



TREASURE WELLNESS COUNSELING AND TRAINING CENTER

ADMINISTRATIVE OFFICE

3006 E. GOLDSTONE DR., MERIDIAN, ID 83642

208-515-7661

WWW.TREASUREWELLNESS.COM

CLIENT INFORMATION

Please answer all information as completely as possible. Information will be managed as protected health information. If you need assistance, please ask. Your Counselor will review this information with you.

Client: _____ Date: _____
Last First

Address: _____
Street City State Zip

Home Phone: _____ Cell Phone: _____ Work Phone: _____

May we leave message: YES ☐ NO ☐

May we leave message: YES ☐ NO ☐

May we leave message: YES ☐ NO ☐

Appointment Reminders: YES ☐ NO ☐

Appointment Reminders: YES ☐ NO ☐

Appointment Reminders: YES ☐ NO ☐

Best Phone to Contact you at ☐ Home ☐ Cell ☐ Work Best Time: _____

Email Contact: _____ May we contact you by email: ☐ YES ☐ NO

Gender: _____ DOB: _____ Age: _____ Race/Culture: _____ Occupation: _____

EMERGENCY CONTACT: _____
Name Relationship Phone

MARITAL INFORMATION

☐ Single ☐ Living with Partner ☐ Married ☐ Separated ☐ Divorced ☐ Widowed Length of Time: _____

PRESENT FAMILY

Please identify the family you currently live with and nature of your relationship with each member. Including yourself, list the members of your current family from oldest to youngest. Use back if needed.

| Name | Relationship | Age | Currently this relationship is ... i.e. good, neutral, conflictual etc. |
|------|--------------|-----|---|
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |

How did you find me? ☐ Referral If so, Who? _____

☐ Web Search ☐ Psychology Today ☐ Website ☐ Other: _____



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HEALTH INFORMATION

Primary Care Physician: ☐ Y ☐ N Name: _____

Phone: _____

Date of Last Visit: _____

Primary Care Psychiatrist: ☐ Y ☐ N Name: _____

Phone: _____

Date of Last Visit: _____

Are you currently taking any medication or homeopathic? Y ☐ N ☐

| Name of Current Medication | Dosage | Frequency | Purpose | Prescribing Doctor |
|----------------------------|--------|-----------|---------|--------------------|
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |

HEALTH HISTORY

Please list past and current medical conditions (major illness/injuries/surgeries/etc.)

| What | When | Treatment |
|------|------|-----------|
| | | |
| | | |
| | | |
| | | |
| | | |

Are you in physical pain? Y ☐ N ☐ If yes, where? _____

What type of Pain do you experience? Dull ☐ Sharp ☐ Nagging ☐ Burning ☐ Other: _____

How long have you experienced this type of Pain? _____

Please rate your Pain today: 1 2 3 4 5 6 7 8 9 10 On a good day: _____ On a bad day: _____

SEXUALITY

What sexual issues would you like to discuss during treatment? _____

Have you ever been sexually and or physically abused? YES ☐ NO ☐

Have you witnessed or experienced any other trauma? YES ☐ NO ☐

If yes, please explain briefly: _____



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ALCOHOL / SUBSTANCE USAGE

Preferred Substance: ☐ Alcohol ☐ Tobacco ☐ Narcotics ☐ Prescription ☐ Other: _____

Date of last use: _____

Type and amount of usage: _____

Age usage began? _____ How often do you use/consume? _____

Have you ever had any legal problems related to your use/consumption? ☐ Yes ☐ No

Have you ever had any relationship problems related to your use/consumption? ☐ Yes ☐ No

Has your use/consumption ever become a problem? ☐ Yes ☐ No

INTERESTS/HOBBIES

Do you participate in any cultural activities related to your social or ethnical background? ☐ Yes ☐ No

Please list your hobbies or interests: _____

SPIRITUALITY

Do you practice a faith or religion? ☐ Yes ☐ No If so, please identify: _____

Would you like faith to be a part of treatment? ☐ Yes ☐ No

If Yes, please describe what this might look like? _____

TREATMENT EXPERIENCES

| | YES | NO | INPATIENT/ OUTPATIENT | WHEN | WAS IT HELPFUL? | | |
|--|-----|----|--------------------------|------|-----------------|------|----|
| Individual Counseling | | | | | YES | SOME | NO |
| Couples Counseling | | | | | YES | SOME | NO |
| Developmental Therapy/PSR | | | | | YES | SOME | NO |
| Psychiatric Services | | | | | YES | SOME | NO |
| Drug/Alcohol/Sexual Addiction Treatment | | | | | YES | SOME | NO |
| Self-Help Group | | | | | YES | SOME | NO |
| Hospitalization | | | | | YES | SOME | NO |

Have you or are you currently contemplating harming yourself? ☐ YES ☐ NO ☐ Past ☐ Present

Have you or are you currently contemplating ending your life? ☐ YES ☐ NO ☐ Past ☐ Present

Has anyone in your immediate family attempted or completed suicide? ☐ YES ☐ NO ☐ Past ☐ Present



