



## ARBOUR SIGNATURES

### UP THE ARBOUR

hornitos silver tequila, coconut rum, aperol, triple sec,  
coconut cream, simple syrup, lime, tajin rim

14

### OUT THE ROAD

Newfoundland Distillery Co rhubarb vodka, purity  
strawberry syrup, strawberry, lemon, soda

13

### HARBOUR LEGEND

crown royal whiskey, peach liqueur,  
brown sugar syrup, peach, lemon

13

### ROCKIN' ON WATERMELON

watermelon vodka, aperol, lychee, lime, simple, soda

14

### WHAT IN CARNATION ESPRESSO MARTINI

iceberg vodka, Newfoundland Distillery Co. coffee liqueur,  
fresh-brewed espresso, simple syrup, carnation milk

14

### SHORE THING

lambs amber, raspberry vodka, blue curacao,  
pineapple, orange, simple syrup, lemon

13

### ARBOUR CAESAR

iceberg vodka, pickle brine, tabasco, worcestershire, s&p,  
clamato, house rim, pickley things

13

### BAKEAPPLE OLD FASHIONED

signal hill whiskey, cardamom syrup,  
NLDC cloudberry bitters, orange

11

### CALL YER MUDDER

tanqueray gin, honey syrup, grapefruit, lemon

13

Call Yer Mudder was created in honour of my mother,  
Michele, who is a breast cancer survivor.

Early detection matters.

Visit [www.cancer.ca](http://www.cancer.ca) to find a free breast cancer  
screening clinic in your area.

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## SANGRIA

### PEACHY KEEN

pinot grigio, raspberry vodka, peach schnapps, white  
cranberry, peach, simple syrup, lemon, bubbles

15/55

### YOUS SWEET ENOUGH

pinot grigio, watermelon vodka, lychee liqueur,  
strawberry, simple syrup, lemon, bubbles

15/55





## MOCKTAILS

### SPILL THE TEA, SIS

cold-brewed tetley, brown sugar syrup, peach, lemon  
9

### FOG OFF

strawberry, lemon, strawberry purity syrup, soda  
9

### THAT'S THAT ME ESPRESSO

espresso, simple syrup, carnation milk  
8

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## DOMESTIC BOTTLES

coors light	6.5
india	6.5
milller lite	6.5
black horse	6.5

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## LOCAL CRAFT BEER

ask about our rotating craft beer selections

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## WINE

WHITE	GLASS (6oz/9oz.)	BOTTLE
peller family vineyards sauv. blanc	9/11	–
sauvignac chenin blanc	11/16	39
mezzacorona pinot grigio	12/17	44
montes chardonnay	–	42
zenzen noblesse spatlese blue	–	44

RED	GLASS (6oz/9oz.)	BOTTLE
peller family vineyard merlot	9/11	–
cigar box cabernet sauvignon	12/17	44
chayee bourras bonarda	13/19	49
catena cabernet sauvignon	–	59
allen scott estate pinot noir	–	64

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## NON-ALCOHOLIC

soft drinks	3
proudly serving Pepsi co, and NL Crush Products	
san pellegrino	4
drip coffee	3
regular and decaf available	
specialty coffee	4.5
cappuccino, latte, mocha latte, caramel macchiato	
tea	3
regular and decaffeinated options available	
juice	3
apple, orange, lemonade	
NA beer	6.5





# ARBOUR

## FOR LUNCH

**SEA SALT FRIES 12**

with Arbour house sauce

**COD BITES 16**

local codfish, house tartar

**SEAFOOD CHOWDER (GF) 15**

cod, shrimp, imitation crab, vegetables, bacon cream broth

**BEEF BURGER TRIO 16**

ground chuck, NL blueberry bacon jam, mozzarella, mayonnaise, touton bun

**MEXICAN STREET CORN CHICKEN TACOS (V) 14**

grilled chicken, fiesta vegetable blend, cabbage-carrot slaw, jalapeno, garlic-lime aioli  
sub tofu (V) 0

**COD TACO 15**

battered cod, shredded lettuce, tartar

**MEDITERRANEAN POWER BOWL (GF) (V) 18**

mixed greens, quinoa, chick peas, grape tomatoes, cucumber, bell peppers, shallots, feta, lemon-dijon vinaigrette  
add chicken or tofu 6

**DRY SPICED WINGS 16**

with rotating house sauce selections

**FLATBREAD PIZZA**

Available GF

**BARBECUE CHICKEN BACON RANCH FLATBREAD 18**

sweet whiskey barbecue, grilled chicken, shallots, bacon, 3-cheese blend, house ranch, spring onion

**PEPPERONI & MOZZARELLA FLATBREAD 16**

house tomato sauce, pepperoni, mozzarella, honey, chili flakes

**VEGETARIAN FLATBREAD (V) 17**

house tomato sauce, basil pesto, spinach, bell peppers, sun-dried tomatoes, shallots, mozzarella

**MEAT LOVERS FLATBREAD 18**

house tomato sauce, pepperoni, ground beef, bacon, chorizo, mozzarella

**MCARBOUR FLATBREAD PIZZA 17**

mustard pickle barbecue, spinach, shallots, ground beef, mozzarella, pickles, house sauce





