

Epi's

CULINARY



Happy Independence Day!!

Here are a few good tips to keep family and friends safe when serving food on the 4th of July!



Serving

When eating outdoors or for a special occasion, it's easy to forget about some of the regular food safety steps we take when serving a meal. The following are some tips for serving food safely on the Fourth of July: Always wash your

hands thoroughly before preparing, handling, serving and eating food.

Bring clean water for food preparation and cleaning if you will be camping.

Serve food on clean plates or surfaces – don't reuse any plates that touched raw meats, unwashed vegetables, etc.

Provide clean napkins or cloths to wipe hands on during and after the meal.

Keep cooked foods warm until serving by placing them in a warm oven, on the side of the grill rack or on a plate covered tightly with aluminum foil.

Keep refrigerated foods cool until everyone is ready to eat.

Wash plates, utensils and other dishes soon after the meal has finished.

Special holidays like the Fourth of July often mean eating outdoors, in hot weather or in unusual situations like at a campground. Be sure to plan ahead so that you have the proper supplies and storage options available to you to ensure that all food is preparedly safely.

Sources:

United States Department of Agriculture

Food Safety Inspection Service

The Baltimore Sun

Patriotic Popcorn

Ingredients

10 Cups of Popped
Popcorn

3 tbsp. Butter (Sweet
Cream, Salted)

3 cups Mini
Marshmallows

Red and Blue Regular M&M's

Red and Blue Pretzel M&M's

Instructions

Pop 10 cups of popcorn and salt liberally and place in a large bowl.

Melt 3 tablespoons of butter in a medium sauce pan. Once the butter is melted, add 3 cups of mini marshmallows. Stir until the marshmallows are melted. Turn off the heat as soon as the last marshmallow has melted.

Pour 3/4 of the marshmallow mixture over the popcorn in the bowl and then gently fold the popcorn with a spoon until most of the kernels are covered in mixture.

Pour the marshmallow popcorn onto a prepared cookie sheet.

Drizzle the remaining marshmallow mixture over the popcorn on the cookie sheet.

Sprinkle the candy and Mini Marshmallows over the popcorn.

Allow the popcorn to cool. Break apart into pieces and serve. Ingredients

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RESOURCE: <https://www.twosisterscrafting.com/patriotic-popcorn/>



July Food Holidays

July 1: National Gingersnap Day

July 2: National Anisette Day

July 3: National Chocolate Wafer Day

July 4: National BBQ Day

July 5: National Apple

Turnover Day

July 6: National Fried Chicken Day

July 7: National Strawberry Sundae Day

July 8: National Chocolate with Almonds Day

July 9: National Sugar Cookie Day

July 10: National Pina Colada Day

July 11: National Blueberry Muffin Day

July 12: National Pecan Pie Day

July 13: National French Fry Day

July 14: National Grand Marnier Day

July 15: National Gummy Worm Day

July 16: National Ice Cream Day

July 17: National Peach Ice cream Day

July 18: International Caviar Day

July 19: National Daiquiri Day

July 20: National Lollipop Day

July 21: National Junk Food Day

July 22: National Penuche Day

July 23: Official Hot Dog Day

July 24: National Tequila Day

July 25: National Hot Fudge Sundae Day

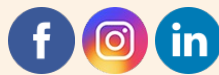
July 26: National Coffee Milkshake Day

July 27: National Scotch Day

July 28: National Hamburger Day

July 29: National Lasagna Day
July 30: National Cheesecake Day
July 31: National Cotton Candy Day

RESOURCE: <https://foodimentary.com/june-holidays/>



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