

Coastal Nutrition

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Ph: 617.410.882

Checklist of Questions to ask insurance: Out-of-Network

Call member services (located on the back of your insurance card)

1) Ask if you have out-of-network benefits for nutritional counseling, also known as Medical Nutrition Therapy, CPT codes 97802 & 97803?

2) Do I have any nutrition counseling benefits covered for my specific health conditions (state condition)?

**If yes, move to next question...

** If not, Do I have any nutrition counseling benefits covered under the preventative care portion of my plan? (ICD-10 code Z71.3)

3) Is a doctor's referral required? (If so, your PCP office will need to call your insurance company to submit the referral and obtain an authorization number).

Your doctor's office will need the following "NPI" number to process the referral:

Andrea Szebeni: NPI#: 1871875112. (Coastal Nutrition is the company name if needed)

4) Is there a limit on the number of visits allowed?

5) Are telehealth visits covered? (if applicable)

6) Do I have a deductible to meet before insurance pays for these out-of-network services? If so, how much?

7) Do I have a co-pay or co-insurance I have to pay for these out-of-network services? If so, how much?

8) What address can I send Superbills or billing statements to?

9) What is your name?

10) What is the reference number for this call?

Be sure you are clear about everything that was discussed before completing the call.

Once the authorization is processed your doctor's office will then send the authorization to andrea@coastal-nutrition.com