



Mindset Confidence Workbook

Protect Your Mindset • Build Confidence • Create Success

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Mindset Confidence Workbook

Use this workbook to take the principles from the mindset guide and apply them daily. ■ Consistency builds

Areas where hesitation costs you opportunities:

Top 3 values guiding your mindset:

Daily plan to protect your mindset:

One action step to strengthen confidence today:

Daily Wins Journal entry:

eMarketing Made EZ | Build Confidence. Build Success.