
FROM THE DESKS OF
DAVID L MELLMAN MD &
JEANNETTE GUERRASIO MD

Feb 8, 2021

To Our Patients,



2 hours and counting... So how does a Coloradoan choose who to cheer for during the Super Bowl? Certainly, I can't root for the Kansas City Chiefs or Tom Brady. Can I just cheer for Patrick Mahomes and not get chased out of town? He's a pretty remarkable athlete. Fortunately, I got Dave's approval to root for Mahomes and Dave was born at Rose Hospital and is a true Denverite.



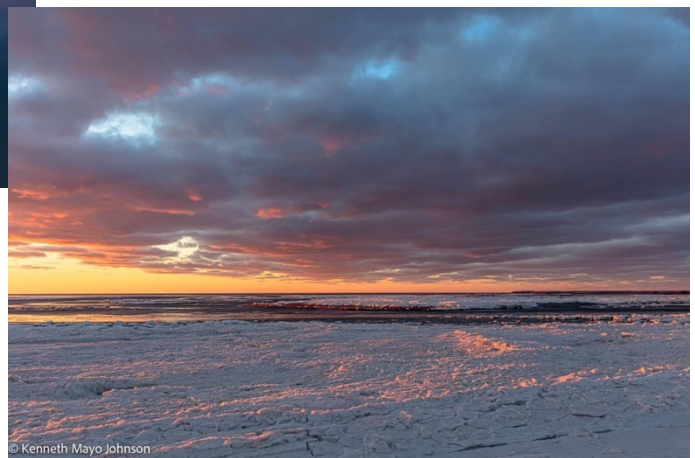
Dave shared pictures from one of his favorite places on Cape Cod, courtesy of Kenneth Mayo Johnson. I know many of our patients miss living near the ocean.



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COVID-19 Vaccine Updates


At the end of this newsletter, there is a comprehensive list of every location in Colorado that is giving out the vaccine. The list is divided by county. You can click on the different locations or call for more information. I suspect the phones will be very busy as Kaiser reported getting over 24,000 calls one day, so you may want to start by looking online. See the attached chart. If you are in phase 1A, 1B.1, or 1B.2, please check out the resources. We will also be working on our end to try and secure vaccines for you. Since there is



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no guarantee and everything is based on multiple small lottery systems, sign up at as many locations as you can to help increase your chances of getting access to a vaccine. If we hear of specific availability, we will call you directly.

If you are in groups 1B.3, wait. Please don't crowd the phone lines or computer servers for those who qualify. If you are desperate to get a vaccine, you could wait at the various vaccination locations at the end of the day to see if they have any extra doses left over that you could have.

<h1>COVID-19 VACCINE DISTRIBUTION</h1> 		REVISED DATE: 02/04/2021
Winter ❄️		
PHASE: 1A	Highest-risk health care workers and individuals:	<ul style="list-style-type: none"> People who have direct contact with COVID-19 patients for 15 minutes or more over a 24-hour period. Long-term care facility staff and residents.
1B.1	Coloradans age 70+, moderate-risk health care workers, and first responders:	<ul style="list-style-type: none"> Health care workers with less direct contact with COVID-19 patients (e.g. home health, hospice, pharmacy, dental, etc.) and EMS. Firefighters, police, COVID-19 response personnel, correctional workers, and funeral services. People age 70 and older.
1B.2	Coloradans ages 65-69, pre-K-12 educators and child care workers in licensed child care programs, and continuity of state government:	<ul style="list-style-type: none"> Child care workers in licensed child care programs, teachers (full-time and substitutes), bus, food, counselors, administrative, safety and other support services offered inside the school. Select members of the Executive and Judicial branches of state government. *note: members of the legislative branch have already received access to the vaccine People ages 65-69.
1B.3	Frontline essential workers and people age 16-64 with two or more high risk conditions:	<ul style="list-style-type: none"> Frontline essential workers in food and agriculture, manufacturing, U.S. postal service, public transit and specialized transportation staff, grocery, public health, frontline essential human service workers, faith leaders, and direct care providers for Coloradans experiencing homelessness and essential frontline journalists. People 16-64 with 2 or more high risk conditions as listed: Coloradans with cancer (defined as patients who are currently receiving treatment or have received treatment within the last month for cancer), chronic kidney disease, COPD, diabetes mellitus, Down syndrome, specific heart conditions (heart failure, cardiomyopathies or coronary heart disease), obesity (BMI $\geq 30\text{kg/m}^2$), pregnancy, sickle cell disease, solid organ transplant and people with disabilities that prevent them from wearing masks.
Spring 🌱		
PHASE: 2	People age 60-64, people with high risk conditions, and the continuation of operations for state government and continuity of local government:	<ul style="list-style-type: none"> People age 60-64. People 16-59 with 1 high risk condition as listed: Coloradans with cancer (defined as patients who are currently receiving treatment or have received treatment within the last month for cancer), chronic kidney disease, COPD, diabetes mellitus, Down syndrome, specific heart conditions (heart failure, cardiomyopathies or coronary heart disease), and severe valvular/congenital heart disease), obesity (BMI $\geq 30\text{kg/m}^2$), pregnancy, sickle cell disease, solid organ transplant. People with disabilities that prevent them from wearing masks. Local continuity of local government defined as executives of those branches of government and a limited amount of essential support staff needed to provide for continuity of government. Continuation of operations for state government is defined as those individuals defined by continuity of operations plans that each agency holds to continue to provide services. Adults who received a placebo during a COVID-19 vaccine clinical trial.
Summer ☀️		
PHASE: 3	General public:	<ul style="list-style-type: none"> Anyone age 16 - 59.
<small>*Timeline subject to change based on supply chain. Prioritization subject to change based CDC guidance, data, science, availability.</small>		

Congratulations!

