

## CONFIDENTIAL CLIENT INFORMATION FORM

### CHILD'S / TEENAGER'S INFORMATION

Date: \_\_\_\_\_ Referred by:  Internet  Friend  Radio  Magazine/Newspaper Ad  Other:

Full Name: \_\_\_\_\_ Sex:  Male  Female

Name you prefer: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Employer: \_\_\_\_\_ Length of Employment: \_\_\_\_\_

Occupation: \_\_\_\_\_ Special Training: \_\_\_\_\_

Highest Level of School Completed:  9  10  11  12  GED College:  1  2  3  4  Other: \_

### CONTACT INFORMATION

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ May we send mail here:  Yes  No

Home Phone: (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ May we leave a message here:  Yes  No

Cell Phone: (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ May we leave a message here:  Yes  No

Email Address: \_\_\_\_\_ May we send a message here:  Yes  No

### REASONS FOR COUNSELING AND GOALS

What do you hope to gain or change by coming for counseling? \_\_\_\_\_

### LEVEL OF DISTRESS

Indicate how distressed you are by circling on the scale below (*1= Very Little Distress; 10=Extreme Distress*):

1 2 3 4 5 6 7 8 9 10

Are you currently experiencing any suicidal thoughts?  Yes  No. Have you had them in the past?  Yes  No Have you ever attempted suicide?  Yes  No. If yes, when & how? \_\_\_\_\_

Do you have any current thoughts of suicide?  Yes  No If yes, please explain: \_\_\_\_\_

**PREVIOUS COUNSELING**

Please list any previous counseling, psychiatric treatment, or residential/in-patient care you have received:

| Location | Therapist | Dates | Reason |
|----------|-----------|-------|--------|
|          |           |       |        |
|          |           |       |        |
|          |           |       |        |

**CURRENT STATUS**

Please check any of the following physiological symptoms that apply to you presently or in the recent past.

How has your weight changed in the last 2-3 months? (If so, how?)

Please check any of the following problems that apply to you and/or your family.

|                  |                                     |                      |                                     |                    |                                     |
|------------------|-------------------------------------|----------------------|-------------------------------------|--------------------|-------------------------------------|
| Abortion         | You <input type="checkbox"/> Family | Eating Problems      | You <input type="checkbox"/> Family | Trouble with Job   | You <input type="checkbox"/> Family |
| Ambition         | You <input type="checkbox"/> Family | Being a Parent       | You <input type="checkbox"/> Family | Disaster           | You <input type="checkbox"/> Family |
| Anxiety          | You <input type="checkbox"/> Family | Depression           | You <input type="checkbox"/> Family | Terminal Illness   | You <input type="checkbox"/> Family |
| Bad Dreams       | You <input type="checkbox"/> Family | Unwanted Thoughts    | You <input type="checkbox"/> Family | Impulsive Behavior | You <input type="checkbox"/> Family |
| Career Choices   | You <input type="checkbox"/> Family | Children             | You <input type="checkbox"/> Family | Recent Loss        | You <input type="checkbox"/> Family |
| Communication    | You <input type="checkbox"/> Family | Verbal Abuse         | You <input type="checkbox"/> Family | Anger              | You <input type="checkbox"/> Family |
| Concentration    | You <input type="checkbox"/> Family | Memory               | You <input type="checkbox"/> Family | Self-Control       | You <input type="checkbox"/> Family |
| Grief            | You <input type="checkbox"/> Family | Alcoholism           | You <input type="checkbox"/> Family | Fears              | You <input type="checkbox"/> Family |
| Hopelessness     | You <input type="checkbox"/> Family | Loneliness           | You <input type="checkbox"/> Family | Friends            | You <input type="checkbox"/> Family |
| Making Decisions | You <input type="checkbox"/> Family | Finances             | You <input type="checkbox"/> Family | Other              | You <input type="checkbox"/> Family |
| Marriage         | You <input type="checkbox"/> Family | Emotional Abuse      | You <input type="checkbox"/> Family | Temper             | You <input type="checkbox"/> Family |
| Nervousness      | You <input type="checkbox"/> Family | Unhappiness          | You <input type="checkbox"/> Family | Apathy             | You <input type="checkbox"/> Family |
| Physical Abuse   | You <input type="checkbox"/> Family | Sexual Abuse         | You <input type="checkbox"/> Family | Aggressiveness     | You <input type="checkbox"/> Family |
| Pregnancy        | You <input type="checkbox"/> Family | Trauma               | You <input type="checkbox"/> Family | Alcohol Use        | You <input type="checkbox"/> Family |
| Racing Thoughts  | You <input type="checkbox"/> Family | Loss of Control      | You <input type="checkbox"/> Family | Compulsivity       | You <input type="checkbox"/> Family |
| Recent Death     | You <input type="checkbox"/> Family | Inferiority Feelings | You <input type="checkbox"/> Family | Shyness            | You <input type="checkbox"/> Family |
| Sexual Problems  | You <input type="checkbox"/> Family | Legal Matters        | You <input type="checkbox"/> Family | Drug Use           | You <input type="checkbox"/> Family |
| Stress           | You <input type="checkbox"/> Family | Panic                | You <input type="checkbox"/> Family | Guilt              | You <input type="checkbox"/> Family |

