



Article by Dr. David L. Lane, Resident Retired Minister
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KNOW THE KEEPERS FROM THE SEEKERS

Life determines who walks into your path....however you decide who will be allowed to stay, and who you will refuse to let go. The tricky part is to know whether a person or friend is in your life for a reason, a season or a lifetime. It is important to allow people to come and go appropriately into our life without attempting to hold on or control the relationship or experience. If it is meant to be long term or last forever, the relationship will let us know.

PREVIEW

*People come into your life for a reason, a season or a lifetime.
When you figure out which one it is, you will know
what to do for each person.*

*When someone is in your life for a REASON, it is usually to
meet a need you have expressed.*

*They have come to assist you through a difficulty; to provide
you with guidance and support; to aid you physically,
emotionally or spiritually.*

*They may seem like a godsend, and they are. They are there
for the reason you need them to be.*

*Then, without any wrongdoing on your part or at an
inconvenient time. This person will say or do
something to bring the relationship to an end.
Sometimes they die. Sometimes they move or walk
away.*

*The relationship may end through negative circumstances
that force you to take a stand on an issue.*

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*What you must realize is that a need has been met for you
and for them.*

*If the relationship has ended, then reflect, give thanks.
Consider what you learned, think about what you
could/would do better next time.*

*Forgive when needed, hope, pray the best for that person,
and then move on in your journey.*

INNERVIEW

*Some people come into your life for a SEASON, because your
turn has come to share, grow or learn.*

They bring you an experience of peace or make you laugh.

They may teach you something you have never done.

*They may give you assurance and strengthen your self-
confidence.*

*They come into your life for a short-term to help you check
something off your To Do list.*

They usually give you an unbelievable amount of joy.

*Accept this, and embrace it. It is real. Yet, maybe only for a
season.*

**People kept too long are very much like fruit kept beyond its
season, it rots. Rotten fruit is toxic, toxic fruit consumed
is both dangerous and deadly.**

Accept when the season is over, for your good and theirs.

*However, LIFETIME relationships teach you lifetime lessons;
these are often qualities, skills, and aspects of your
character you must build upon in order to have a solid
foundation for yourself to be of service to others.*

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Your job is to accept the lesson, love the person, and put what you have learned to use in all other relationships and areas of your life.

REVIEW

People come into your life for a reason, a season or a lifetime, know the keepers from the seekers. The keepers are choice friends. They are easy to recognize, they are the ones who believe in you when you have ceased to believe in yourself. They transform your loneliness into happiness, your sadness into joy, your gloom into gladness.

But above all, they strengthen you with their prayers and bless you with their love, and encourages you with their hope.

Regardless of how long any person is in your life, be sure to give them the best you have every moment. There is always some blessings, benefit or lesson gained. Acknowledge it and be thankful.

Dr. David L. Lane

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