Anna got accepted into Nurse Practitioner school and has chosen to go to Columbia in NYC. JJ got accepted to medical school and will likely be leaving us for Emory in Atlanta. Don't be surprised if you see a few new faces, as we will be hiring new medical assistants to assist us. We have reassured them that they can never be replaced! I secretly hope Anna will come back and join us in practice, but only time will tell. I suspect JJ will likely choose a field other than primary care, otherwise he would be welcome, too. (See below for photos of Anna's sister Emma with Anna, and JJ with Emma)

Topic of the week: Updates on COVID-19

I don't know if you want to hear more about COVID-19 or if you are all over it already. The talk on February 4th was well attended. I wish I had recorded it, only so that I could have captured all of the rich questions to include in the newsletter. Here is a brief summary of new information since the last COVID-19 update.



Prevention Updates:

- CDC requirements: masks when traveling by plane, ship, ferry, train, subway, bus, taxi, ride-share. Plus travel hubs i.e. airports, subways. Not bandanas, shirt collars, scarves, or face shields alone or masks with valves
- All travelers to the U.S. negative requires a negative COVID test within 3 days before flight, or documented recovery from COVID. Then they must retest 3-5 days after return and stay home for 1 week upon return
- Must wear mask even if vaccinated.
- If you have a high-risk exposure (i.e. your spouse) and you are at high risk of getting very sick from COVID, Regeneron's monoclonal antibody may help prevent disease. This is currently not available, but may be soon. We will let you know.

Risks

- COVID-19 spread in hospitals, medical offices and dentist offices continues to be a very rare occurrence, so continue to get the health care that you need.
- Being in quarantine has increased the rates of nearsightedness (myopia) especially in children. If your vision is blurry, your vision feels strained, or you are getting headaches, get your eyes checked!

Vaccines

- As of January 27th, 23 million people in the US had been vaccinated, 63% female, 55% >50 years old, 17% 40-49, and 28% 18-39. (Remember the young people are our healthcare workers) 60% white, 14% multiracial, 12% Latinx, 6% Asian, 5% Black, 2% Native
- Pfizer alone expects to have 120 million doses out by the end of March and another 100 million out by the end of summer
- If you had COVID, wait 1 month before vaccination
- If you had a monoclonal antibody infusion, like bamlanivimab, wait 3 months before vaccination
- There are new strains of COVID-19 developing in the UK, South Africa, Brazil, and California. The current Pfizer and Moderna vaccines are protective against the UK strain. They should also prevent severe disease from the Brazil and South African strains but you may still develop mild symptoms. The Astra Zeneca vaccine was just pulled from South Africa due to lack of efficacy against mild and moderate disease in their country.
- The UK strain is expected to be the dominant strain in the United States by March.
- You should anticipate booster shots in the future but the timing of booster shots and their frequency are unknown.
- The company Merck stopped its clinical trials due to lack of efficacy.
- Russia now has a vaccine called the Sputnik V with 92% efficacy at 2 months.
- I don't know anything yet about when vaccinations may be available for children.

Vaccine Side Effects

- Of the first 1,893,360 Pfizer vaccines given: 0.2% 4393 had adverse reactions, 21 of which were anaphylaxis. 90% of those who had anaphylaxis were women. Other symptoms included itchiness, scratchy throat, mild respiratory symptoms and rash. No deaths reported.
- Of the first 4,041,396 Moderna vaccines given: 10 had anaphylaxis, most were females with prior anaphylaxis. No deaths reported.

Treatment Updates

- Convalescent plasma initially failed in clinical trials. It has recently shown benefit in a small subset of patients. For patients within 3 days of testing positive, older patients and those that have a high-titer of infection, convalescent plasma decreases mortality 8%, and only if patient doesn't require mechanical ventilation.
- Ivermectin works in the lab to reduce inflammation and as an anti-viral. However, there no good quality human studies yet.

Complications

- Among patients hospitalized with COVID-19, 76% of patients have at least one persistent symptom: 63% fatigue, 63% weakness, 26% sleep difficulty, 23% anxiety, 22% depression. 33% failed a 6 minute walk test, meaning they couldn't walk for 6 minutes without abnormal heart rate, respiratory rate, blood pressure or oxygen levels.

- We are learning from autopsies that much of the damage to the heart, lungs, and kidneys is being caused by teeny tiny blood clots, which cause cells to die.

Local Vaccine Distribution

- Our practice has reached out to institutions with vaccines. We will then receive calls saying for example, “We have 20 vaccines available for patients over 85 that live in this county. If you can call and get them scheduled, we will vaccinate them.” Or “We have 30 vaccines available for patients over 75 if you give us a random list of patients, we will choose 30 to vaccinate and you can call and schedule them.”
- The office has hired additional staff to make phone calls, including Dave’s other adult daughter Emma, Ciella, and Karen who assists with the phones. We have also extended Kris’s hours. The office often has 30 minutes or less to call 30 patients and get them scheduled before the vaccines will be allocated to someone else. We then divide up the list and start making phone calls.

