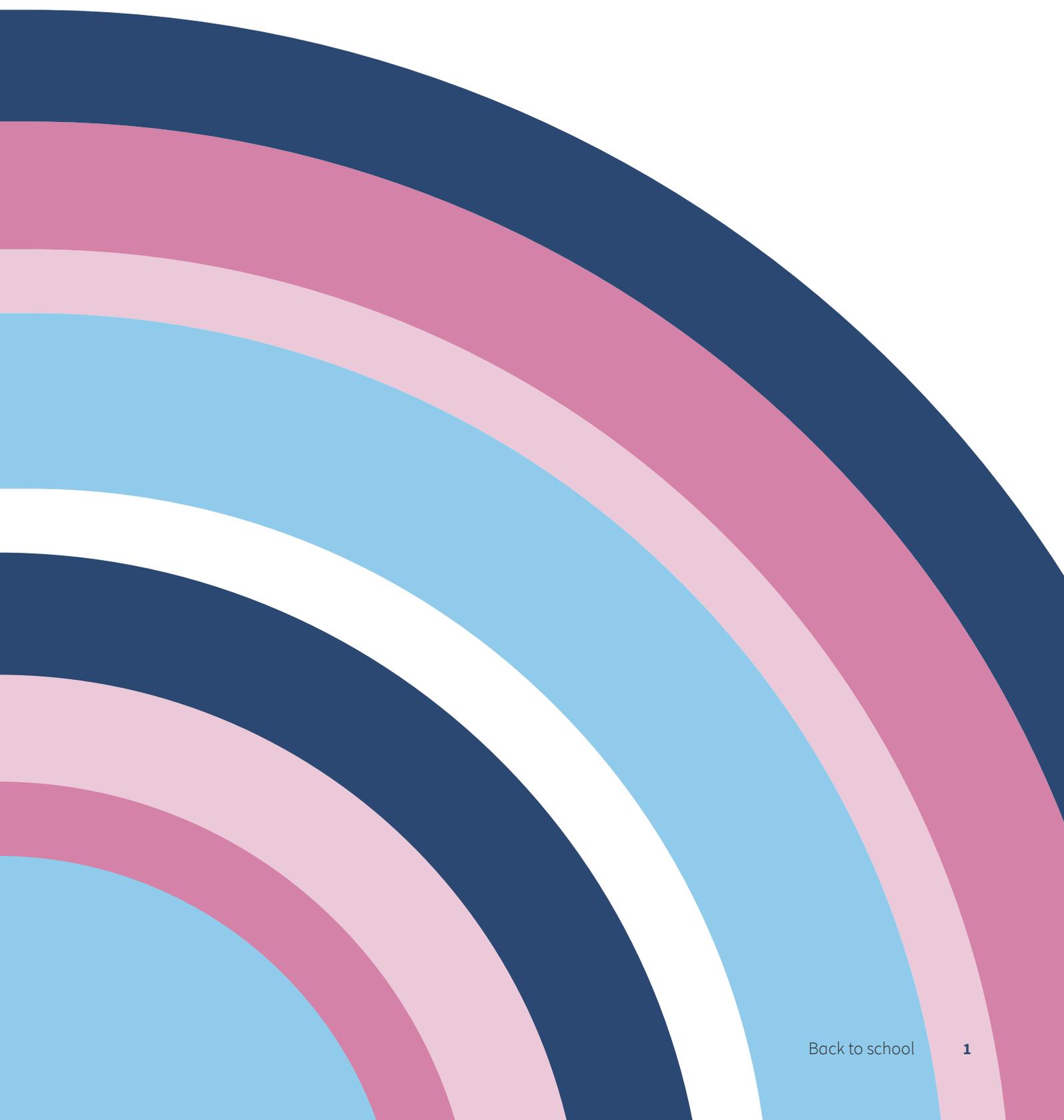
Back to school

This is a story about going back to school after the **coronavirus** lockdown





This pack was created by
the Early Intervention team
in Child and Adolescent
Mental Health Service
(CAMHS) in NHS Grampian



