



NEWS RELEASE

Abbeyfield Seniors' Celebrate National Volunteer Week

April 16, 2021

(CALEDON) - National Volunteer Week (April 18-24) is a time to recognize the dedicated volunteers we have in Peel Region. This year's theme, *The Value of One, the Power of Many*, highlights the impact individuals working together can have in our community, and at non-profit organizations like Abbeyfield seniors' residences.

"Volunteers were vital to the creation of Abbeyfield Caledon and continue to play an essential role today," said Gerry Merkley, member of the Board of Directors. "In turn, supporting the residents of Abbeyfield gives our volunteers a tremendous amount of personal satisfaction. It's truly a win-win."

Abbeyfield homes are non-profit residences for seniors that provide affordable accommodation, good nutrition, and companionship. Each Abbeyfield location around the world follows a similar housing model that relies on local volunteers. In Ontario there are currently four Abbeyfield houses ([Caledon](#), [Durham](#), [Ottawa](#) and [Toronto](#)) and more are in development ([Lakefield](#)).

"I started volunteering with Abbeyfield Caledon because I love the idea of different housing options for seniors," said Alison Bambury, a volunteer at Abbeyfield. "I keep donating my time to support the people who live at Abbeyfield, and because I believe we need more places like this in our community."

Volunteers at Abbeyfield provide support in many ways including minor repairs and maintenance, photography, party planning, social media support, public relations, financial oversight, fundraising and so much more. Anyone interested in volunteering is encouraged to reach out online at abbeyfieldcaledon.org or by calling 905-860-0181.

#VolunteersBringChange

#NVW2021

Abbeyfield Caledon

905-860-0181

abbeyfieldcaledon.org