



The Rewind with Jo Shannon

Classic Hits. Deep Cuts. And the stories behind the music.

Show Overview

The Rewind with Jo Shannon is a weekly one-hour classic rock radio program blending iconic hits, deep album cuts, and compelling artist backstories. Each episode delivers personality-driven storytelling that brings rock history to life while keeping the music front and center.

Host

Jo Shannon is a seasoned broadcaster with a deep passion for classic rock and radio storytelling. With credibility, warmth, and authority, Jo connects generations of listeners through timeless music and engaging presentation. Jo co-hosted a Michigan Assoc. of Broadcasters award-winning morning show for over a decade and worked in terrestrial radio for 20 years.

Musical Focus

Late 1960s–1980s classic rock • AOR • Deep cuts and fan favorites. Featured artists include AC/DC, The Rolling Stones, Pink Floyd, Journey, Boston, Heart, Deep Purple, Bob Seger, and more.

Audience

Adults 35+ • Core classic rock fans • Listeners who value depth and authenticity

Broadcast Info

Sunday at 4:00 PM ET	91.7 FM The Curve (Jasper, IN)
Sunday at 7:00 PM CT	102.7 FM KPGZ (Kearney, MO)
Sunday at 11:00 AM MT	88.7 FM Ridgeline Radio (Red Feather Lakes, CO)
Sunday at 10:00 AM PT	93.7 FM KZFX The Super Rock (Ridgecrest, CA)
Thursday at 3:00 PM ET	100.3 FM Radio Nova 100 (Dublin, Ireland)

Numerous online stations in the U.S., U.K, Canada and Australia.

Availability

Available for syndication free of barter or cost to terrestrial AM/FM/HD/DAB radio stations, online streaming stations, and weekend specialty programming.

The 60:00 program is provided in three segments: 20:00, 19:00 and 15:00. This allows for 6:00 of local availability for commercials, promos, news, weather etc.

Segment ID's are the same each week for seamless automation and are as follows.

- Segment 1 Rewind H1S1 20:00
- Segment 2 Rewind H1S2 19:00
- Segment 3 Rewind H1S3 15:00

Files are uploaded to The Rewind Dropbox folder on Thursday before 5:00 PM ET. A link to the folder will be provided to you.

Each week, you will be supplied with three mp3 audio cuts as noted above, three CUE files (same file names as the individual audio segments) for metadata tagging and a program log via The Rewind Dropbox. A weekly email is also sent out when all files have been uploaded to Dropbox.

Audio Specs

The Rewind is produced in a home studio with the following specifications and equipment.

- Sample Rate: 48000Hz stereo, 32 bit
- Format: mp3 320 Kbps CBR
- Metadata: Show information and logo are tagged to each cut. Song metadata is provided weekly via CUE sheet which can be downloaded from The Rewind Dropbox folder at the same time as the show mp3 files
- Microphone: Shure SM7B
- Vocal Processor: Aphex Channel
- DAW: Adobe Audition

Contact

Programming & Syndication Inquiries Email: contact@joshannon.com • Phone: 517.662.0803 • joshannon.com

Links

The Rewind website: [The Rewind radio show](#)

