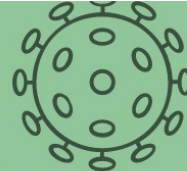




HOW TO WEAR, USE AND REMOVE A CLOTH/ HOME-MADE FACE MASK

Coronavirus (COVID-19)



Perform hand hygiene using either soap and water or an alcohol-based hand rub 60-80% alcohol content (ethanol or isopropanol).
This must be done before putting on the face mask and after removing it.



Hold the face mask by the straps **ONLY**. Place loops over each ear. Do not touch the inside of the mask.

Make sure the mask completely covers your nose and mouth.



The face mask should fit from the bridge of your nose down to your chin.

Make sure that there are no gaps between your face and the mask.



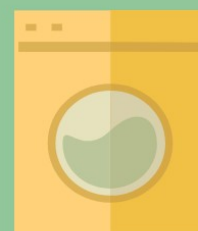
Only wear the mask for tasks/activities which require its use.

Do not touch your face or your mask. If you touch your mask accidentally, perform hand hygiene.



Hold the face mask by the straps and remove the mask by pulling it away from your face.

Do not touch the front of the mask. Perform hand hygiene after removing the mask.



After using a **cloth mask**, place it in a resealable plastic bag. Wash immediately after use with detergent at 60°C.

Keep clean cloth masks in one bag and used ones in another bag.