

How to use the 2025 - 2026 High School Weekly Goal Setting Planner

What is it?

The 2025 - 2026 High School Weekly Goal Setting Planner (the High School GS Planner) was designed for high school students. The High School GS Planner is a combination of a goal setting guide and a weekly planner. It includes a Graduation Requirement Worksheet, a Student Self-Assessment Worksheet, a monthly calendar, a weekly planner and a Student Career Guide.

Students should use the Graduation Requirement Worksheet to help them successfully complete the requirements to graduate. Students should use the Student Self-Assessment Worksheet to help them set goals they want to achieve and maximize their high school experience. Students can use the weekly planner to organize their daily activities and manage their time efficiently. Students can use the Student Career Guide to help them prepare for job interviews.

Purpose:

The High School GS Planner was designed to help students maximize their high school experience, be a guide for students to use to meet the requirements to graduate on time, and manage their busy schedule efficiently. Students who use the High School GS Planner will be able to balance their schoolwork, extracurricular activities at school, chores at home and any part-time job they have one. Students are encouraged to discuss their goals and activities with their parents, Guidance Counselors or mentor in order to maximize their outcome.

How to use it:

The High School GS Planner is easy to use! Students should use it everyday to achieve their goals and maximize their outcome.

- ❖ *Graduation Requirement Worksheet:* Use the Graduation Requirement Worksheet as a guide to successfully complete the requirements for graduating.
- ❖ *Student Self-Assessment Worksheet:* Use the Student Self-Assessment Worksheet to set goals you want to achieve during the school year and throughout high school.
- ❖ *Monthly Calendar:* Use the monthly calendar to prioritize your monthly activities by tracking the due dates for your papers or exams.
- ❖ *Weekly planner:* Use the weekly planner to prioritize your daily activities and manage your time effectively. The weekly planner was designed to fit each day (Monday – Sunday) on the same page, which makes it easier for you to see and make your schedule for the week.
- ❖ *Student Career Guide:* The Student Career Guide provides valuable information on how to dress for an interview and how to write a resume, a cover letter and a thank you letter.

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Successful goal planning = writing down your goal + implementing your goal + reviewing your goal

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(2/08), St. Patrick's Day (3/17), March/Spring Equinox (3/20), Eid al-Fitr (3/20), Palm Sunday (3/29)

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April's Fool Day (4/01), Passover begins (4/02), Good Friday (4/03), Easter (4/05), Passover ends (4/09), Tax Day (4/15), Emancipation Day (4/16), Earth Day (4/22), Arbor Day (4/24)

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Independence Day (7/04), [Nelson Mandela Day](#) (7/18)

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HIGH SCHOOL ASSESSMENT QUESTIONNAIRE

The following questions will assess how well you are doing in high school. You should work on these questions with your parent(s), teachers or Guidance Counselor.

1. Are you adjusting well to High School? Yes/No _____ Explain: _____

2. What classes are your favorite? _____

3. What classes are your least favorite? _____

4. What were your grades last year? List your classes and the grade in each class.

Classes	Teacher	Grade Received

5. Are you happy with your grades? Yes/No ____ Explain: _____

6. Do you have any goals you want to achieve? Write down 3 goals you want to achieve: _____

7. Do you have plans to go to college? Yes/No _____ Explain: _____

8. Do you have any college of interest? Yes/No ____ Write down the colleges you are interested in: _____

9. What would you like to do for your career? Explain: _____

10. Do you have any job or volunteer experience? Yes/No _____. If yes, what did you do? _____

11. Are you interested in getting a summer job? Yes/No ____ What would you like to do? _____

12. Do you have a resume? Yes/No _____. Do you know what a resume is? Yes/No _____ What is a resume? _____

13. Is there anything you would like to discuss regarding your plans for the upcoming school year? Yes/No _____. Use the space below to discuss anything you want to discuss with your parent(s)/guardian(s), Guidance Counselor or mentor.

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Achieving your goals require commitment and discipline!

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August 2025

Do not let your ego get in the way of progress

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3 – Friendship Day	4 – Barack Obama Day (Illinois)	5	6	7	8	9
10	11	12	12	14	15	16
17	18	19	20	21 – Senior Citizens Day	22	23
24 /31 – International Day of People of African Descent	25	26 – Women’s Equality Day	27	28	29	30

What is your goal for August? _____

How will you achieve your goal? _____

Achieving your goals require commitment and discipline!

August 2025

Do not let your ego get in the way of progress

I will be great this week because: _____

Friday's Task	08/01/2025	Saturday's Task	08/02/2025
1. _____ *		1. _____ *	
2. _____ *		2. _____ *	
3. _____ *		3. _____ *	
4. _____ *		4. _____ *	
5. _____ *		5. _____ *	
Feel Good Friday		Sensational Saturday	
Sunday's Task	08/03/2025	Did you know? Barack Hussein Obama was elected on November 4, 2008, as the first African-American President of the United States of America. He served as the 44 th President for two terms, from 2009 to 2017. Barack Obama Day is not a federal holiday. It is observed on his birthday, August 4, 1961.	
1. _____ *			
2. _____ *			
3. _____ *			
4. _____ *			
5. _____ *			
Satisfying Sunday			

August 2025

Do not let your ego get in the way of progress

I will be great this week because: _____

<p>Monday's Task 08/04/2025</p> <p>1. _____ *</p> <p>2. _____ *</p> <p>3. _____ *</p> <p>4. _____ *</p> <p>5. _____ *</p> <p>Purposeful Monday</p>	<p>Tuesday's Task 08/05/2025</p> <p>1. _____ *</p> <p>2. _____ *</p> <p>3. _____ *</p> <p>4. _____ *</p> <p>5. _____ *</p> <p>Tenacious Tuesday</p>
<p>Wednesday's Task 08/06/2025</p> <p>1. _____ *</p> <p>2. _____ *</p> <p>3. _____ *</p> <p>4. _____ *</p> <p>5. _____ *</p> <p>Breakthrough Wednesday</p>	<p>Thursday's Task 08/07/2025</p> <p>1. _____ *</p> <p>2. _____ *</p> <p>3. _____ *</p> <p>4. _____ *</p> <p>5. _____ *</p> <p>Thankful Thursday</p>
<p>Friday's Task 08/08/2025</p> <p>1. _____ *</p> <p>2. _____ *</p> <p>3. _____ *</p> <p>4. _____ *</p> <p>5. _____ *</p> <p>Feel Good Friday</p>	<p>Sat/Sun's Task 08/09/2025 – 08/10/2025</p> <p>1. _____ *</p> <p>2. _____ *</p> <p>3. _____ *</p> <p>4. _____ *</p> <p>5. _____ *</p> <p>Sensational Saturday Satisfying Sunday</p>

Achieving your goals require commitment and discipline!