**PERSONAL STRENGTHS**

Please list three things that you are proud of:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Please list three personal strengths:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**RELATIONAL INFORMATION**

Current Marital Status:  Single     Engaged     Married     Separated     Divorced     Widowed

Are you content with your current status?  Yes  No.    If no, briefly explain: \_\_\_\_\_

If married, how long? \_\_\_\_\_ Number of previous marriages for you: \_\_\_\_\_ For spouse: \_\_\_\_\_

If separated or divorced, how long? \_\_\_\_\_ If widowed, how long? \_\_\_\_\_

Do you have a personal support system?  Yes  No. If yes, who? \_\_\_\_\_

Please list family members and other household members (continue on back if necessary):

| Name: | In home or Out of home? | Age: | Gender: | Relationship: |
|-------|-------------------------|------|---------|---------------|
|       |                         |      |         |               |
|       |                         |      |         |               |
|       |                         |      |         |               |
|       |                         |      |         |               |
|       |                         |      |         |               |
|       |                         |      |         |               |
|       |                         |      |         |               |

**MEDICAL INFORMATION**

Primary Physician: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone number: \_\_\_\_\_ Fax number: \_\_\_\_\_

Are you currently receiving medical treatment?  Yes  No. If yes, please specify:

List all current medications you are taking, including those you seldom use or take only as needed.

| Medication | Dosage | Purpose for Medication |
|------------|--------|------------------------|
|            |        |                        |
|            |        |                        |
|            |        |                        |

Are you taking these medication(s) according to your doctor’s recommendations.  Yes  No. If no, briefly explain: List significant conditions, illnesses, surgeries, hospitalizations, traumas, or treatments you’ve had. \_\_\_\_\_

**VOLUNTARY MEDICAL RELEASE OF INFORMATION**

I authorize Nona Damore, LLC to release and or obtain medication records and relevant medical information from *(Doctor’s name and Office name)* \_\_\_\_\_

for the purpose of providing continuity of quality mental health services.

*I understand that I do not have to sign this authorization and my refusal to sign will not affect my ability to obtain treatment.*

*I understand that I may revoke this authorization at any time by written request to Nona Damore, LLC / Damore Therapy.*

Print Name: \_\_\_\_\_ Date: \_\_\_\_\_

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**TRAUMA/ABUSE HISTORY**

Have you ever experienced a severe trauma?  Yes  No  Maybe. If yes or maybe, please explain:

Have you ever been physically or sexually abused?  Yes  No  Maybe. If yes or maybe, please explain:

Have you ever been emotionally or mentally abused?  Yes  No  Maybe. If yes or maybe, please explain:

**SUBSTANCE USE**

Do you currently use or have you previously used: *(Please Check all that apply)*

|                           | Current | Past |                                    | Current | Past |                                    | Current | Past |
|---------------------------|---------|------|------------------------------------|---------|------|------------------------------------|---------|------|
| Beer                      |         |      | Hallucinogens/Acid/<br>Ecstasy/etc |         |      | Amphetamines/<br>Speed/Meth/etc    |         |      |
| Wine                      |         |      | Inhalant/Huffing/<br>Whippets/etc  |         |      | Cocaine/<br>Crack/etc              |         |      |
| Liquor                    |         |      | Phencyclidine/<br>Mushrooms/etc    |         |      | Opioids/<br>Heroin/Opium           |         |      |
| Marijuana/Pot/<br>Has/etc |         |      | Sedatives/<br>Valium/etc           |         |      | Over the Counter/<br>Prescriptions |         |      |

Are you a recovering alcoholic or recovering drug addict?  Yes  No. If yes, please specify:

**RELIGIOUS/SPIRITUAL INFORMATION**

Is Faith, Religion or Spirituality important to you?  Yes  No  Maybe. If yes or maybe, please explain: \_\_\_\_\_

Would you like to include prayer as part of your counseling experience?  Yes  No

The fee is paid at the time of service. If you fail to show for a scheduled appointment or do not call to cancel 24 hours before a scheduled appointment (386-246-7934), we ask that you pay the full amount of the agreed upon fee.

The standard fixed rate for assessments for any third party (Court System, Lawyers, etc.) will be \$80 per hour.

