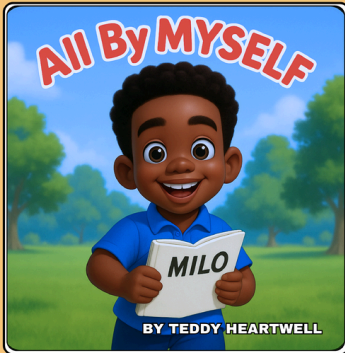




PAPER TRAILS PUBLISHING

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# PRESS KIT



## All By Myself

**Author:** Teddy Heartwell

**Genre:** Children's Picture Book

**Audience:** Early Readers (Ages 3–6)

**Publisher:** Paper Trails Publishing

**Publication Date:** July 8, 2025

**Format:** Hardcover & eBook

**Page Count:** 32

**ISBN**

**Hardcover:** 979-8-9990599-0-1

**eBook:** 979-8-9990599-1-8

## Inside This Courageous Tale

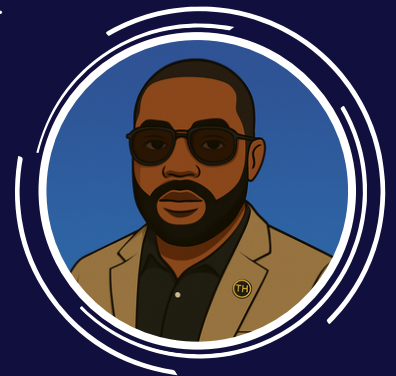
*All By Myself* is a heartwarming picture book that **champions independence** with every page. Through gentle storytelling and vibrant illustrations, this **empowering read** helps young children *celebrate the tiny "I did it!" moments* that shape big confidence.

Perfect for story time at home, in classrooms, or as a gift for young children learning to do things on their own, this book **reassures readers** that *bravery doesn't always look loud*—and that **every small step forward is worth celebrating**.

Themes of courage, self-esteem, and emotional growth make *All By Myself* a meaningful addition to any early learning library.

## Meet the Author

Teddy Heartwell writes quiet, heartfelt stories that celebrate the beauty in everyday moments. With a deep love for poetry and a passion for meaningful storytelling, Teddy's work is rooted in compassion and connection—offering young readers *stories that uplift, inspire, and gently empower*. In *All By Myself*, Teddy invites children to **trust their own growth** and reminds caregivers that **independence blossoms when nurtured with love**.



## At the Heart of It All

- **Builds confidence** in early readers by celebrating small, independent victories
- **Reinforces emotional security** through affirming language and gentle narration
- *Perfect read aloud* for parents, teachers, and caregivers supporting growing independence
- Aligns with early learning standards in SEL (social-emotional learning) and character development

## First Reactions, Lasting Impressions

"This book captures how young children truly learn—through repetition, encouragement, and heart. The tone is just right, and the illustrations elevate every word."

— Retired Elementary School Teacher

Press Contact \_\_\_\_\_

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