



## TREASURE WELLNESS COUNSELING AND TRAINING CENTER

ADMINISTRATIVE OFFICE: 2176 E. FRANKLIN ROAD, SUITE 100

MERIDIAN, ID 83642

208-515-7661

WWW.TREASUREWELLNESS.COM

### **Practicum and Internship Program Description**

Treasure Wellness Counseling and Training Center (TWCTC) serves as a training site for graduate students in marriage and family counseling/therapy, mental health counseling, and clinical counseling. These trainees practice under close supervision of the Clinical Supervision team.

We have a multitude of interns from local and online universities at any one time. Interns are graduate students in the final stages of preparation for a Master's Degree in the counseling field. Interns are supervised by our Clinical Supervisors as well as faculty from their respective universities. Participating universities include but are not limited to: Northwest Nazarene University, Idaho State University, Boise State University, Capella University, Liberty University, NorthCentral University, and University of the Cumberlands.

TWCTC will work to assist students in development and refinement of clinical and professional skills necessary to function as a competent and ethical entry level counselor. We will assist students in integrating the knowledge of "self" with the professional identity in order to become an effective instrument of change. We will work to increase the student's awareness and appreciation of individual and group differences, as well as to develop sensitivity to issues of culture, age, gender, religion, and other areas of human diversity.

TWCTC interns have the opportunity to provide counseling to individuals, couples, families, and groups from a variety of backgrounds and cultures. Interns will have their own case load as well as the opportunity to observe and participate with counseling professionals from a variety of theoretical orientations. Interns will be exposed to a minimum of three separate clinical supervisors with varying theoretical approaches.

TWCTC primary objectives are to educate, prepare, and empower students from all specialties who wish to embark in a career of private practice post-graduation and licensure. Our training program has a clearly defined curriculum for each developmental level as they move from practicum through internship. Interns who successfully complete the TWCTC internship program will leave with the knowledge, confidence, and ability to immediately begin practice as a private practitioner. All graduates from our TWCTC program will have their 1000 hours as required by Idaho state law and can apply for Idaho licensure upon completion. Meeting Idaho licensure requirements is a TWCTC standard for program participants. [Note: Some universities have different hour requirements for graduation or completion of programs.]

TWCTC's 16-month program is divided into four sections: Practicum, Internship I, Internship II, Internship III. Common tasks will be similar across all sections. Clinical supervisors may be changed section to section. During the course of the program each intern will have a minimum of two clinical supervision experiences. Intern progress is evaluated at the end of each section by the supervision team. Proceeding to the next section contract will be approved or declined based on performance or need.



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### **Practicum Students**

The Practicum Program is twelve to twenty hours a week of intensive experience in learning the basics of individual, couple, and family counseling. Practicum students observe staff and interns, co-counsel and take responsibility for appropriate cases with close supervision.

- ☐ Completion of hours required for practicum for licensure
  - A minimum of 100 and a maximum of 200 total hours
  - Minimum of 40% of total hours in direct client contact (as required by Idaho Law)
  - Minimum of 1/10 ratio supervision to total hours (as required by Idaho Law)
- ☐ Other requirements to be met for practicum program completion
  - Completion of orientation
  - Sign off on policy and procedure manual
  - Sign up for two weekly office hour shifts, three-hour segments
  - Shadow one group experience (support and/or psychoeducational) consistently over the course of the term
  - Shadow TWCTC Weekend Workshop
  - Shadow CE training offered by TWCTC professionals
  - Build individual case load to 4-6 weekly billable client hours
  - Participate in a minimum of one community marketing opportunity offered by TWCTC
  - Scheduled one hour weekly triadic supervision with onsite supervisor
  - Participation in scheduled weekly internship staffing
    - Includes one video case presentation, one intervention presentation, and one scholarly journal dissemination
  - Participation in scheduled monthly TWCTC staff meeting
  - Complete required paperwork for Idaho licensure



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### **Internship Students**

Our internship program is divided up into three internship sections. Each section has a minimum experience requirement to be completed. Also, each section (I, II, and III) has specific expectations to be met.

TWCTC internship program is twenty to thirty hours a week intensive experience of training in counseling, including individual, couple, family, and group therapy experiences. The internship program is ideal for individuals wishing to work in private practice, community mental health or faith-based related agencies.

- ☐ Completion of hours required for internship for licensure
  - A minimum of 800 and a maximum of 900 total hours
  - Minimum of 40% of total hours in direct client contact (as required by Idaho law)
  - Minimum of 1/20 ratio supervision to total hours (as required by Idaho law)
- ☐ Other requirements to be met for each Internship section
  - Sign up for two weekly office hour shifts, three-hour segments
  - Facilitate one group experience (support and/or psychoeducational) consistently over the course of the term
  - Facilitate at least one TWCTC Weekend Workshop
  - Build individual case load to 8-10 weekly billable client hours
  - Participate in a minimum of one community marketing opportunity offered by TWCTC
  - Scheduled one hour weekly triadic supervision with onsite supervisor
  - Participation in scheduled weekly internship staffing
    - Includes one video case presentation, one intervention presentation, and one scholarly journal dissemination
  - Participation in scheduled monthly TWCTC staff meeting
- ☐ Internship I specific requirements to be completed prior to moving on to Internship II
  - Attend TWCTC Ethics Training Workshop
  - Attend one Idaho Board of Licensure meeting
  - Complete required paperwork for Idaho licensure
- ☐ Internship II specific requirements to be completed prior to moving on to Internship III
  - Local, national, or international conference attendance
  - Collaboration with a counseling professional to present at a local, national, or international workshop or conference
  - Complete required paperwork for Idaho licensure
- ☐ Internship III specific requirements to be completed before completion of TWCTC program
  - Attend one Idaho Board of Licensure meeting
  - Training of new group facilitator for TWCTC groups
  - Attend TWCTC Private Practice 101 workshop
  - Complete required paperwork for Idaho licensure
  - Complete required paperwork for university graduation



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### **Supervision Structure**

- ☐ Triadic Supervision
  - Weekly scheduled hour session
    - Video/audio presentation
    - Case critique form
    - Hours review
    - File audit
    - Self-care check-in
    - Clinical file review
    - Questions and concerns
- ☐ Internship Staffing (Group Supervision)
  - Weekly scheduled session
    - Presentation or participation in a video case presentation,
    - Presentation or participation in an intervention presentation
    - Presentation or participation in a scholarly journal dissemination
- ☐ Supervisors are onsite during regular business hours for additional supervision as needed