



Student and Parent Handbook
2022-23



MDP Collective Handbook

Welcome to MDP Collective!

Move. Dance (and experience) Pilates with Maya Devi Pingle and other experienced instructors. This handbook will better prepare parents and students for enrollment, and a successful dance season at MDP!

*Please review this with your child, as the purpose of this program is to empower students with skills, responsibility and confidence. Their process will not be as successful without your attentiveness and support. **The registration link is attached at the end of this handbook.***

WHAT TO KNOW BEFORE REGISTRATION:

Location: Aspen Academy, 5859 South University Blvd Greenwood Village, CO 80121

Entrance/Parking: Please enter at University blvd OR Orchard blvd. Park on the west side of the building, facing Curtis Park.

Start Date of Studio classes: Tuesday, September 14, 2022

Last Date of Studio classes: Wednesday, April 19, 2022

Holiday Showcase: Wednesday, December 14th, Time TBA

End of the year Performance Concert: All students enrolled may participate for a separate fee. Mandatory rehearsals during classes on 18,19. Mandatory dress rehearsals on 21,22 with the Dance Concert on Sunday, April 23rd. *This performance is not mandatory for enrollment, but is the culmination of the year and an important piece of this program and each dancer's growth.*

Calendar: Dates listed above, Holidays, and additional days off are listed on the calendar in "parent information" on the website and the google calendar [here](#). Studio closures, breaks and holidays reflect Aspen Academy/Littleton Public Schools calendar. Spring break is 2 weeks this year and Winter Break is 3 weeks, to accommodate the majority of schools.

Covid: I cannot predict State and Federal Mandates on COVID. I can only give students the most productive way of moving and plan to do so with safety and without fear. Masks are currently optional.



Class information, Schedule, Pricing and Uniform requirements are listed below.

****Registration Fee is due at the time of enrollment.***

****Registration fee is \$35/per person, max \$100 per family.***

****Monthly payments will occur on the 1st of the month, beginning September 1st-April 1st.***

****Session 1 Fees- Boogie Bugs and Hip Hop pay full tuition on September 1st.***

****Sibling discount is 10% off higher tuition pricing.***

****Partial Scholarships are available. Reach out before August 15th.***

Cancellation Policy: Families are committing through their class obligation, but emailed written notice starting on December 1st to cancel with 30 days advanced notice (January 1st) is accepted to unenroll from the program and discontinue your financial obligation. NO refunds will be provided otherwise.

Boogie Bugs N' Fairy Tails

Ages 4-5 (prek-Kindergarten)

No dance experience necessary. Potty trained.

This performance style class is a 45 minute creative movement experience that teaches ballet technique with a more creative and playful approach, using story and expression to find self awareness, confidence and the skills it takes to BE a Boogie Bug. Class will include a variety of dance and music styles, with a showcase performance December 14th and April 23rd. Each lesson will focus on Ballet, Musical Theater, Jazz and Hip Hop and is designed for all genders. This class will run all year as 2 separate enrollment sessions. The April dance concert is open to students enrolled in session 2 and is a separate fee.

3:45-4:30 pm WEDNESDAYS

Session 1: 10 weeks October 5th-December 14th (no class November 23rd)

\$270 with yearly registration fee

Session 2: 13 weeks January 11th-April 23rd Performance (sign up in December/Session 1 students have priority/April 21st WEEKEND performance and costume fee are separate)

\$85/monthly with yearly registration fee if newly enrolled

DRESS CODE: *Hair must be away from the face, pulled back.*

- Suggested: Footed or transition tights, with same color ballet shoes, or bare feet; Leotard, tutu, leggings/shirt . *Aspen students on Wednesdays will come directly from school.
- Dancers choice: Simple costume, ballet leotard/skirt/tutu or tshirt and leggings in any color. Most children have a set dance outfit they like to wear. Performance in April will require uniformed tights and shoes.
- Required for performance: Pink or skin toned tights with Pink or skin toned leather ballet shoes /boys traditionally wear Black tights with Black leather ballet shoes/tshirt.

My Story Ballet

Ages 4-7 (Kindergarten-2nd grades)

No dance experience necessary.

An enlightening approach towards traditional ballet and a student's individualism. Classes will focus on ballet basics for creating and developing a student's own voice, rhythm, movement, and confidence in the free dance formula of our class. This class is the transition from Boogie Bugs N' Fairy Tails into structured dance classes, as well as The Ballet Bodhi performing group. Students will learn age appropriate material, skills, dance genres, with deep focus on improvisation. Students may participate in the April 23rd dance concert at an additional fee.

