



# PLAY

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# WHAT IS PLAY?

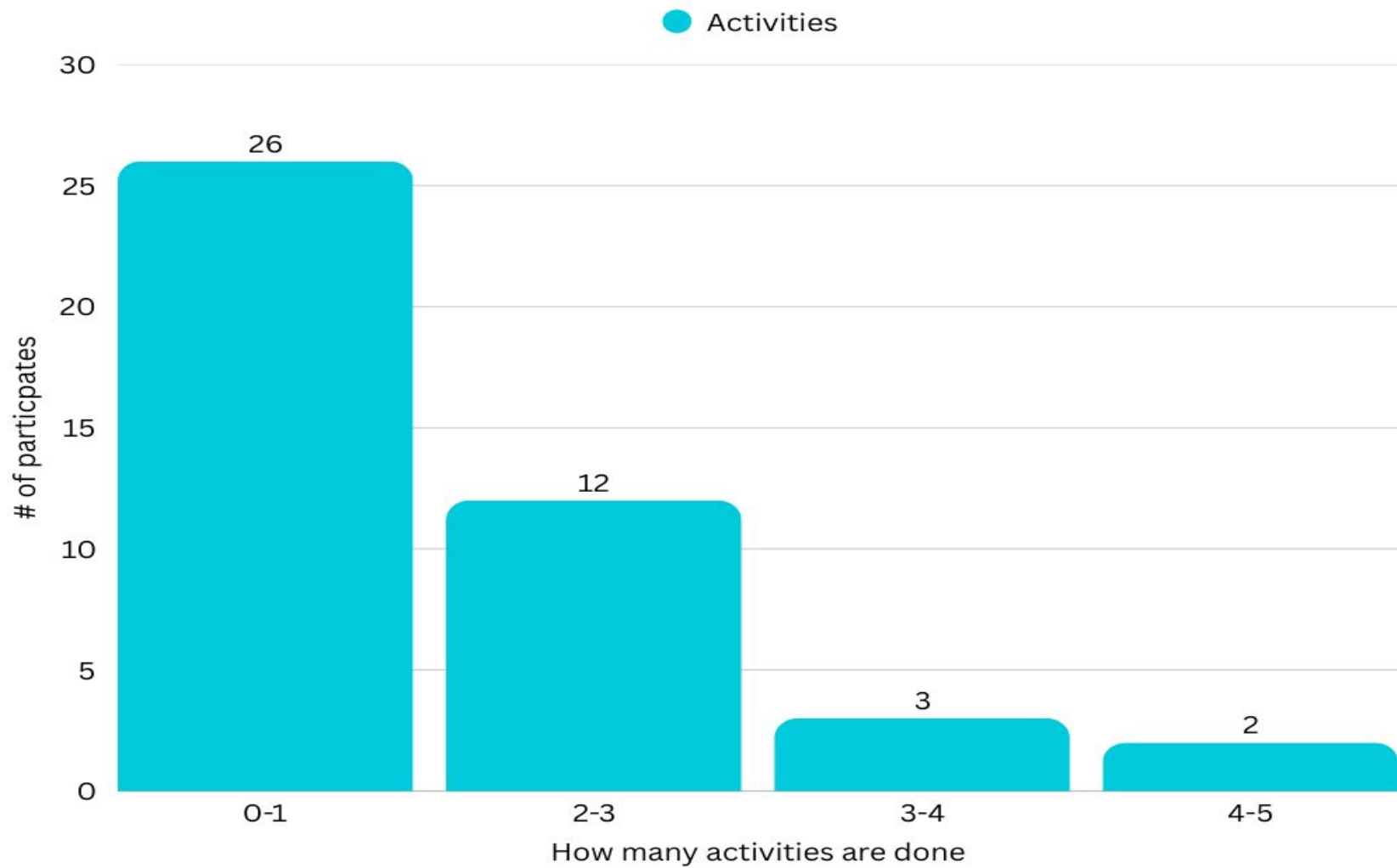
discuss



## Play: To engage in activity for enjoyment

Can mean a lot of different things

- 
- Gardening
  - Playing a instrument
  - Playing music/ dancing
  - Bringing different memories from hearing the word play
  - Exercising
  - Board games



## PARTICIPATES WHO CONTINUE TO PLAY



participants who reported  
that they still continue their  
childhood activities



Participants who  
reported a new  
activity





# Quotes from you about Play!!

- "Attend High School Sporting Events"
- "Interacting With Young People"
- "Walking & Games & Reading"
- "Word Games and Puzzles"
- "Grocery Shopping, Talking To Strangers"
- "Playing the recorder(musical instrument), bicycling, hiking, gardening"
- "Laughing s With Friends, Made Up Games With Friends"
- "CWP, Play Poker With Guy Friends"
- "Talking or Playing With My Grandchildren"
- "Playing With My Dog"
- "Dancing To Music"

## Quotes from you about Play!!

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Poker With  
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**“Talking or  
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“Playing With My Dog”



"Dancing To Music"

“Playing the recorder(musical instrument), bicycling, hiking, gardening”

**"Laughing s With  
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Games With Friends"**

“Word Games and Puzzles”

## “Walking & Games & Reading”

“Interacting  
With Young  
People”

“Grocery Shopping, Talking To Strangers”