Questions for Dave and Me

- 1. What do you think about the new COVID treatment in Israel that cured 29 of 30 serious COVID cases?**

We are just learning about it too! Here’s the link for those who are interested:

https://www.timesofisrael.com/new-israeli-drug-cured-moderate-to-serious-covid-cases-within-days-hospital/?utm_source=The+Daily+Edition&utm_campaign=daily-edition-2021-02-05&utm_medium=email

The medication is just in phase 1 of clinical trials, so it still has a long way to go, but we will be watching closely. It was designed to stop the deadly cytokine storm that was reviewed in the last newsletter. For the scientists, it uses exosomes to target CD24.

- 2. In your view, is the risk of transmittal (to us) greatly reduced if they (for example, our parents) have been fully vaccinated (both doses) and we interact (perhaps more normally, indoors, perhaps no masks) with them?**

The science is still in evolution, but we know that the virus particles can still live in the noses of people who are vaccinated and can still be spread from person to person. The vaccine should decrease the amount of virus particles in the nose, but we don’t know yet by how much.

- 3. Are the risks, in your view, similar (or greater/less than) if a friend/relative tested positive for covid AND the antibodies? in other words, they would be a lower risk to acquire themselves, but wondering about risks of them hosting the virus (and presuming asymptomatic) and transmitting to us?**

We don’t know the answer to this question yet. But I will let you know when the data is available!

Nutrition Chats with Kelly - start this week!

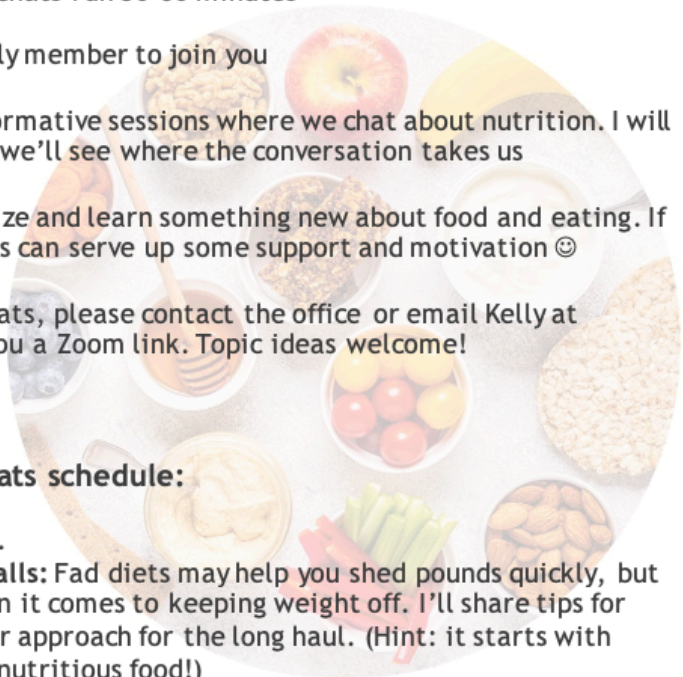
When: 2 p.m. Thursdays, starting Feb. 11. Chats run 30-60 minutes

Who: You! Feel free to ask a friend or family member to join you

What: *Nutrition Chats* are informal but informative sessions where we chat about nutrition. I will present briefly about a specific topic, then we'll see where the conversation takes us

Why: The chats allow us to connect, socialize and learn something new about food and eating. If you're working on a health goal, these chats can serve up some support and motivation 😊

Where: Zoom... To RSVP for one or more chats, please contact the office or email Kelly at kelly@coloradocme.com and we will send you a Zoom link. Topic ideas welcome!



Nutrition Chats schedule:

Feb 11, 2 p.m.

- **Dieting pitfalls:** Fad diets may help you shed pounds quickly, but fall short when it comes to keeping weight off. I'll share tips for reframing your approach for the long haul. (Hint: it starts with delicious and nutritious food!)

Feb 18, 2 p.m.

- **Healthy snacks 101:** Tune in to learn about easy, quick and portable healthy snack option

Feb 25, 2 p.m.

- **Step away from the data:** We have apps that track food, steps, sleep and other health metrics. Helpful as they may be, we can let these tools override our instincts and dictate our choices. I'll offer tips for how to keep tech from controlling your every move and for eating intuitively

March 4, 2 p.m.

- **Digestion smarts:** Bloating, gas, cramping or constipation? If your digestion is out of whack, consider these simple tips



Personal nutrition consults

Are you new to the practice? Welcome!

Please contact our office to set up a complimentary meeting with Kelly Dwyer, MNT, our nutritionist, to discuss your nutrition.

This is a 60-minute session where you can discuss your goals and interests related to nutrition and health. Kelly will offer suggestions and after the meeting send you customized nutrition and lifestyle recommendations based on your goals and health background.

To schedule, call the office at 720.320.2061 or email Kelly: kelly@coloradocme.com

We are forever updating our email list. If you have missed prior newsletters, they can be found at www.jeannetteguerrasiomd.com. Be well. Stay safe. More vaccines are on their way! Continue to send questions. Remember you can no longer reply to this email. Instead, email me at Jeannette@coloradocme.com.