3:45-4:30 pm Wednesdays

\$85/monthly September-April with yearly registration fee

DRESS CODE: *Hair must be pulled away from face, and tied into a bun. Short hair with headband.*

- Required for performance: Pink tights with Pink leather ballet shoes /boys traditionally wear Black tights with Black leather ballet shoes.
- Suggested: Tights, with same color ballet shoes, bare feet Leotard, tutu, leggings/shirt *Aspen students on Wednesdays will come directly from school.

Technique ONE

Ages 6-9 (1st-3rd grades)

No ballet experience necessary, but helpful. This is a structured class with a uniform and dress code.

Classes will focus on ballet basics for creating and developing a student's own rhythm, movement, and confidence. They will be introduced to the floor ballet barre as well as traditional ballet barre. Technical skills and more diverse dance styles will be introduced, with some focus on improvisation with these useful skills. Students may participate in the April 23rd dance concert at an additional fee.

4:15-5:00 pm Tuesdays

\$89/monthly October 4th-April 23rd with yearly registration fee

DRESS CODE:

- *Transition convertible pink or skin toned tights*
- *Light pink leotard any style*
- *leather skin toned split soled ballet shoes*

HAIR:

- *hair pulled back off face in hair bun(s) or french twist.*

Technique TWO

Ages 9-13 (4th--8th grades)

2 years dance experience, or previous private lessons.

An enlightening approach to traditional ballet with more focus on mental, physical and performing strengths. Students will increase their knowledge, skills and strengths this year with more attention to proper placement in the body, extension of the legs, shaping of the feet and upper body positions. Memorization and repetition will be emphasized with more challenging classroom sequences and skills. Students will participate in the April 23rd dance concert for an additional fee.

5:30-6:25 pm Wednesdays

\$89/monthly September-May with a yearly registration fee

DRESS CODE:

- *Transition pink or skin toned tights*
- *Any solid color leotard any style, leather skin toned split soled ballet shoes.*

HAIR:

- *hair pulled back off of face in hair bun(s) or french twist.*

Jazz Technique

Ages 7-11 (2nd-6th grades, some exceptions)

Some dance experience is helpful.

This stylized dance class will teach the fundamentals of Jazz technique, focusing on isolations, transitions, turns, balance, jumping skills and dance combinations that will be learned throughout the year. The April dance concert is an additional fee.

4:30- 5:30pm Wednesdays

\$89/monthly with yearly registration fee

DRESS CODE: Hair pulled off face, ponytail is acceptable.

- Black Jazz shoes split sole, slip on.
- Any dance attire, but has black transition tights and black leotard for presentations.

Hip Hop and Conditioning

Ages 8-13 (3th-8th grade)

No dance experience necessary.

This is an all level and gender class.

Learn a hip hop structured class that is sure to condition and work you out! Each week, students will progress with a warm up and set dance routine while finding more body awareness, rhythm, coordination, and stage presence for an informal performance on WEDNESDAY, December 14th!

3:30-4:15 pm Fridays

Session 1: 10 weeks September 9th-December 9th (no 9/23,10/7,10/28,11/18,11/25)

\$270 total with yearly registration fee

DRESS CODE: Clean sneakers, covered knees for floor work. No zippers, buttons that may injure others.

THINK! Dance

Ages 10-14 (5th-8th grade)

Some dance experience is helpful.

This is an all level and gender class.

This class will encourage and inspire math concepts with a student's creative brain and body, through the discovery of one's own choreographic story. Students will begin the process with an introduction to improvisation and dive into self and group reflection through informal dance presentations, based on their interests. The instructor will guide the design of a piece used in the December showcase/April concert,

4:15-5:15 pm Tuesdays

\$89/monthly with yearly registration fee

September 13- April 23rd



REFUNDS and EXPECTATIONS

REFUND POLICY

- *Registration fees are non-refundable after 7 days following registration. Registration/supply fee payment is due at the time of registration.*
- *April Performance Fee will be released at a later date for students committing January-April 23rd. This will include costume, rehearsal, theater, and choreography costs. There are no refunds.*
- *The monthly tuition is subject to a refund within 8 days of the student's **first class**. After that time, no refunds will be given for a prior payment.*
- *Withdrawals will be accepted for the cancellation of monthly tuition **starting January 1**, if you notify Maya Pingle via **email by December 1**. At that time, there is a 30 day notification for withdrawal of student and tuition fee obligation.*
- *Withdrawals or suspension from the payment plan due to injury/sickness will only be allowed at the discretion of Maya Pingle and with an accompanying doctor's note.*