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CURRENT CONCERNS

A. What brought you into treatment: _____

B. What are your expectations for treatment: _____

C. What is the one thing that you want me to know about you today: _____

PRESENTING PROBLEMS/FEELINGS/EXPERIENCES (Check all that apply)

- | | | |
|---|--|---|
| <input type="checkbox"/> Aggressive Behavior | <input type="checkbox"/> Headaches | <input type="checkbox"/> Restless |
| <input type="checkbox"/> Alcohol Abuse/Dependency | <input type="checkbox"/> Hearing Things | <input type="checkbox"/> Sadness |
| <input type="checkbox"/> Anger | <input type="checkbox"/> Hopeless | <input type="checkbox"/> School |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Impulsivity | <input type="checkbox"/> Seeing Things |
| <input type="checkbox"/> Change in Appetite | <input type="checkbox"/> Insomnia | <input type="checkbox"/> Self-Destructive Behavior |
| <input type="checkbox"/> Compulsions | <input type="checkbox"/> Intimacy | <input type="checkbox"/> Sex Compulsion/Dependency |
| <input type="checkbox"/> Cutting/Injuring | <input type="checkbox"/> Irritable | <input type="checkbox"/> Sexual Abuse |
| <input type="checkbox"/> Delusions/Hallucinations | <input type="checkbox"/> Life Decision | <input type="checkbox"/> Sexuality |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Loss of Pleasure | <input type="checkbox"/> Sleeping Too Little |
| <input type="checkbox"/> Easily Annoyed | <input type="checkbox"/> Mania | <input type="checkbox"/> Sleeping too much |
| <input type="checkbox"/> Easily Distracted | <input type="checkbox"/> Medical/Organic Condition | <input type="checkbox"/> Spirituality |
| <input type="checkbox"/> Eating Disorder | <input type="checkbox"/> Mood Instability | <input type="checkbox"/> Stomachaches |
| <input type="checkbox"/> Emotional Abuse | <input type="checkbox"/> Muscle Tension | <input type="checkbox"/> Stress |
| <input type="checkbox"/> Excessive Worry | <input type="checkbox"/> Pain | <input type="checkbox"/> Substance Abuse/Dependency |
| <input type="checkbox"/> Family Issues | <input type="checkbox"/> Panic | <input type="checkbox"/> Suicidal Ideation |
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Paranoia | <input type="checkbox"/> Tearful |
| <input type="checkbox"/> Fearful | <input type="checkbox"/> Parenting | <input type="checkbox"/> Trauma |
| <input type="checkbox"/> Financial | <input type="checkbox"/> Physical Abuse | <input type="checkbox"/> Uncertain |
| <input type="checkbox"/> Friendship | <input type="checkbox"/> Poor Concentration | <input type="checkbox"/> Work |
| <input type="checkbox"/> Grief/Loss | <input type="checkbox"/> Racing Thoughts | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Guilt/Worthlessness | <input type="checkbox"/> Relationships | _____ |

Please identify and rate the six feelings or experiences that are most troubling for you currently from most severe to least severe:

#1: _____ #2: _____ #3: _____

#4: _____ #5: _____ #6: _____

Approximately how long have these been bothering you? _____

Approximately how much distress do you believe these problems are causing in your life?

Mild (less than once a week) Moderate (1-2 times per week) Severe (4-5 times per week) Impairing (Daily)



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AGREEMENT TO PAY FOR PROFESSIONAL SERVICES

I request that _____ provide professional service to,
(Counselor Name)

☐ myself _____ ☐ and/or _____,

who is my _____.

- I agree to pay the counselors stated fees as listed in Informed Consent document and posted in the Treasure Wellness Counseling and Training Center Lobby.
- I agree that this financial relationship with this counselor will continue as long as the counselor provides services or until I inform him/her, in person or by certified mail that I wish to end this professional relationship.
- I agree to meet with my counselor at least once before stopping therapy.
- I agree to pay for service provided to me or stated client up until the time that I have fulfilled my financial responsibility.
- I agree that I am responsible for the charges of service provided by this counselor, although other persons or insurance companies may make payment on my or clients behalf.

Client/Guardian Signature

Relationship

Date

Client/Guardian Signature

Relationship

Date

I, the counselor, have discussed the issues above with the client and/or the person representing the client. My observations of the person's behavior and responses give me no reason to believe that this person is not fully competent to give informed and willing consent.

Counselor

Counselor Signature

Date

PAYMENT INFORMATION

Acceptable forms of payment: Cash, Check, Credit, and Debit

Please make checks payable to: Above listed counselor or as directed

For ongoing credit and debit payments:

Name as it appears on Card: _____ Amount of Payment: _____

Billing Zip Code: _____ Frequency of Payment: _____

Card#: _____ Expiration Date: _____ Security Code: _____



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INSURANCE RESPONSIBILITY and ASSIGNMENT OF BENEFITS

FINANCIAL RESPONSIBILITY

I understand that insurance billing is a service provided as a courtesy and that I am financially responsible to my providing counselor for any charges not covered by my health care benefits. It is my responsibility to notify my counselor of any change in my health care coverage. In some cases exact insurance benefits cannot be determined until the insurance company receives a claim. I understand that I am responsible for the entire balance of the bill.