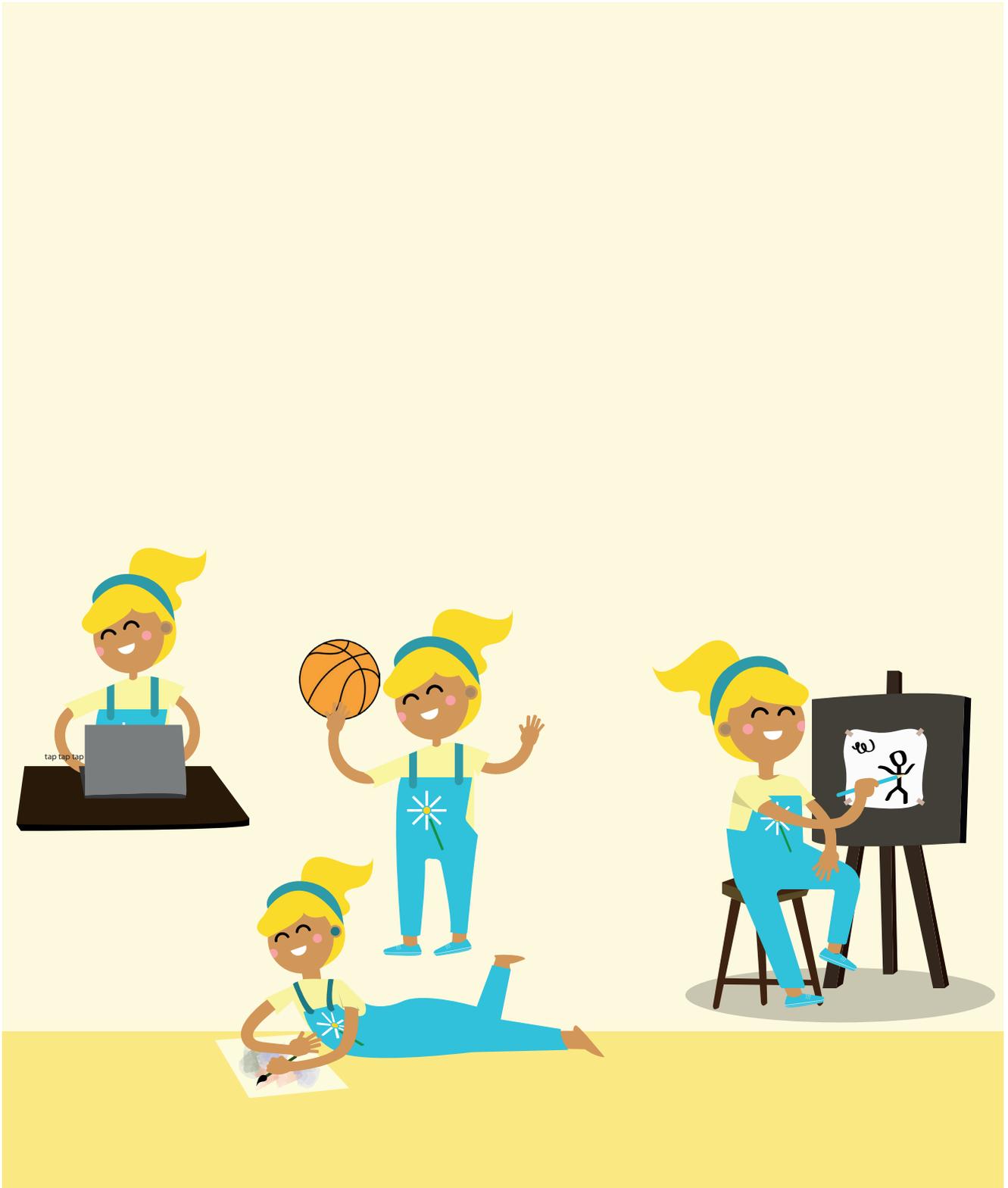
Schools have been shut because of coronavirus