ATTENDANCE

- *Students who do not attend class on a regular basis will quickly fall behind and not build the necessary skills, strength, choreography and confidence to function with a positive, balanced experience. It is highly suggested that a student commits to attending each class for the best experience.*
- *When your child is absent or planning to be absent, I will expect you to notify me with as much advanced time as possible, via the parent portal or email at thepilatesbodhi@gmail.com or call me at 303-681-7030.*
- *If a student has more than 4 absences a semester, please expect that it may affect their performing opportunities, as well as their progression in class.*
- ****End of the year performance- STUDENTS MUST ATTEND CLASSES SCHEDULED AND ALL REHEARSALS in April. IF MISSED, THIS MAY RESULT IN NOT PERFORMING FOR THE CONCERT.***
- *The calendar is listed on the website www.mayadevipingle.com and [HERE](#). Check for dates that we have no class.*
- *Make up classes can be an option dependent on level. Email for inquiries. Tuition has been prorated based on how many classes given and then the cost is split into the months a student is in session.*

DRESS CODE

- **Specific dancewear can be purchased at this [link](#) for Discount Dance Supply online or can be tried on in person and purchased at Dance Xtreme in Greenwood Village. Mention MDP and your child's level for assistance with dancewear .**
- *The required dress code will be a costume for the December concert, so choose one that your child loves.*
- *The Black leotard for The Ballet Bodhi is camisole style for costume changes during shows.*
- *"Theme" outfit days occur throughout the school year. You will receive notification, though your child will be responsible for remembering this information from class.*
- *If your child does not have her leotard for a particular class, please wear a black leotard or best option.*
- **Jewelry:** No necklaces, rings, bracelets and hanging earrings for class/performances. You may be asked to remove any jewelry for the safety of yourself and other dancers.
- **Nails:** Short and natural color, no nail jewelry or colored polish for performances.
- **Tattoos:** No visible tattoos including temporary ink for performances.

HAIR

- *Please have your child's hair pulled back away from her face and neatly in a bun of any height.*
- **TECHNIQUE ONE AND TWO- since some of the class is laying on their backs, a high bun, very low or side bun(s) work.*
- *If your child's hair is short, use a headband that keeps all hair off of face, hair clips, side buns, or hair gel. Prepare for the end of April concert by growing hair to make an easier time for yourself.*

ENTERING AND EXITING THE BUILDING

- **More information on this to come for drop off and pick up policies.**
- *If a dancer is late, it is the responsibility of the dancer, not parent, to get ready quickly and acknowledge the teacher with words and eye contact that does not disrupt the other students.*
- *Dancers will **always** wear street clothing or a cover up OVER their dance wear when entering and exiting the building. This is mandatory. Dancers will not wear their dance shoes outside of the studio.*

ILLNESS/INJURY

- *To the best of their ability, an injured student is expected to attend, participate in or observe class and rehearsals. This is an important part of learning and life skills.*
- *Please discuss any injuries/sickness with your instructor prior to each class or rehearsal.*
- *Please check in with your child on the way to dance and monitor health on your own. Students may always wear a mask for precaution.*

INCLEMENT WEATHER POLICY

- *Ms. Pingle will cancel classes due to inclement weather when conditions are deemed unsafe to travel and Aspen Academy is closed. Please note that while every attempt will be made to follow Littleton Public Schools, afternoon/evening classes may still run as scheduled if travel is deemed safe.*
- *Notices will be emailed to all families through the Parent Portal.*
- *Please attend at your own comfort level but sometimes this is a great way for the students to work out some extra energy.*

CLASS OBSERVATION POLICY

- *There will not be observation classes this year but instead an informal studio holiday performance on Wednesday, December 14th (time tba) and the end of the year concert April 23rd.*
- *You are more than welcome to videotape and take pictures of your child during the informal holiday performance. Students are able to present their best work that they have prepared for and are proud of.*
- *For the benefit of your child and their instruction, please do not watch or film class from the windows near the studios if parents are invited into the building. This is disruptive to the students as well as the instructor. Please respect your student's time in class.*

END OF THE YEAR PERFORMANCE

The end of the year dance concert is scheduled for April 23rd. All tech, costume and dress rehearsals are MANDATORY in order to perform and will be on April 21 after 4 pm, and all day on the 22nd, though your younger child will not be in attendance the entire time.

[REGISTRATION LINK](#)

If you have any other questions or concerns after reading this handbook, please reach out to mdp@mdpcollective.com or call 303-681-7030.