{Begin at 7am}

Good morning.

Welcome to the **7AM NW Regional/International Net**. This is net control station _____, my name is _____, and I am located in _____.

This is an open net, and all amateurs are welcome to join in. This net meets every morning at 7AM Pacific Time on the Kamiak Butte Amateur Repeater System, EchoLink, KB7ARA-R & IRLP reflector 9075.

Stations with emergency traffic can break in at any time. Please allow a few seconds of pause between transmissions to give time for emergency traffic. Also, allow a second or two after keying your transceiver before speaking as this will allow the repeater system time to link-up.

This is _____, and we will begin the check-ins with those stations that are mobile, portable or wish to be quickly in and out.

We will now call upon those stations using Echolink or IRLP.

*   *   *

{Halfway through the net}

We wish to thank the members of KBARA for the use of their system, Dave, KL7M, for the use of the IRLP Alaska Reflector 9075 and Fred W5MGM for providing the EchoLink and AllStar 53587 connections.

The Boeing Employees Amateur Radio Society and the Snoqualmie Valley Amateur Radio Club provide connections to the West Side of Washington. The Flathead Valley of Montana is linked in by Lyndel N7LT and Neal NE7AL.

For more information about KBARA please visit our website at www.kbara.org.

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{At the end of the net}

Good morning and thank you for checking into the 7AM NW Regional/International Net. This is net control station _____ closing the net at _____hrs.

Update: 09/2025