

HOUSE OF HOPE FOR WOMEN

Empowering women to
choose a better future
and be free from life
controlling issues.

FOUNDATION 61
A living community

Addiction Treatment Center Geelong (Mt Duneed)

Amanda

I have learned so much, realising there is past events that we block out and mask with substances and these need to be dealt with. I now am able to manage my anxiety and talking my problems out, but most of all I have learnt to love myself again.



03 70211244



www.foundation61.org.au

ABN 79 079 178 867
Reg. No. AOO46754G

Addiction Treatment Center Geelong (Mt Duneed)

Who we are

Established in 2005 Foundation 61 is a faith based not for profit registered charity that seeks to provide hope and direction for individuals confronting life controlling issues.

Our mission

Our mission is to empower people to experience healing in their lives, to restore healthy relationships with themselves, significant others, and with society.

The House of Hope an 8 bed residential rehab facility set on two acres on the outskirts of Geelong.

The program is six months live in and offers a holistic approach to substance recovery.

What we offer

- *Caring family environment*
- *Full board and accommodation 24hr onsite support*
- *Recovery and personal development groups*
- *Life skills training & vocational pathways*
- *Individual case management with Key Worker*
- *Support to access community resources*
- *Art & personal development (Art Therapy)*
- *Recreational activities*
- *Access to medical and allied health services*
- *Referral into post rehab supports*



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Commonly asked questions

What are the costs involved? 80% of your full Centrelink benefit before any deductions e.g.: housing, debts, centre- pay.

What if I don't receive Centrelink? Our staff will have a discussion one on one around the costs.

Do I have to pay up front? On intake you will be asked to pay two weeks upfront.

Can I have mobile devices or laptops? Participants are not permitted to bring in laptops, tablets or smart watches. Mobile phones will be stored in a locked safe and used to access MyGov or for other necessary needs related to your rehab stay.

Can I have visitors? From the second weekend, participants can nominate immediate family to visit on the weekend; this must be booked in no later than the Thursday before in one of the available time slots.

Can I have phone calls to family? Participants can have one 10min incoming or outgoing phone call Mon – Frid between 5pm and 9pm and two 10min or one 20min call Saturday and Sundays.

Can I have family drop things into during the week? When you first arrive, you can have one drop off by arrangement with staff of anything you may have forgotten.



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Commonly asked questions Ctd.

Am I expected to participate in all aspects of the program? Participating in all aspects of the program is required during your stay. We do work with individuals with physical and other limitations to adjust some aspects of the program accordingly.

As a faith-based organization we attend Church on a Sunday.

Do I get leave? Weekend leave may be requested after completing 10 weeks. First Weekend leave is Saturday day leave only from 9am-5pm. After this you may be granted an overnight leave, exit time on full weekend leave is 9am returning no later than 5pm Sunday.

How much luggage can I bring? There is a limit of 2 bags or suitcases of luggage on Intake. We can provide you with a packing list.

Do I have my own room? Yes you will have your own room with king single bed, desk and chair and wardrobe. All bed linen and towels are provided for your stay.



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Referral

*Referrals can be made via our web
page - under need help women.
www.foundation61.org.au*

*or by email
houseofhope@foundation61.org.au*

**Office hours Mon - Frid
9.00am - 5pm 03 70211244**



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