



## How to hand wash with soap and water

20 sec



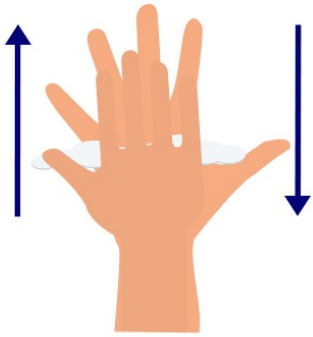
1. Wet hands with water



2. Apply enough soap to cover all hand surfaces



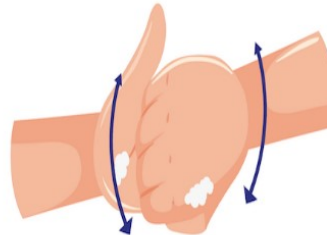
3. Rub hands palm to palm



4. Right palm over left dorsum with interlaced fingers and vice versa



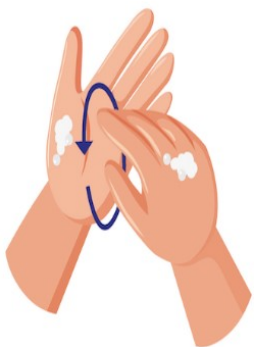
5. Palm to palm with fingers interlaced



6. Backs of fingers to opposing palms with fingers interlocked



7. Rotational rubbing of left thumb clasped in right palm and vice versa



8. Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa



9. Rinse with water



10. Dry thoroughly with single use towel



11. Use towel to turn off pipe