**TERMS OF SERVICE**

*I understand that it is customary to pay for professional services when rendered. I accept full responsibility for payment of any balance incurred for services. I further understand that without 24-hour notice of cancellation, I will be charged the full fee for professional service.*

**PAYMENT**

*All accounts are requested to have a credit card on file to reserve appointments. This information will be kept confidential and will only be used to process payments at your request or to bill for late cancellations and missed appointments.*

Credit Card Number: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Type of Card:  AMEX  VISA  MC Code on the back of card: \_\_\_\_\_

Name on card: \_\_\_\_\_ Billing Zip Code: \_\_\_\_\_

Billing Address: (Same as above  Yes) \_\_\_\_\_

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Therapist Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**CLIENT RIGHTS AND RESPONSIBILITIES**

Nona Damore, LLC is committed to providing service to you, the client, without regard to race, sex, color, religion, handicapping condition, national origin, or ability to pay in a manner appropriate to your need.

**AS A CLIENT YOU HAVE THE RIGHT TO:**

**INDIVIDUAL DIGNITY**, to be treated in a respectful and confidential manner.

**QUALITY SERVICES**, suited to your needs, administered skillfully, safely, humanely, with full respect for your dignity and personal integrity, and in accordance with all statutory and regulatory requirements.

**WITHDRAW YOUR CONSENT** for any specific activity.

**CONFIDENTIALITY OF CLIENT RECORDS**, Nona Damore, LLC / Damore Therapy has the obligation to obtain your written consent prior to any exchange of confidential information. There are a few exceptions to confidentiality listed below: If you present a danger to yourself or others, we are legally, ethically and morally required to protect the safety of threatened persons. If abuse or neglect of a child, elder or disabled person is known or suspected, we are required by law to report it to the Florida Abuse Hotline. If Nona Damore, LLC / Damore Therapy receives a court order for client records, deposition or court testimony, we are required to comply. We are also required to report attendance compliance by court ordered clients. In the event that group or family services are provided, it is acknowledged that Nona Damore, LLC / Damore Therapy cannot be held responsible for a breach of confidentiality on the part of a family member.

**AS A CLIENT YOUR RESPONSIBILITIES INCLUDE:**

Appointments: Regular attendance is very important to ensure progress with the concerns and issues that have been presented. If there is an emergency and you need to cancel or reschedule an appointment, please call as soon as you know.

Participation: Your honest and accurate reporting of dilemmas and concerns is vital to your progress. To the best of your ability you must be open and honest in your sessions. Safety: It is important that you and your children exercise appropriate caution, control and safe behavior on the premises. Termination: Services may be discontinued for repeatedly missed appointments, if you come to appointments intoxicated and/or under the influence of substances, or if you show evidence of inappropriate behavior. Transfer Plan:

Files/Records are the responsibility of your therapist and Nona Damore, LLC / Damore Therapy. If your therapist leaves Nona Damore, LLC / Damore Therapy, your files will stay with Nona Damore, LLC / Damore Therapy.

**THERAPY INFORMED CONSENT**

SERVICES: We provide many different types of therapy and counseling. Counseling services can vary in length depending on the collaborative effort between therapist and client. The goals for counseling are developed with the therapist and are based on the client's needs and concerns, and are reviewed on a regular basis to monitor progress. Our counseling services are voluntary. If the client has court documentation for counseling a copy of this documentation must be provided by the next counseling session. *When bringing children for counseling services, the adult providing transportation is required to stay on the premises during the session.*

STAFF: Nona Damore is a Licensed Mental Health Counselor #12185.

FEES: Counseling session fees are based on the client's agreed upon rate, set at the first counseling session. All fees are due at the beginning of each session.

TERMINATION: The client is expected to inform the therapist if the client plans to discontinue counseling for any reason. If a client fails to show up or cancels three consecutive appointments, their file will be closed. Counselors may have to discontinue therapy if the client is currently involved in domestic violence, substance abuse, or has shown violent or threatening behavior. The client may be given a referral to other more appropriate services for issues of substance abuse, violence, or severe mental health issues.

BENEFITS/RISKS: The majority of individuals and families that obtain counseling, benefit from the process. Self-exploration, gaining insight, exploring options, for dealing with problem behavior, learning new skills, or venting difficult feelings and experiences are generally quite useful. But, some risks do exist. As counseling is begun some individuals experience unwanted feelings. Examining ones life can produce unhappiness, anger, guilt or frustration. These unwanted feelings are a natural part of the psychotherapeutic process and often provide the basis for change. Also, sometimes a decision that is positive for one family member will be viewed quite negatively by another.

QUESTIONS: Do not hesitate to discuss counseling goals, procedures, concerns, or your impression of services provided. If there is something you do not understand, please ask for a clarification.

**I have read and understand the nature and limits of therapeutic services provided by Nona Damore, LLC.**

Client: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Counselor/Therapist: \_\_\_\_\_ Date: \_\_\_\_\_

IF PARENTS ARE SEPARATED OR DIVORCED, THE PARENT INITIATING TREATMENT IS RESPONSIBLE FOR CONTACTING THE NON-INITIATING PARENT WITH FULL CONTACT INFORMATION OF THE COUNSELOR

Signature \_\_\_\_\_ Date \_\_\_\_\_