Stay warm and hopeful,

Jeannette and Dave

David L Mellman MD & Jeannette Guerrasio MD
David L Mellman MD, PLLC

Vaccine Locations by County:

Adams County

[Children's Hospital Colorado - Aurora](#) - (720) 777-1234
[City of Thornton Fire Department](#) - (303) 538-7602
[Clinica Colorado](#) - (720) 443-8461
[Clinica Family Health Pecos](#) - (303) 650-4460
[Clinica Family Health Thornton](#) - (303) 650-4460
[Clinica Family Health Westminster](#) - 303) 650-4460
[Kaiser Permanente Brighton](#) - (855) 550-0951
[Kaiser Permanente Westminster](#) - (855) 550-0951
[King Soopers Pharmacy #24](#) - (303) 452-8661
[King Soopers Pharmacy #34](#) - (303) 427-9295
[King Soopers Pharmacy #52](#) - (303) 343-3170
[King Soopers Pharmacy #62](#) - (303) 404-9026
[King Soopers Pharmacy #68](#) - (303) 451-9470
[King Soopers Pharmacy #81](#) - (303) 655-7773
[King Soopers Pharmacy #92](#) - (303) 288-6629
[King Soopers Pharmacy #101](#) - (720) 872-1660
[King Soopers Pharmacy #112](#) - (303) 644-5080
[King Soopers Pharmacy #114](#) - (303) 286-5470
[King Soopers Pharmacy #136](#) - (303) 637-0350
[North Suburban Medical Center](#) - (303) 451-7800
[Platte Valley Medical Center](#) - (303) 498-1600
[Ridge View Youth Services Center](#) - (303) 766-3000
[Safeway Pharmacy #881](#) - (303) 838-7859
[Safeway Pharmacy #1635](#) - (303) 469-0809
[Safeway Pharmacy #1873](#) - (303) 280-8218
[Safeway Pharmacy #2917](#) - (303) 659-9660
[Salud Audrey C. Farley Women's Center](#) - (303) 697-2583
[Salud Family Health Center Brighton Acute Care Clinic](#) - (303) 697-2583

Salud Family Health Center Brighton Clinic & Brighton Women's Center - (303) 697-2583
Salud Family Health Center Commerce City - (303) 697-2583
St. Anthony North Health Campus - (719) 738-5100
Tri-County Health Dept. Westminster - (303) 220-9200
UCHealth University of Colorado Hospital - (720) 848-0000

Alamosa County

Alamosa County Public Health Department - (719) 589-6639
Convenient Care Community Clinic - (719) 589-2562
Safeway Pharmacy #1681 - (719) 587-3076
San Luis Valley Regional Medical Center - (719) 589-3000
Valley Wide Alamosa Family Medical Center - (719) 589-3658
Valley Wide Pharmacy - (719) 589-3633
Valley Wide Sierra Blanca Medical Center - (719) 589-3658

Arapahoe County

Ardas Family Medicine - (303) 900-8639
Craig Hospital - (303) 789-8000
Encompass Health Rehabilitation Hospital of Littleton - (303) 334-1100
Kaiser Permanente Aurora - (855) 550-0951
Kaiser Permanente East Denver - (855) 550-0951
King Soopers Pharmacy #10 - (303) 671-8701
King Soopers Pharmacy #14 - (303) 364-9196
King Soopers Pharmacy #16 - (303) 400-5204
King Soopers Pharmacy #49 - (303) 752-4777
King Soopers Pharmacy #109 - (303) 794-6397
King Soopers Pharmacy #122 - (303) 738-5710
King Soopers Pharmacy #128 - (303) 627-3301
Lifehealth - (303) 730-1902
Littleton Adventist Hospital - (303) 730-8900
Safeway Pharmacy #0017 - (303) 781-7187
Safeway Pharmacy #0839 - (720) 922-0749
Safeway Pharmacy #0899 - (303) 400-4880
Safeway Pharmacy #1928 - (720) 876-2245
Safeway Pharmacy #2612 - (303) 481-2291
Salud Aurora Community Health - (720) 753-6000
South Metro Fire Rescue - (720) 989-2000
STRIDE Community Health Center Chambers & Hampden - (303) 360-6276
STRIDE Community Health Center Del Mar - (303) 360-6276
STRIDE Community Health Center Englewood - (303) 360-6276
STRIDE Community Health Center Helena Health Center - (303) 360-6276
STRIDE Community Health Center Peoria - (303) 360-6276
Swedish Medical Center - (303) 788-5000
The Medical Center of Aurora - (303) 695-2600
Tri-County Health Department Aurora - (303) 220-9200
Tri-County Health Department Englewood - (303) 220-9200

