

How to use the 2025 - 2026 Middle School Weekly Goal Setting Planner

What is it?

The 2025 - 2026 Middle School Weekly Goal Setting Planner is a combination of a goal setting guide and a weekly planner. The Middle School Weekly Goal Setting Planner consists of a Graduation Requirement Worksheet, a Student Self-Assessment Worksheet, a monthly calendar, and a weekly planner.

Students should use the Graduation Requirement Worksheet to help them successfully complete the requirements for graduating 8th grade. Students should use the Student Self-Assessment Worksheet to help them set goals they want to achieve and maximize their middle school experience. Students should use the weekly planner to organize their daily activities and manage their time efficiently.

The Middle School Weekly Goal Setting Planner is a good way for parents/guardian/teachers and guidance counselors to check on their children/students. Parents/guardian and teachers should use the planner to monitor their student's progress in school, track exams and homework assignments.

How to use it:

The Middle School Weekly Goal Setting Planner is easy to use! Students should use it everyday to achieve their goals and maximize their outcome.

- ❖ *Graduation Requirement Worksheet:* Use the Graduation Requirement Worksheet as a guide to successfully complete the requirements for graduating.
 - ❖ *Student Self-Assessment Worksheet:* Use the Student Self-Assessment Worksheet to set goals you want to achieve during the school year and throughout 8th Grade.
 - ❖ *Monthly Calendar:* Use the monthly calendar to prioritize your monthly activities by tracking the due dates for your papers or exams. Track important dates such as birthdays and anniversaries.
 - ❖ *Weekly Planner:* Use the weekly planner to prioritize your daily activities and manage your time effectively. The weekly planner was designed to fit each day (Monday – Sunday) on the same page, which makes it easier for you to see and make your schedule for the week.
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"You are never too young to have goals!"

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Fall 2025 Goal Setting Exercise

Fear is a mind killer. I will face my fears!

What grade do you expect to get in each of your class during the fall semester? Ask your parents and guidance counselor to help you set goals to achieve the grade you expect to get in each of your class during the fall semester.

Fall 2025 Grade Goal Setting Exercise

Fall Classes	Teacher's Name	1st Quarter Grade	2nd Quarter Grade	Final Grade

Important questions to consider:

1. What is your biggest challenge going into this semester of middle school?

2. Who can you discuss your challenges with? _____

3. What is the most important thing to you as you enter this year of middle school?

August 2025

Do Not Let Your Ego Get in The Way of Achieving Your Goals!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3 – Friendship Day	4 – Barack Obama Day (Illinois)	5	6	7	8	9
10	11	12	12	14	15	16
17	18	19	20	21 – Senior Citizens Day	22	23
24 /31 – International Day of People of African Descent	25	26 – Women’s Equality Day	27	28	29	30

What is your goal for August? _____

How will you achieve your goal? _____

August 2025

Do Not Let Your Ego Get in The Way of Achieving Your Goals!

I will be great this week because: _____

Friday's Task 08/01/2025 1. _____ * 2. _____ * 3. _____ * 4. _____ * 5. _____ * Feel Good Friday	Saturday's Task 08/02/2025 1. _____ * 2. _____ * 3. _____ * 4. _____ * 5. _____ * Sensational Saturday
Sunday's Task 08/03/2025 1. _____ * 2. _____ * 3. _____ * 4. _____ * 5. _____ * Satisfying Sunday	<u>Did you know?</u> Barack Hussein Obama was elected on November 4, 2008, as the first African-American President of the United States of America. He served as the 44th President for two terms, from 2009 to 2017. Barack Obama Day is not a federal holiday. It is observed on his birthday, August 4, 1961.

August 2025

Do Not Let Your Ego Get in The Way of Achieving Your Goals!

I will be great this week because: _____

Monday's Task 08/04/2025 1. _____ * 2. _____ * 3. _____ * 4. _____ * 5. _____ * Purposeful Monday	Tuesday's Task 08/05/2025 1. _____ * 2. _____ * 3. _____ * 4. _____ * 5. _____ * Tenacious Tuesday
Wednesday's Task 08/06/2025 1. _____ * 2. _____ * 3. _____ * 4. _____ * 5. _____ * Breakthrough Wednesday	Thursday's Task 08/07/2025 1. _____ * 2. _____ * 3. _____ * 4. _____ * 5. _____ * Thankful Thursday
Friday's Task 08/08/2025 1. _____ * 2. _____ * 3. _____ * 4. _____ * 5. _____ * Feel Good Friday	Sat/Sun's Task 08/09/2025 – 08/10/2025 1. _____ * 2. _____ * 3. _____ * 4. _____ * 5. _____ * Sensational Saturday Satisfying Sunday