



IV Nutrient Therapy at Lucky 13 Fuel Lounge, LLC

Checklist of what to bring:

- ✓ Your completed Intravenous (IV) Infusion Therapy Intake form.
- ✓ A list of all prescription medications, OTC medications, vitamins/supplements that you take.
- ✓ A copy of your most recent bloodwork is helpful.
- ✓ Your signed Consent Form.
- ✓ Your signed HIPPA Notice.
- ✓ Make sure you are well hydrated prior to your visit. We suggest drinking 1-2 16 oz bottles of water. Dehydration can make it difficult to insert an IV.
- ✓ Make sure you eat something prior to your visit. We suggest a high protein snack, such as nuts, seeds, a protein bar, cheese, yogurt or eggs. Low blood sugar can make you feel weak, light-headed and/or dizzy.
- ✓ A favorite pillow or blanket so you can really get comfortable. Sometimes the IV infusion will make patients feel cold.
- ✓ Don't forget your headphones if you'd like to listen to music while getting your IV infusion!

During your first visit for IV Vitamin Therapy Infusions:

During the first visit, a Physician or Registered Nurse will discuss your main complaints and desired outcomes with you. They Physician or Registered Nurse will also review your medical and surgical history and any medications you are taking. Based on this assessment, Your Intravenous (IV) Infusion will be customized to address your individual needs.

What to Expect:

The IVs used during your Intravenous (IV) Infusion therapy are exactly the same that you would find in a hospital. Instead of a clinical experience though, our IV infusions are given in a peaceful setting and leave you feeling calm, relaxed and refreshed. All of our infusions last from 45-60 minutes. Our friendly and attentive staff will keep you calm, cared for, and comfortable during your infusion. Patients find the experience tranquil and healing. Patients leave feeling vibrant, energized and refreshed.