Tri-County Health Department Greenwood Village - (303) 220-9200

Archuleta

City Market #445 - (970) 731-6006

San Juan Basin Public Health Pagosa Springs - (970) 264-2409

Baca County

Baca County Public Health - (719) 523-6621

Southeast Colorado Hospital District - (719) 523-4501

Bent County

Bent County Public Health - (719) 456-0517

Valumed Pharmacy - (719) 456-1691

Boulder County

Avista Adventist Hospital - (303) 673-1000

Boulder County Public Health - Boulder - (303) 441-1100

Boulder County Public Health - Longmont - (303) 678-6166

Boulder Medical Center - (303) 440-3000

Clinica Family Health Lafayette - (303) 650-4460

Foothills Hospital - (303) 415-7000

Hopelight Medical Clinic - (303) 776-7117

Kaiser Permanente Longmont - (855) 550-0951

Kaiser Permanente Rock Creek - (855) 550-0951

Longmont United Hospital - (303) 651-5111

People's Clinic - Clinica Family Health - (303) 650-4460

Safeway Pharmacy #1116 - (303) 682-0598

Safeway Pharmacy #1667 - (720) 890-0425

Safeway Pharmacy #2812 - (303) 673-0697

Safeway Pharmacy #2911 - (303) 443-6142

Safeway Pharmacy #2919 - (303) 494-8851

Salud Family Health Center Longmont - (303) 697-2583

SCL Health Good Samaritan Medical Center - (303) 689-4000

UCHealth Longs Peak Hospital - (720) 718-7000

University of Colorado Boulder - (303) 492-5432

Broomfield County

Broomfield County Health and Human Services - (720) 887-2200

Safeway Pharmacy #2624 - (303) 209-2416

UCHealth Broomfield Hospital - (303) 464-4500

Chaffee County

Buena Vista Drug - (719) 395-2481

Chaffee County Public Health - (719) 539-4510

Heart of the Rockies Regional Medical Center - (719) 530-2200

Safeway Pharmacy #2817 - (719) 539-6933

Salida Pharmacy & Fountain - (719) 530-4790

Valley Wide Health Systems Buena Vista - (719) 395-8610

Cheyenne County

Cheyenne County Public Health - (719) 767-5616

Keefe Memorial Health Service District - (719) 767-5661

Clear Creek County

Clear Creek County Public Health - (303) 670-7545

Safeway Pharmacy #0390 - (303) 567-2496

Conejos County

Conejos County Public Health & Nursing Services - (719) 274-4307

Valley Wide Guadalupe Health Center - (719) 376-5426

Costilla County

Costilla County Public Health - (719) 672-3332

Valley Wide San Luis Health Center - (719) 672-3352

Crowley County

Ordway Pharmacy - (719) 267-3411

Otero County Health Department - (719) 383-3040

Valley Wide Health Systems Ordway - (719) 267-3503

Custer County

Custer County Public Health Agency - (719) 783-3369

Delta County

City Market #404 - (970) 874-5771

City Market #429 - (970) 872-2623

Delta County Memorial Hospital - (970) 874-7681

Delta County Public Health Department - (970) 874-2165

River Valley Family Health Center Delta - (970) 874-8981

Safeway Pharmacy #1863 - (970) 874-9091

Denver County

CDPHE Laboratory Services Division - (303) 692-2000

ClearSpring Pharmacy - (303) 333-2010

Denver Health Medical Center - (303) 436-6000

Denver Public Health Immunization and Travel Clinic - (303) 602-3520

Family Medicine Clinic for Health Equity - (303) 954-0058

Federico F. Pena Southwest Family Health Center - (303) 602-0000

Kaiser Permanente Skyline - (855) 550-0951

King Soopers Pharmacy #1 - (303) 571-1943

King Soopers Pharmacy #7 - (303) 936-7403

King Soopers Pharmacy #29 - (303) 832-5298

King Soopers Pharmacy #123 - (720) 531-6371

Lowry Family Health Center - (303) 602-4545

National Jewish Health - (303) 398-1355

Presbyterian St. Luke's Medical Center - (720) 754-6000

Porter Adventist Hospital - (303) 778-1955

Red Rock Pharmacy - (303) 745-3000

Rose Medical Center - (303) 320-2121

Safeway Pharmacy #0244 - (303) 458-8438

Safeway Pharmacy #0885 - (303) 744-8660

Safeway Pharmacy #1248 - (303) 477-1470

Safeway Pharmacy #2246 - (303) 861-1212
Safeway Pharmacy #2714 - (303) 242-3535
Safeway Pharmacy #3836 - (303) 340-4459
Sam Sandos Westside Family Health Center - (303) 436-4200
SCL Health St. Joseph Hospital - (303) 812-2000
Stout Street Health Center - (303) 293-2220

Dolores County

Dolores County Public Health - (970) 677-2387

Douglas County

Castle Rock Adventist Hospital - (720) 455-5000
Kaiser Permanente Highlands Ranch - (855) 550-0951
Kaiser Permanente Lone Tree - (855) 550-0951
Kaiser Permanente Parker - (855) 550-0951
King Soopers Pharmacy #8 - (720) 344-0334
King Soopers Pharmacy #27 - (303) 470-6445
King Soopers Pharmacy #108 - (303) 683-4288
King Soopers Pharmacy #110 - (303) 683-3669
Parker Adventist Hospital - (303) 269-4000
Safeway Pharmacy #1446 - (303) 840-1606
Safeway Pharmacy #1480 - (303) 683-0511
Safeway Pharmacy #1548 - (303) 649-9749
Safeway Pharmacy #1877 - (303) 688-6060
Safeway Pharmacy #2722 - (303) 242-3568
Sky Ridge Medical Center - (720) 225-1000
STRIDE Community Health Center Parker - (303) 761-1977
Tri-County Health Department Castle Rock - (303) 220-9200
Tri-County Health Department Lone Tree - (303) 220-9200
UCHealth Highlands Ranch Hospital - (720) 516-1000

Eagle County

Eagle County Public Health Avon - (970) 328-9813
Eagle County Public Health Eagle - (970) 328-8840
Vail Health Hospital - (970) 476-2451

