

Parent Care Workshop

Assisted Living Tour Checklist: 20 Questions + Warning Signs

- 1. What level of care is included in the base rate?
- 2. What care services cost extra?
- 3. How is care adjusted if my parent's needs change?
- 4. What happens if my parent needs more care than you provide?
- 5. What is the staff-to-resident ratio by shift?
- 6. Are caregivers trained in dementia and mobility support?
- 7. What is the average length of staff employment?
- 8. How are medical emergencies handled?
- 9. Is a nurse on-site 24/7?
- 10. How do you communicate with families?
- 11. How often are care plans reviewed?
- 12. What happens if my parent refuses care?
- 13. Can I see the activity calendar and participation levels?
- 14. How do you handle special diets and food preferences?
- 15. May I see the kitchen and dining areas?
- 16. How do you prevent and respond to falls?
- 17. What is your medication management process?
- 18. How do you protect residents' personal property?
- 19. May I speak with another family here?
- 20. What is your discharge and transition policy?

Warning Signs to Watch For

- Strong odors or poor cleanliness.
- Residents appear disengaged or unattended.
- Staff avoid eye contact or seem rushed.
- Vague answers about care, costs, or staffing.
- Pressure to sign immediately.
- High staff turnover.
- Locked doors without explanation.

Disclaimer

The information in this guide is based on personal experience and general education only. I am not a medical, legal, or financial professional, and this content is not intended to replace professional advice. Always consult qualified healthcare, legal, and financial professionals for guidance specific to your situation.