

# Patient Information and History

**PATIENT INFORMATION**

Date \_\_\_\_\_ Home Phone \_\_\_\_\_

Name \_\_\_\_\_  
LAST NAME FIRST NAME INITIAL

Address \_\_\_\_\_  
 \_\_\_\_\_

Sex M F Age \_\_\_\_\_ Birthdate \_\_\_\_\_

SS# \_\_\_\_\_ Marital Status \_\_\_\_\_

Occupation \_\_\_\_\_

Employer \_\_\_\_\_

Cell Phone : \_\_\_\_\_ Email: \_\_\_\_\_

Spouse's Name \_\_\_\_\_

Does your spouse have permission to access your medical records?  
 Yes Initial  No Initial

Whom may we thank for referring you?  
 \_\_\_\_\_

**IN CASE OF EMERGENCY, CONTACT:**

Name \_\_\_\_\_ Relationship \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

**INSURANCE**

Primary Insurance Co. \_\_\_\_\_

Insurance Holder's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Secondary Insurance Co. \_\_\_\_\_

Is patient covered by any additional insurance? Yes No

**ASSIGNMENT AND RELEASE**

I, the undersigned certify that I (or my dependent) have insurance coverage with \_\_\_\_\_ and assign directly to Virginia Sport & Spine Institute LLC. All insurance benefits, if any, otherwise payable to me for services rendered. I hereby authorize the doctor to release all information necessary to secure the payment of benefits. I authorize the use of this signature on all insurance submissions.

\_\_\_\_\_  
 Patient / Guardian Signature Date

Relationship \_\_\_\_\_  
**Is condition due to an accident?** Yes No

Date of accident \_\_\_\_\_ In which state? \_\_\_\_\_

Type of accident Auto Work Home Other \_\_\_\_\_

To whom have you made a report of your accident?  
 Auto insurance Employer Worker Comp. Other \_\_\_\_\_

Attorney Name (if applicable) \_\_\_\_\_

**PATIENT CONDITION**

Reason for visit \_\_\_\_\_ When did your symptoms appear? \_\_\_\_\_

Since onset, how do you feel? The same Better Worse

How often do you have this pain? Occasional Intermittent Frequent Constant

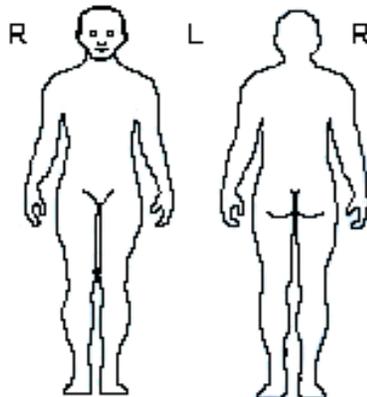
What Aggravates your pain? Sleeping Working Sitting Standing Walking Bending Lying down Carrying Lifting

What Helps it feel better? Nothing Anti-inflammatories Bracing Movement Heat Ice Massage Stretching Rest

Activities that are painful to perform? Working Social/recreational Housework Grooming Driving Exercising

**Indicate on the diagram the type of pain using the symbols below.**

- Ache: ZZZ
- Burning: BBB
- Numb: XXX
- Pins & Needles: ===
- Stabbing: ///



List each area of pain (IE. Neck or Back) \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

How severe is your pain today?  
 0= No Pain 10= Intolerable

For Office Use: HT: \_\_\_\_\_ ft \_\_\_\_\_ in Wt: \_\_\_\_\_ (lbs) BP: \_\_\_\_\_ / \_\_\_\_\_ HR. \_\_\_\_\_ BPM

Primary Care Physician \_\_\_\_\_ Specialist \_\_\_\_\_ Type \_\_\_\_\_

**Date of Last:** (If none, write N/A)

Physical Exam \_\_\_\_\_ Spinal X-Ray \_\_\_\_\_ Spinal Exam \_\_\_\_\_  
 Blood Test \_\_\_\_\_ Chest X-Ray \_\_\_\_\_ Urine Test \_\_\_\_\_  
 Dental X-Ray \_\_\_\_\_ MRI/CT-Scan/Bone Scan \_\_\_\_\_ Bone Density \_\_\_\_\_

**Circle any treatments have you already received for the condition you are being seen for today?**

(Medications) (Surgery) (Physical Therapy) (Chiropractic) (Injections) Other \_\_\_\_\_

**Please Check the Following symptoms you current HAVE, HAD in the past, or NO to those you have not had:**

Have	Had	No		Have	Had	No		Have	Had	No	
			Back pain				Irregular heartbeat				Easily angered or irritated
			Muscle or joint pain				Palpitations				Fainting
			Neck pain				Persistent coughing				Neuralgia
			Redness of joints				Shortness of breath				Numbness
			Stiffness				Tightness in chest				Seizures
			Swelling of joints				Facial Pain Grinding teeth				Weakness
			Chest pain				Headaches				Anxiety
			Difficulty breathing				Migraines				Depression
			Dizziness/lightheaded				Head injury				Memory loss
			Fainting				Jaw clicks				Nervousness
							Stiffness				Stress

WOMEN ONLY: Are you pregnant or is there any possibility you may be pregnant?  YES  NO  UNCERTAIN

**EXERCISE**

None Daily

**WORK ACTIVITY**

Sitting Light Labor

**LIFESTYLE**

Smoking Packs/Day \_\_\_\_\_ Coffee/Caffeine (Cups/Day \_\_\_\_\_)

Moderate Heavy

Standing Heavy Labor

Alcohol Drinks/Week \_\_\_\_\_ High Stress Level (Reason \_\_\_\_\_)

**INJURIES/ SURGERIES YOU HAVE HAD**

(If none, write N/A)	Description	Date
Falls	_____	_____
Head Injuries	_____	_____
Broken Bone	_____	_____
Dislocations	_____	_____
Surgeries	_____	_____

Please list below anything you are currently taking.  
**MEDICATION, VITAMINS/HERBS** (include Dosage)

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**ALLERGIES:**  If none check \_\_\_\_\_

I have read, understood, and agree to the foregoing. I certify that the information on this form is correct to the best of my knowledge. I will not hold my doctor or any member of this clinic responsible for any errors or omissions that I may have made in the completion of this form. I understand that the doctor will be relying on the above information and all other information that I supply in his treatment of me. I hereby give permission to the doctor and whomever he may designate as his assistants to administer treatment and/or therapy, and perform such procedures as he may deem necessary in the diagnosis and/or treatment of my condition. I certify that no guarantee has been made as to the results that may be obtained.

**Patient / Guardian Signature** \_\_\_\_\_ **Date** \_\_\_\_\_