# When Your Aging Parent Needs More Care Than Family Can Provide:

## 3 Resources to Know

If your aging parent needs 24/7 care, has limited financial resources, and your family can no longer safely provide the level of care needed, it is important to understand what programs and agencies may be available.

This GUIDE is designed to help you start researching  before you are facing an emergency.

Important Disclaimer

This information is for educational purposes only and is not legal, medical, financial, or government benefits advice.

Programs, eligibility requirements, and available services vary widely by state and individual circumstances. A person's care needs, income, assets, location, and medical eligibility all affect what options may be available.

Always confirm details directly with your state's official agencies or a qualified professional.

### Resource 1: Medicaid Long-Term Care Programs

Medicaid may help cover long-term care services for eligible individuals. Depending on the state and eligibility requirements, services may include nursing facility care and certain home- and community-based services.

Official resource:
[https://www.medicaid.gov/](https://www.medicaid.gov/)

## Resource 2: Consumer-Directed Personal Assistance Programs (CDPAP)

Consumer-directed programs allow eligible individuals to have more control over their care, including choosing and directing caregivers in states where these programs are available.

Official resource:
https://www.medicaid.gov/medicaid/long-term-services-supports/

## Resource 3: Adult Protective Services (APS)

Adult Protective Services investigates concerns involving vulnerable adults who may be at risk due to abuse, neglect, exploitation, or inability to safely meet basic needs.

Find your state's APS information:
https://www.napsa-now.org/get-help/help-in-your-area/

## The Most Important Step

Do not wait until a crisis happens.

Understanding available resources early gives families more time to make informed decisions.