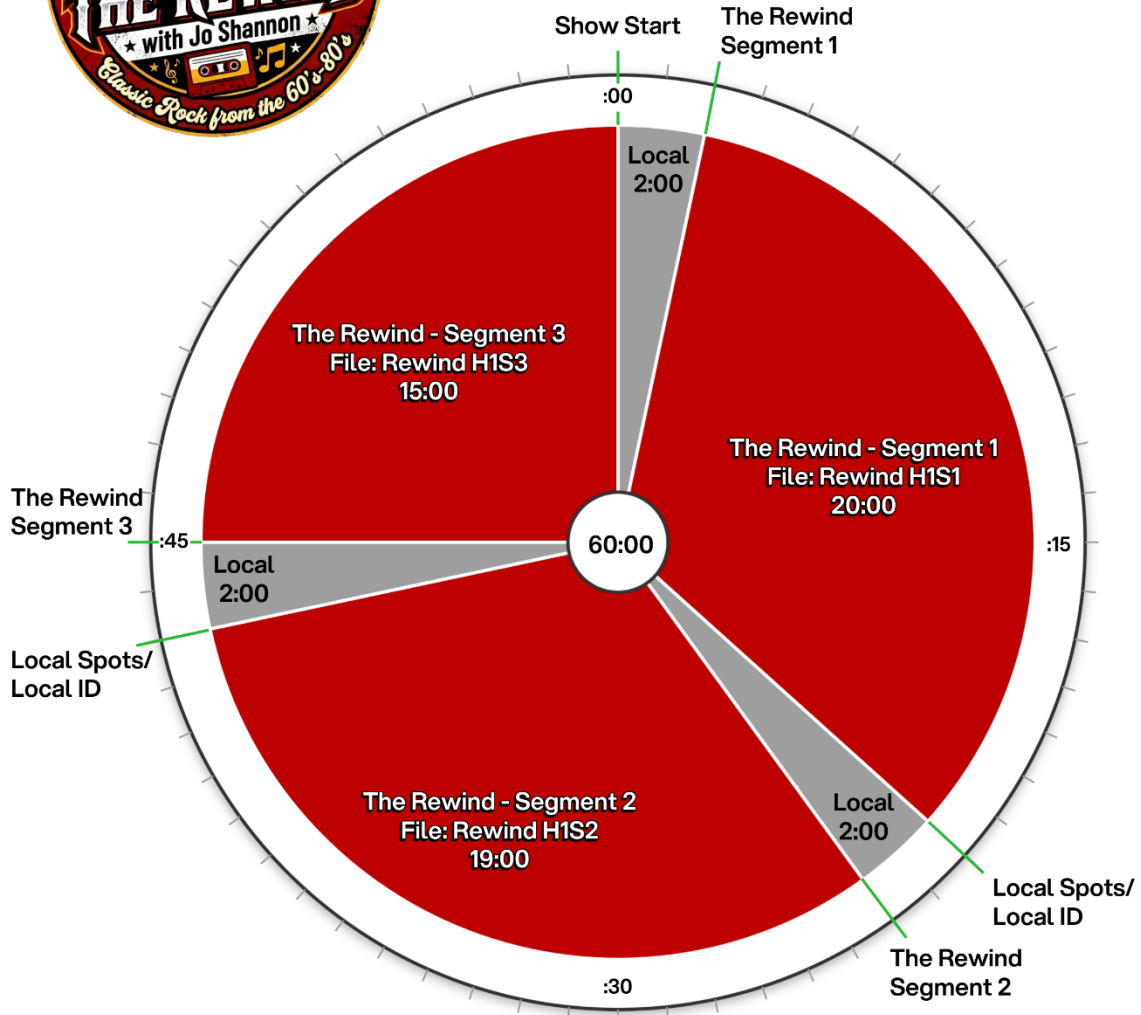
Audio/Sample shows: [The Rewind Show Archive](#)

Socials: <https://www.facebook.com/profile.php?id=61584979000813>



Program Clock

March, 2026



Local	Exact times of local breaks/ID's are flexible depending on your programming.
The Rewind	Each weekly edition of The Rewind guarantees you 6:00 of local availabilities for a total program time of 60:00.

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Program Log – *The Rewind with Jo Shannon*

Air dates: 3/30/26–4/5/26

The Rewind Run Time: 54:00

Local Availabilities: 6:00

TOTAL RUN TIME: 60:00

Segment 1 File: REWIND H1S1

Segment Run Time: 20:00

Huey Lewis & The News	<i>Do You Believe In Love</i>	3:29
The Hooters	<i>Day By Day</i>	3:22
Warren Zevon	<i>Lawyers, Guns and Money</i>	3:30
The Edgar Winter Group	<i>Frankenstein</i>	4:44
The Golliwogs	<i>Fight Fire</i>	2:32

Segment 2 File: REWIND H1S2

Segment Run Time: 19:00

Blondie	<i>One Way Or Another</i>	3:37
Tesla	<i>Little Suzi</i>	4:57
Europe	<i>Carrie</i>	4:32
The Byrds	<i>Eight Miles High</i>	3:34

Segment 3 File: REWIND H1S3

Segment Run Time: 15:00

Aerosmith	<i>Toys In The Attic</i>	3:05
AC/DC	<i>Problem Child</i>	5:25
The Rolling Stones	<i>Gimme Shelter</i>	4:30

If you have any questions or issues, please contact Jo.

Email: contact@joshannon.com

Text: +1 517-662-0803



Several variations of the logo—white, black, red and transparent backgrounds—can be found in The Rewind Dropbox folder. You're encouraged to use them on your website and socials to help promote the show.