

RN, MSN, Pregnancy Coach Doula & International Board-Certified Lactation Consultant

## **Postpartum Support**

Let me start by thanking you for seeking help & for believing in specialist support!

Check below to know more about how I can help.

How I can be there for you both while being physically present but also virtually!

## Face to Face (depending on location)

One postpartum consultation 70\$
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Payment is done after the consultation.

## **Virtual support (Over Zoom)**

One postpartum consultation	50\$
Group pumping session (For when you are 4 weeks postpartum)	35\$

Payment is done in USD through Western Union OMT In Lebanon, under the name of "Cynthia Rizkallah" Abroad, you will have to get in touch with me for a name to send to!

## Please note that

Duration of the session is one hour (except for the pumping group session which takes one hour and a half to 2 hours)

Don't hesitate to reach out if you have questions or need further clarification,

Lots of Love!