El Paso County

Children's Hospital Colorado Springs - (719) 305-1234
City of Colorado Springs - Occupational Health Clinic - (719) 385-5965
Eastern Plains Medical Clinic - (719) 347-0100
El Paso County Public Health - (719) 578-3199
Encompass Health Rehabilitation Hospital of Colorado Springs - (719) 630-8000
Kaiser Permanente Briargate - (855) 550-0951
King Soopers Pharmacy #006 - (719) 636-5043
King Soopers Pharmacy #53 - (719) 598-5191
King Soopers Pharmacy #77 - (719) 488-2988
King Soopers Pharmacy #119 - (719) 522-2200
King Soopers Pharmacy #130 - (719) 598-1891

Matthews-Vu Medical Group Woodmen - (719) 632-4455
Matthews-Vu Medical Group Pediatrics - (719) 722-3464
Matthews-Vu Rockrimmon - (719) 522-0707
North Union Medicine Shoppe - (719) 630-3154
Optum Clinical Pharmacy - (719) 636-2999
Peak Vista Convenient Care Center - (719) 632-5700
Peak Vista Health Center at International Circle - (719) 632-5700
Peak Vista Health Center at Jet Wing - (719) 632-5700
Peak Vista Health Center at Wahsatch - (719) 632-5700
Peak Vista Lane Family Health Center - (719) 632-5700
Penrose Hospital - (719) 776-5000
Premise Health - El Paso Employee Health Center - (719) 520-7080
Safeway Pharmacy #0835 - (719) 593-1474
Safeway Pharmacy #1286 - (719) 473-6446
Safeway Pharmacy #1440 - (719) 488-1189
Safeway Pharmacy #1449 - (719) 573-4759
Safeway Pharmacy #1644 - (719) 495-7400
Safeway Pharmacy #1792 - (719) 591-0831
Safeway Pharmacy #1975 - (719) 322-9357
Safeway Pharmacy #2816 - (719) 636-5257
Safeway Pharmacy #2839 - (719) 548-1477
St. Francis Medical Center - (719) 571-1000
UCHealth Grandview Hospital - (719) 272-3600
UCHealth Memorial Hospital Central - (719) 365-5000
UCHealth Memorial Hospital North - (719) 364-5000
UCHealth Pikes Peak Regional Hospital - (719) 374-6060

Elbert County

Peak Vista Community Health Center at Kiowa - (710) 632-5700
Safeway Pharmacy #1532 - (303) 646-0656

Fremont County

City Market #401 - (719) 275-3319
Fremont County Department of Public Health - (719) 276-7450
Safeway Pharmacy #3728 - (719) 275-7511
St. Thomas More Hospital - (719) 285-2000
Valley Wide Health Systems Cañon City - (719) 275-2301

Garfield County

City Market #443 - (970) 625-9420
Garfield County Public Health Glenwood Springs - (970) 945-6614
Garfield County Public Health Rifle - (970) 625-5200
Grand River Primary Care Rifle - (970) 625-1510
Mountain Family Health Center Rifle - (970) 945-2840
Mountain Family Health Center Glenwood Springs - (970) 945-2840
Valley View Hospital - (970) 945-6535