# ARBOUR

## FOR DINNER

**SEA SALT FRIES 12**

with Arbour house sauce

**SEAFOOD CHOWDER (GF) 15**

cod, shrimp, imitation crab, vegetables, bacon cream broth

**COD BITES 16**

local codfish, house tartar

**BURGER SLIDER TRIO 16**

ground chuck, NL blueberry bacon jam, mozzarella, mayonnaise, touton bun

**GRILLED JERK CHICKEN SANDWICH 18**

grilled jerk-marinated chicken breast, pineapple, cabbage-carrot slaw, garlic-lime aioli, touton bun, with sea salt fries

**COD BURGER TRIO 17**

local codfish, shredded lettuce, mayonnaise, house tartar, touton bun

**MEDITERRANEAN POWER BOWL (GF) (V) 18**

mixed greens, quinoa, chick peas, grape tomatoes, cucumber, bell peppers, shallots, feta, lemon-dijon vinaigrette  
add chicken or tofu 6

**STEAK WONTON NACHOS 18**

marinated flank steak, cabbage-carrot slaw, house barbecue, garlic aioli

**STUFFED BELL PEPPER (GF) (V) 18**

rice, black beans, edamame, celery, corn, house barbecue, three-cheese blend, with sea salt fries

**DRY SPICED WINGS 16**

with rotating house sauce selections

**DIS N' DAT SAMPLER PLATTER 18**

one beef burger slider, one cod burger slider, four dry-spiced wings and sea salt fries

**FLATBREAD PIZZA**

Available GF

**BARBECUE CHICKEN BACON RANCH FLATBREAD 18**

sweet whiskey barbecue, grilled chicken, shallots, bacon, 3-cheese blend, house ranch, spring onion

**VEGETARIAN FLATBREAD (V) 17**

house tomato sauce and basil pesto, spinach, bell peppers, sun-dried tomato, shallots, mozzarella

**PEPPERONI & MOZZARELLA FLATBREAD 16**

house tomato sauce, pepperoni, mozzarella, honey, chili flakes

**MEAT LOVERS FLATBREAD 17**

pepperoni, ground beef, bacon, chorizo, mozzarella

**MCARBOUR FLATBREAD PIZZA 17**

house mustard pickle BBQ, spinach, shallots, ground beef, pickles, mozzarella, house sauce





## FOR THE YOUNGSTERS

12 and under, pretty please.

**YOUNGSTERS MEALS INCLUDE CHOICE OF DRINK, ENTREE,  
AND DESSERT.**

18

### TO DRINK:

#### **JUICE**

apple, orange, lemonade, Purity strawberry lemonade

#### **SODA**

proudly serving Pepsi Co. and NL Crush products

#### **MILK/CHOCOLATE MILK**

### TO EAT:

#### **I WANTED MCDONALDS (V)**

three macaroni and cheese balls with sea salt fries

#### **I DON'T KNOW**

popcorn chicken with sea salt fries

#### **I'M NOT HUNGRY (GF)**

pepperoni and cheese, cheese (V), or vegetarian (V) flatbread pizza

#### **WHO PICKED THIS PLACE**

four battered cod bites with sea salt fries

#### **WHATEVER**

beef burger slider with sea salt fries

### TO MAKE SURE YOU'RE WIRED ON THE CAR RIDE HOME:

#### **CHOCOLATE BROWNIE (GF)**

with whipped cream

#### **VANILLA ICE CREAM (GF)**

chocolate or caramel sauce, sprinkles

#### **MINI PUFF PASTRY**

ask your server for todays flavor!





## AFTER DARK

### SEA SALT FRIES 12

with Arbour house sauce

### PIZZA WONTONS 12

pepperoni, mozzarella, house marinara

### POPCORN CHICKEN 14

house ranch

### MACARONI AND CHEESE BALLS (V) 14

with sweet tomato jam

### MOZZARELLA STICKS (V) 12

with house ranch

### DRY SPICED WINGS 16

with rotating house sauce selections

### FLATBREAD PIZZA

Available GF

### PEPPERONI & MOZZARELLA FLATBREAD 16

with honey and chili flakes

### BARBECUE CHICKEN BACON RANCH FLATBREAD 18

sweet whiskey barbecue, grilled chicken, shallots, bacon, 3-cheese blend, house ranch

### VEGETARIAN FLATBREAD (V) 17

house tomato sauce, basil pesto, spinach, bell peppers, sun-dried tomato, shallots, mozzarella

### MEAT LOVERS FLATBREAD 17

pepperoni, ground beef, bacon, chorizo, mozzarella

### MCARBOUR FLATBREAD PIZZA 17

house mustard pickle BBQ, spinach, shallots, ground beef, mozzarella, pickles, house sauce

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## SIP ME BABY ONE MORE TIME

### ALL SIGNATURE COCKTAILS

10

### ALL 6OZ. WINE

10

### DOMESTIC BOTTLES

5

### DRAUGHT BEER

9