INSURANCE INFORMATION (Client responsible for all charges not covered by insurance)

Client Name: _____ Date of Birth: _____

Primary Insurance: ☐ Y ☐ N CoPay: _____ Out of Pocket Payment: ☐ Y ☐ N

Primary Insurance Co: _____ Policy #: _____ Group #: _____

Primary Insurance Co. Phone #: _____

Policy Holder's Name: _____ Relationship to Client: _____

Policy Holder's Date of Birth: _____ Policy Holder's Phone#: _____

Policy Holder's Address: _____

Secondary Insurance: ☐ Y ☐ N CoPay: _____

Secondary Insurance Co: _____ Policy #: _____ Group #: _____

Secondary Insurance Co. Phone #: _____

Policy Holder's Name: _____ Relationship to Client: _____

Policy Holder's Date of Birth: _____ Policy Holder's Phone#: _____

Policy Holder's Address: _____

ASSIGNMENT AND RELEASE

I, the undersigned certify that I (or my dependent) if choosing to use my insurance benefits, assign directly to my providing counselor listed below all insurance benefits, if any, otherwise payable to me for services rendered. I understand that I am financially responsible for all charges whether or not paid by insurance. I also understand it is my responsibility to pay any deductible amount, co-insurance, or any other balances not paid by my insurance company or pay the full client fee if I have no insurance coverage. I authorize the release of necessary information to file said claim with my insurance or third party payer.

Client

Signature

Date

Parent/Guardian

Parent/Guardian Signature

Date

Counselor

Counselor Signature

Date



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CONSENT FOR TREATMENT AND ACKNOWLEDGMENT

I, hereby acknowledge that I have received, read and been given an opportunity to ask questions regarding the following Treasure Wellness Counseling and Training Center business documents. I understand that if I have any questions or concerns regarding these business documents, I may contact my clinician or the TWCTC office.

- ☐ Your Counselor's Informed Consent and Procedures
- ☐ Treasure Wellness Counseling and Training Center Informed Consent and Procedures
- ☐ Client Bill of Rights
- ☐ Agreement to Pay
- ☐ Cancellation/No Show Policy – May Be Subject to ½ Billable Rate
- ☐ Insurance Assignment of Benefits
- ☐ Emergency Procedures
- ☐ HIPAA-Notice of Privacy
- ☐ Authorization for Live Observation
- ☐ Authorization for Audio-Video Recording

I, voluntarily consent to the live observation of session by TWCTC Interns, Affiliates, Supervisors or Intern University Representative.

☐ YES ☐ NO

I, voluntarily consent to audio-video recording of sessions by TWCTC Interns, Affiliates, or Supervisors for educational training use.

☐ YES ☐ NO

I, voluntarily consent to participate in the intake, assessment and treatment process. I also acknowledge the following:

1. I have been given the opportunity for discussion of any concerns that I have regarding treatment.
2. I will be informed and take part in my treatment and goal planning.
3. I have been given no guarantee of treatment outcomes.
4. I have been informed of any and all fees associated with my treatment.
5. TWCTC will use and disclose personal health information for treatment and to receive payment for services provided.

Printed Name of Client

Signature of Client Date

Printed Name of Parent/Guardian

Signature of Parent/Guardian Date

Printed Name of Parent/Guardian

Signature of Parent/Guardian Date

Printed Name of Counselor

Signature of Counselor Date



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AUTHORIZATION FOR DISCLOSURE OF PROTECTED HEALTH INFORMATION

Date initiated: _____

Client's Name: _____
First Name Middle Name Last Name

Client's Date of Birth: _____

I, _____ authorize the release of my confidential protected health information, as described in my directions below. I understand that this authorization is voluntary, that the information to be disclosed is protected by law, and the use/disclosure is to conform to my directions. The information that is used and/or disclosed pursuant to this authorization may be re-disclosed by the recipient unless the recipient is covered by state laws that limit the use and/or disclosure of my confidential protected health information.

_____ Release To: _____ Obtain From: _____ Exchange With:

Name of Clinician, Office, Individual

Address

Phone

Fax

Information to be released:

- ☐ Authorization for Psychotherapy Notes
- ☐ Authorization for History/Intake
- ☐ Authorization for Diagnosis
- ☐ Authorization for Dates of Treatment/Attendance
- ☐ Other (describe information in detail): _____

The reason I am authorizing release is:

- ☐ Evaluation/Assessment and/or Coordinating Treatment Efforts
- ☐ Other (describe): _____

****This Authorization will expire 180 Days after initiated****

I understand, that I have the right to refuse the release of any protected health information. I may revoke my consent to release at any time except to the extent that the information has already been released.

Signature of Client: _____ Date: _____

Signature of Parent/Guardian: _____ Date: _____

Signature of Counselor: _____ Date: _____