Gilpin County

[Gilpin County Public Health](#) - (303) 582-5803

Grand County

[Denver Health East Grand Community Health](#) - (970) 726-4299

[Grand County Public Health](#) - (970) 725-3288

[Middle Park Health Granby](#) - (970) 887-5800

[Middle Park Kremmling Hospital](#) - (970) 724-3442

[Safeway Pharmacy #1568](#) - (970) 726-6920

Gunnison County

[Gunnison County Public Health](#) - (970) 641-0209

Hinsdale County

[Hinsdale County Public Health](#) - (970) 944-0321

Huerfano County

[Las Animas-Huerfano Health - Walsenburg](#) - (719) 738-2650

[Spanish Peaks Regional Health Center](#) - (719) 738-4569

Jackson County

[Jackson County Public Health Agency](#) - (970) 723-4002

Jefferson County

[Bloom Healthcare Physician House Calls](#) - (303) 993-1330

[Jefferson County Public Health](#) - (303) 232-6301

[Kaiser Permanente Hidden Lake](#) - (855) 550-0951

[Kaiser Permanente Lakewood](#) - (855) 550-0951

[Kaiser Permanente Wheat Ridge](#) - (855) 550-0951

[King Soopers Pharmacy #3](#) - (303) 428-1992

[King Soopers Pharmacy #19](#) - (303) 937-4404

[King Soopers Pharmacy #20](#) - (303) 238-7301

[King Soopers Pharmacy #22](#) - (303) 421-1200

[King Soopers Pharmacy #25](#) - (303) 933-5119

[King Soopers Pharmacy #59](#) - (303) 989-8490

[King Soopers Pharmacy #82](#) - (303) 279-5684

[King Soopers Pharmacy #87](#) - (303) 816-4970

[King Soopers Pharmacy #90](#) - (303) 237-6140

[King Soopers Pharmacy #137](#) - (720) 907-6788

[Lutheran Medical Center](#) - (303) 425-4500

[Orthocolorado Hospital](#) - (720) 321-5000

[Safeway Pharmacy #0010](#) - (303) 209-5274

[Safeway Pharmacy #0027](#) - (303) 973-6795

[Safeway Pharmacy #0322](#) - (303) 278-2284

[Safeway Pharmacy #0344](#) - (303) 232-1259

[Safeway Pharmacy #1479](#) - (303) 456-4413

[Safeway Pharmacy #1998](#) - (303) 425-0371

[St Anthony Hospital](#) - (720) 321-0000

[STRIDE CHC Jefferson Plaza Family Health](#) - (303) 360-6276

[STRIDE CHC West Arvada](#) - (303) 360-6276

[STRIDE Community Health Center Wheat Ridge](#) - (303) 360-6276

Kiowa County

[Kiowa County Hospital District](#) - (719) 438-5401

Kit Carson County

[Kit Carson County Public Health Department](#) - (719) 346-7158

La Plata County

[Animas Surgical Hospital](#) - (970) 247-3537

[La Plata Integrated Healthcare](#) - (970) 335-2288

[Mercy Regional Medical Center](#) - (970) 247-4311

[Safeway Pharmacy #0801](#) - (970) 382-2228

[San Juan Basin Public Health Durango](#) - (970) 247-5702

[Upper Pine River Fire Protection](#) - (970) 884-9508

Lake County

[Lake County Public Health Agency](#) - (719) 486-2413

[St. Vincent Hospital](#) - (719) 486-0230

Larimer County

[Associates in Family Medicine - Horsetooth Urgent Care](#) - (970) 204-0300

[Associates In Family Medicine CSU Urgent Care](#) - (970) 237-8200

[Banner Columbine Family Practice Loveland](#) - (970) 820-5000

[Banner Fort Collins Medical Center](#) - (844) 549-1856

[Banner McKee Medical Center](#) - (970) 820-4640

[Estes Park Health](#) - (970) 586-2317

[Kaiser Permanente Loveland](#) - (855) 550-0951

[King Soopers Pharmacy #18](#) - (970) 484-1410

[King Soopers Pharmacy #44](#) - (970) 669-6275

[Larimer County Department of Health & Environment](#) - (970) 498-5500

[Safeway Pharmacy #914](#) - (970) 669-1548

[Safeway Pharmacy #0920](#) - (970) 577-8226

[Safeway Pharmacy #1552](#) - (970) 223-2556

[Salud Clinic Estes Park](#) - (970) 586-9230

[Salud Family Health Center Fort Collins Blue Spruce](#) - (303) 697-2583

[Sunrise Loveland Community Health Center](#) - (970) 669-4855

[UCHealth Medical Center of the Rockies](#) - (970) 624-2500

[UCHealth Poudre Valley Hospital](#) - (970) 495-7000

Las Animas County

[Las Animas-Huerfano Health Department Trinidad](#) - (719) 846-2213

[Mt San Rafael Hospital Clinic](#) - (719) 846-2206

[Safeway Pharmacy #0722](#) - (719) 846-3086

[Salud Family Health Center Trinidad](#) - (719) 422-8800

Lincoln County

[Lincoln Community Hospital](#) - (719) 743-2421

[Lincoln County Public Health](#) - (719) 743-2526

[Peak Vista's Health Center at Limon](#) - (719) 775-2637

Logan County

[Banner Health Clinic Family Care Clinic](#) - (970) 521-3223

Northeast Colorado Health Department Sterling - (970) 522-3741
Salud Family Health Center Sterling - (970) 484-0999
Sterling Regional Medical Center - (970) 522-0122

Mesa County

City Market #401 - (970) 245-1215
City Market #413 - (970) 858-9508
City Market #425 - (970) 434-9651
City Market #444 - (970) 628-7563
Colorado Canyons Hospital and Medical Center - (970) 858-3900
Colorado West Healthcare - (970) 242-0920
Family Physicians of Western Colorado - (970) 245-1220
Mesa County Public Health Department - (970) 248-6900
Mesa County Public Health Red Building - (970) 248-6900
Safeway Pharmacy #0897 - (970) 257-0233
Safeway Pharmacy #1533 - (970) 248-9871
SCL Health St. Mary's Hospital - (970) 298-2273

Mineral County

Mineral County Public Health - (719) 658-2416

Moffat County

Memorial Regional Health Hospital - (970) 824-9411
Moffat County Public Health - (970) 629-4002
Northwest Colorado Health Craig - (970) 824-8233

Montezuma County

City Market #408 - (970) 565-6466
Montezuma County Public Health Department - (970) 565-3056
Safeway Pharmacy #1892 - (970) 564-1353
Southwest Memorial Hospital - (970) 565-6666

Montrose County

City Market #403 - (970) 249-2064
City Market #440 - (970) 240-1994
Montrose County Health & Human Services - (970) 252-5000
Montrose Memorial Hospital - (970) 249-2211
River Valley Family Health Center Montrose - (970) 497-3333
River Valley Family Health Center Olathe - (970) 323-6141
The Pic Place/Community Dental Clinic - (970) 252-8896

Morgan County

Banner East Morgan County Hospital - (970) 842-6200
Colorado Plains Medical Center - (970) 867-3391
Northeast Colorado Health Department Fort Morgan - (970) 867-4918
Salud Family Health Center Fort Morgan - (303) 697-2583

Otero County

Arkansas Valley Regional Medical Center - (719) 384-5412
Harris Pharmacy - (719) 254-3337
Otero County Health Department La Junta - (719) 383-3040

Otero County Health Department Rocky Ford - (719) 254-5300
Safeway Pharmacy #3723 - (719) 384-6616
Valley Wide Health Systems - (719) 275-2301
Valley Wide Health Systems La Junta - (719) 383-5500

