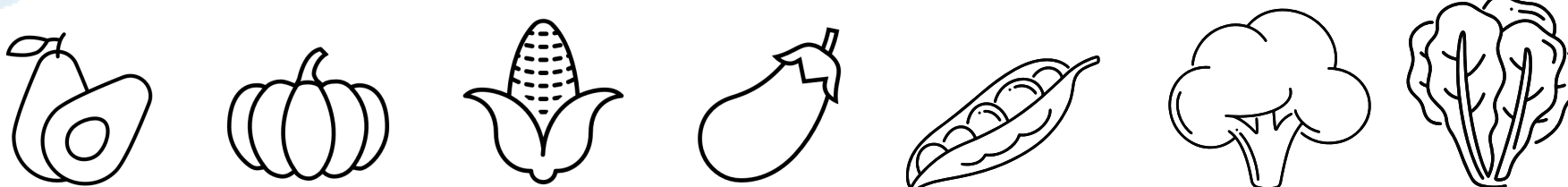


Eating the 5 Food Groups

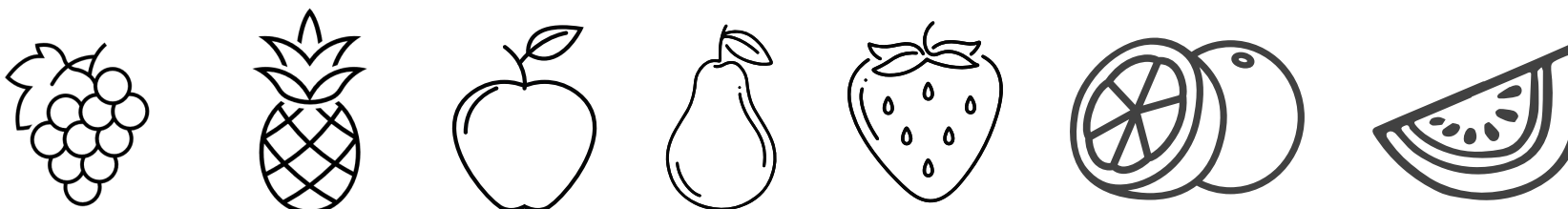


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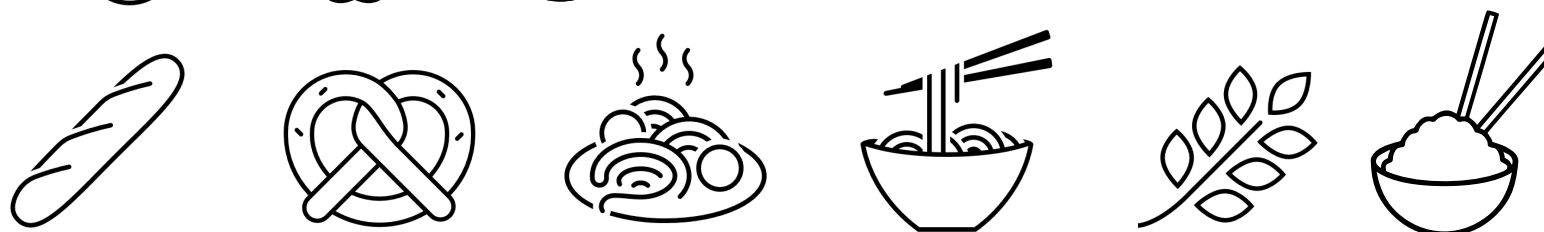
Vegetables



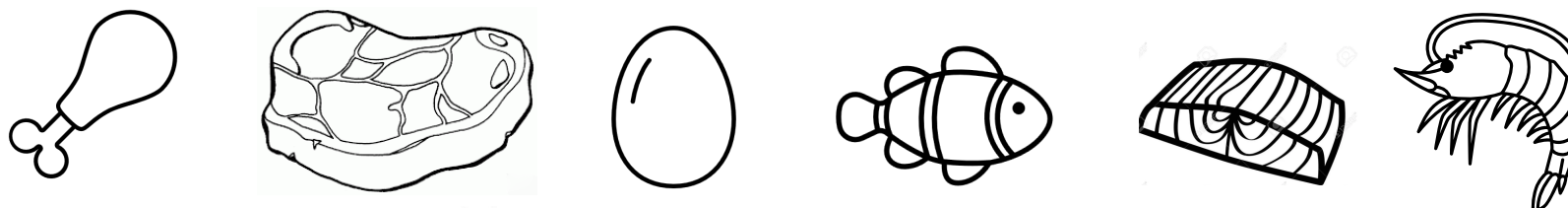
Fruit



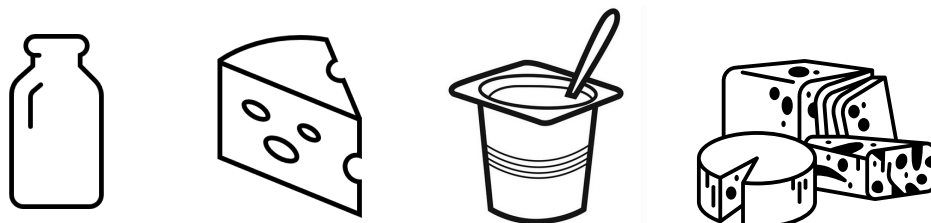
Breads & Cereals



Meat, Eggs, Fish



Dairy



Colour the foods in each food group!