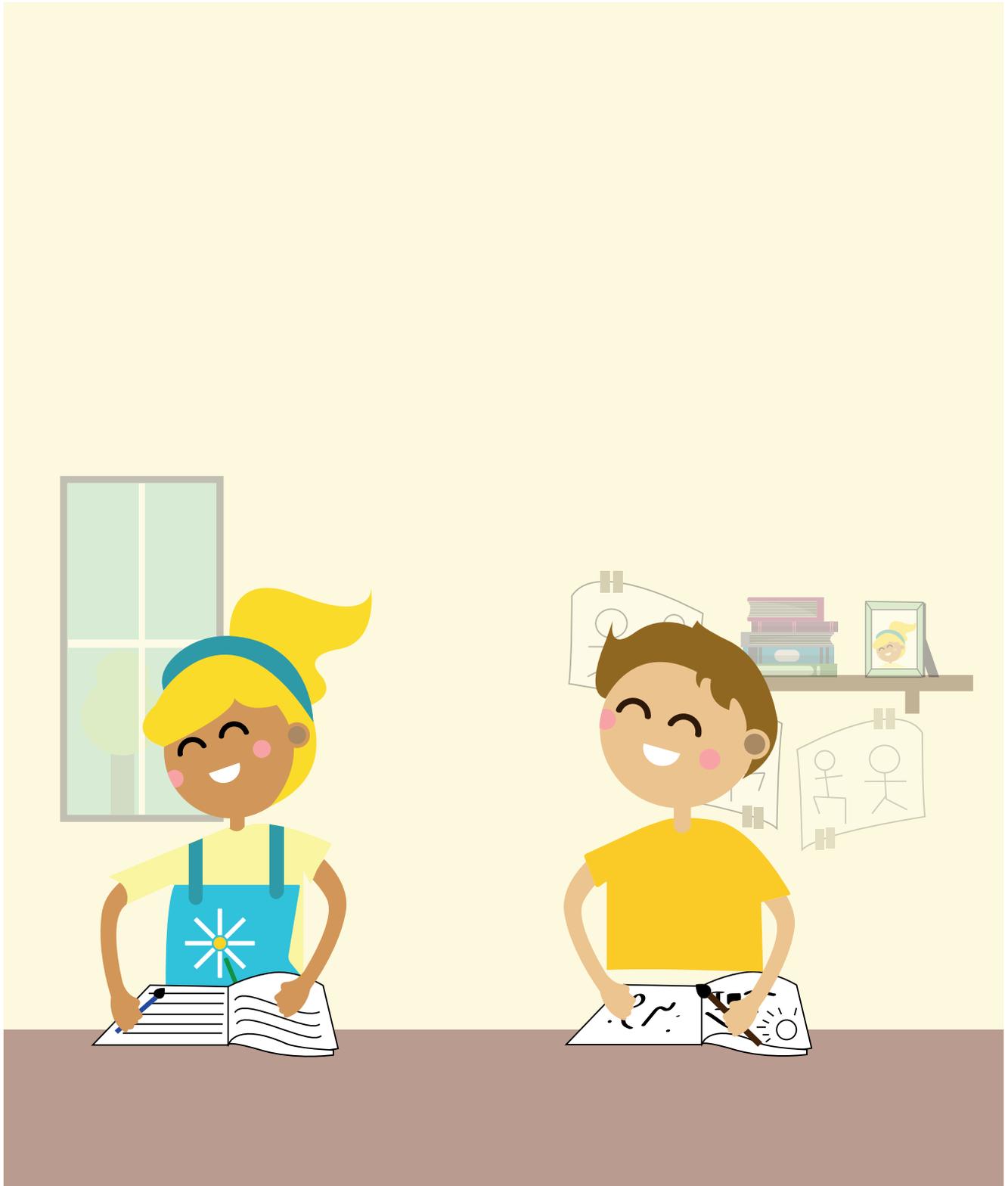
I have stayed at home



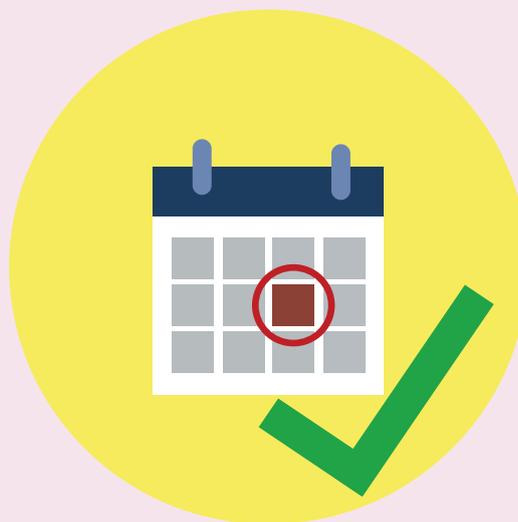
I have been doing activities at home



I have been doing some learning at home

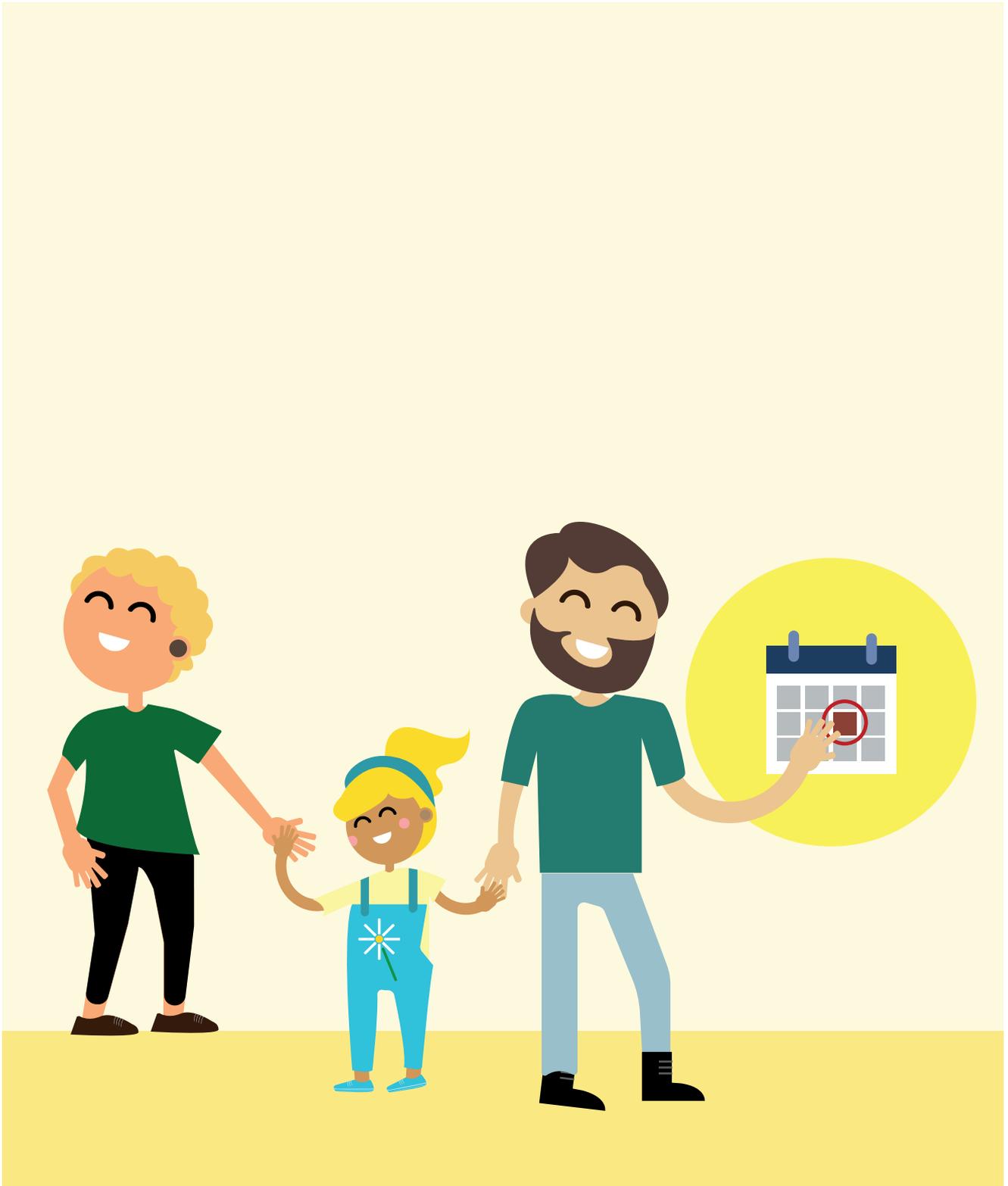


My school will open soon

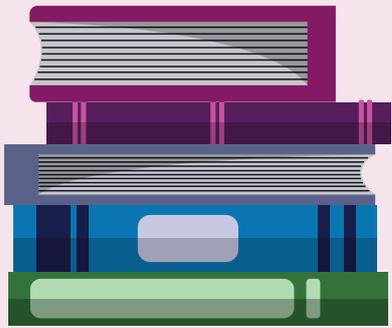


**The government
will decide
when it's safe**

My parents or carers will tell me when school is open



Some things will be the same



**I will do lots
of learning**



**I will say hello
to my teachers**

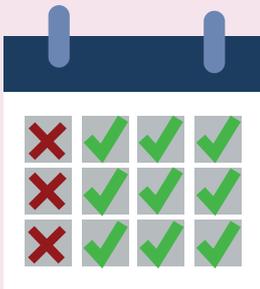


**I will have fun
with my friends**

Some things will be different



I might have to wash my hands more often



I might not be in school everyday



I might see some people wearing masks

I might feel worried or confused by these changes

worried



confused



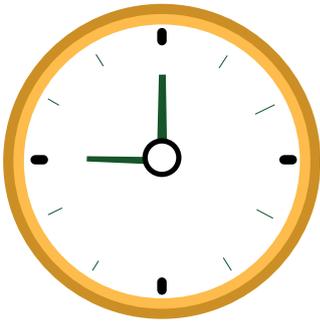
This is OK

There are lots of people who will help me when I go back to school



I can have a plan to help me when I go back to school

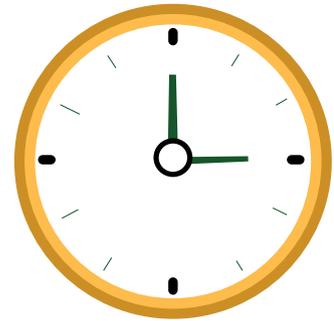
Plan



**What
time will
I wake
up?**



**How
will I
travel?**



**What
time will
I leave
school?**

This resource may be made available, in full or summary form, in alternative formats and community languages. Please contact us on **0131 656 3200** or email **altformats@nes.scot.nhs.uk** to discuss how we can best meet your requirements.



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