

# INSIGHT LABS SCHEDULE



MAGNET LABS



DEC 12 9.00-9.30AM EST	<b>Collaborative Creativity -</b> Learn how to utilize tools from Improv to unlock higher level thinking.
DEC 17 12:30-1:00 PM EST	<b>Increase Agility w/a Personal Energy Review</b> Map tasks to your natural energy curve to optimize performance and outcomes.
JAN 9 9.30-10 AM EST	<b>Decision Detox</b> Tap your active decisions, then slash clutter using a simple but powerful filter: impact, reversibility, and cost.
JAN 16 9.30-10AM EST	<b>Micro Compassion in Action</b> Leave with three upgraded micro-moments a - immediate connection tools you can use tomorrow.
JAN 23 9.30-10AM EST	<b>Empathy Echo</b> Great leaders hear the need beneath the noise. Learn new tips on how to master this skill.
FEB 1 9:30- 10AM EST	<b>Purposeful Leadership</b> Choose one value that matters most and run a current decision through a simple Filter: Does this expand or dilute my value?

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