



INTEGRATIVE BODYWORKS LLC

Thank you for your trust and patience during this unsettled period. The **Colorado Department of Regulatory Agencies (DORA)**, **The State of Colorado** and **The Center for Disease Control (CDC)** have set forth these guidelines for the protection of client/patients and practitioners during this time of the COVID pandemic.

Please be aware and prepared for the following newer and recently updated protocols to keep the spread of COVID-19 contained while we begin to see patients.

Arriving: We ask that you stay in your vehicle while until your appointment time.

Mandatory Masks: Everyone is required to wear a masks for the duration of time you are here. If you do not have a mask, I will have them available for \$5.00.

Only Clients: Please do not bring any companions into the office unless the clients is under the age of 18, they will need to be accompanied by an adult. If you come with a companion we kindly ask that they stay in the vehicle.

Screening: Once you have notified me that you have arrived, please step back and I will come out and take your temperature while you are outside. If your temperature register over 99 degrees, you will need to reschedule your appointment.

Entry: Before entering the home please spray your shoe with Lemon Zip Disinfectant and use as the sanitizer pump bottle that will be located outside. Upon entry, place your shoes in the plastic bin that will be provided to you.

Clean Hands: Upon arrival, you will be asked to wash your hands.

Contactless Payment: By the guidelines set forth by **DORA**, we are ask to accept contactless payment. You can prepay for your session through the website www.ibdenver.com. Go to the "Contact Us" page and scroll to the bottom where you will find 60 and 90 minutes sessions payment options.

Everyones Protection: If you have had any COVID-19 symptoms, have been sick with a cold, flu within the last 14 days, have traveled outside of the country, or have been around anyone who has contracted COVID-19 you will need to reschedule your appointment.

Signed Consent/Liability Waiver: Sign your COVID-19 waiver stating you voluntarily receive services. Available on the “Contact Us” page of the website.

Common Symptoms:

- Cough
- Shortness of breath or difficulty breathing
- Fever
- Chills
- Muscle pain
- Sore throat
- New loss of taste or smell

Safety Precautions:

- All surfaces in treatment room, bathroom, door knobs and at the entryway be thoroughly cleaned and sanitized between each patient in accordance with recommendations of the **DORA** and the **CDC**.
- In-office infection control measures are readily available for our patients such as alcohol-based hand sanitizers, tissues, hand soap and closed waste receptacles.
- Sheets and blankets will be changed after each client and face cradle covers will be fully sanitized.
- A touch-less soap dispenser is now available in the bathroom.
- Bottles of water will still be available upon request, refills on water bottles will no longer be available.
- Please limit the amount of items you bring with you to your appointment.
- Signed consent/Liability Waiver: Sign your COVID-19 waiver stating you voluntarily receive services. Available on the “Contact Us” page of the website.

