

SENIOR TRANSPORTATION RESOURCE GUIDE

Helping Your Aging Parent Stay Independent

When an aging parent stops driving, transportation can quickly become a safety and isolation concern.

Here are 3 trusted resources to help you find options

AREA AGENCY ON AGING (AAA)

What it helps with:

- Local senior transportation programs
- Volunteer ride programs
- Aging services in your community
- Support resources for older adults

Find your local Area Agency on Aging:

<https://www.usaging.org/findyouraaa>

ELDERCARE LOCATOR

What it helps with:

- Connects families to local aging resources
- Transportation assistance
- Caregiver support
- Community programs

Website:

<https://eldercare.aclgov>

ADA PARATRANSIT SERVICES

What it helps with:

- Transportation for people with qualifying disabilities
- Options when someone cannot use regular public transportation

Information:

<https://www.transit.dot.gov/regulations-and-guidance/civil-rights-ada/part-37-transportation-services-individuals-disabilities>

IMPORTANT NOTE:

Transportation programs vary by location. Eligibility, availability, cost, and requirements are different depending on your parent's community and individual situation.

This guide is for educational purposes only and is not medical, legal, or financial advice.

Always verify program details directly with the organization before making decisions for your family.

Created by Parent Care Workshop

Helping families navigate aging parent care with confidence.

NAVIGATING THIS JOURNEY TOGETHER

