

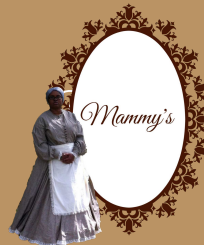
Take a selfie

Let your personality
shine!

Learn a
family craft,
skill or
recipe

Take a photo
with an object

Pose with a book,
toy, or something
else that defines you!



*Documenting your
family history in
5 easy steps*



Spend time with
your elders

Document what you
learned

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Get a diary
Write in it daily.
Share your thoughts