Ouray County

Ouray County Public Health Agency - (970) 325-4670

Park County

Park County Public Health - (303) 816-5970

Phillips County

Haxtun Hospital District - (970) 774-6123
Melissa Memorial Hospital - (970) 824-9411
Northeast Colorado Health Department Holyoke - (970) 854-2717

Pitkin County

Aspen Valley Hospital - (970) 925-1120
Aspen Community Health Services - (970) 920-5420

Prowers County

High Plains Community Health Center Main Medical Site - (719) 336-0261
High Plains Community Health Center Holly Clinic - (719) 537-6642
High Plains Family Center - (719) 336-8445
Kiowa County Public Health - (719) 438-5782
Prowers County Public Health - (719) 336-8721
Prowers Medical Center - (719) 336-4343
Safeway Pharmacy #1721 - (719) 336-0880
Willow Creek Pharmacy - (719) 336-3200

Pueblo County

Colorado Department of Corrections Pharmacy - (719) 583-5819
Colorado Department of Corrections San Carlos - (719) 544-4800
Colorado Mental Health Institute at Pueblo - (719) 546-4000
Kaiser Permanente Acero Medical Office Building - (855) 550-0951
Kaiser Permanente Pueblo - (855) 550-0951
King Soopers Pharmacy #12 - (719) 564-0491
Parkview Medical Center - (719) 595-7740
Pueblo Department of Public Health - (719) 583-4300
Safeway Pharmacy #0816 - (719) 543-5921
Safeway Pharmacy #1760 - (719) 547-2913
St. Mary Corwin Medical Center - (800) 228-4039

Rio Blanco County

Rangely Pharmacy - (970) 675-2169
Rio Blanco County Public Health Meeker - (970) 878-9520
Rio Blanco County Public Health Rangely - (970) 878-9525
Pioneers Medical Center - (970) 878-5047

Rio Grande County

Rio Grande County Public Health - (719) 657-3352
Rio Grande Hospital - (719) 657-2510

[Valley Wide Edward M. Kennedy Center](#) - (719) 852-2512

Routt County

[Lyons Corner Drug](#) - (970) 879-1114

[Northwest Colorado Health](#) - (970) 879-1632

[Routt County Public Health](#) - (970) 870-5341

[South Routt Medical Center](#) - (970) 736-8118

[UCHealth Yampa Valley Medical Center](#) - (970) 879-1322

[Uncompahgre Medical Center](#) - (970) 327-4233

Saguache County

[Saguache County Public Health Saguache](#) - (719) 655-2533

[Valley Wide Cesar Chavez Family Medical Center](#) - (719) 754-2778

[Valley Wide Moffat Family Health Center](#) - (719) 256-4025

San Juan County

[San Juan County Public Health](#) - (970) 387-0242

San Miguel County

[San Miguel County Department Of Health and Environment](#) - 970-728-4289

[Telluride Medical Center](#) - (970) 728-3848

Sedgwick County

[Northeast Colorado Health Department Julesberg](#) - (970) 474-2619

[Sedgwick County Memorial Hospital](#) - (970) 474-3323

Summit County

[City Market #420](#) - (303) 320-3110

[City Market #430](#) - (970) 453-0818

[Kaiser Permanente Frisco Medical Offices](#) - (855) 550-0951

[Safeway Pharmacy #0836](#) - (970) 668-9980

[St. Anthony Summit Medical Center](#) - (970) 668-3300

[Summit Community Care Clinic](#) - (970) 668-4040

[Summit County Public Health](#) - (970) 668-9161

Teller County

[Peak Vista Health Center at Divide](#) - (719) 687-4460

[Teller County Public Health & Environment](#) - (719) 687-6416

[Safeway Pharmacy #1578](#) - (719) 686-1836

Washington County

[Northeast Colorado Health Department Akron](#) - (970) 345-6562

Weld County

[Associates In Family Medicine Windsor Urgent Care & Clinic](#) - (970) 686-0124

[Banner Health Clinic Summit View](#) - (970) 810-2500

[Banner Health Clinic Windsor](#) - (970) 686-5646

[Dale's Pharmacy](#) - (303) 857-6266

[Family Walk-In Clinic](#) - (970) 584-2100

[Good Day Pharmacy](#) - (970) 576-3178

[King Soopers Pharmacy #11](#) - (970) 339-1717

[King Soopers Pharmacy #32](#) - (970) 353-9780

[King Soopers Pharmacy #104](#) - (970) 674-2840

King Soopers Pharmacy #105 - (303) 682-4170
King Soopers Pharmacy #117 - (970) 392-4150
North Colorado Medical Center - (970) 810-4121
Safeway Pharmacy #1045 - (303) 857-6380
Safeway Pharmacy #1791 - (970) 674-1188
Safeway Pharmacy #1828 - (303) 833-2813
Safeway Pharmacy #2666 - (970) 330-9962
Safeway Pharmacy #2918 - (970) 351-8650
Salud Family Health Center Fort Lupton - (303) 697-2583
Salud Family Health Center Longmont - (303) 697-2583
Sunrise Monfort Family Clinic - (970) 353-9403
UCHealth Greeley Hospital - (970) 652-2000
Weld County Department of Public Health - (970) 304-6410

Yuma County

Northeast Colorado Health Department Yuma - (970) 867-4918
Wray Community District Hospital - (970) 332-4811
Yuma District Hospital - (970) 848-5405