



Intern Application

Name:

Address:

Cell Phone:

Email Address:

Current School Attending:

Career Path:

Internship Request

Department Requested (Strength & Cond., Physical Therapy, Chiro, Marketing, other):

Start/End Dates?

Any days/times you are not available during internship?

Academic Requirements

Number of Hours:

Evaluations/Skill Assessment:

Please answer the following Insight Questions:

1. Why would you like to intern at VSSI?
2. What are your goals while at VSSI?
3. What do you think you can contribute to VSSI?

Please send your completed Intern Application, resume and reference list to vasportandspine@gmail.com. Once we review your application, you will be notified if we wish to proceed with an interview. We appreciate your interest in Virginia Sport & Spine Institute and value the internship learning process.

Sincerely,

VSSI Leadership

The following guidelines are intended to give all staff members and interns a clear understanding of expectations placed on them as they work at VSSI. Often there is confusion between job descriptions and staff expectations. Job descriptions are typically outlined duties but do not clearly identify how leadership expects those duties to be carried out. Lack of clarity in this area usually leads to both disappointment and frustration amongst all parties involved. The expectations listed below are “general” and are not intended to micromanage staff members as they do their job, but rather serve as guidelines to assist our team members in being successful within our culture.

Expectations of how our staff approaches their craft and fulfills their professional role:

Believes in, supports, and practices with the mission and vision of VSSI.

Provides engaged and enthusiastic effort.

Constant professionalism in communication, interaction with others, attire, appearance, and presence when representing VSSI.

Be punctual for meetings, training sessions and appointments – early is on time. Be prepared and engaged in the process.

Demonstrates core values of our culture: Service, Trust, Integrity, Empathy, Positivity, and Adaptability.

Possesses a high level of self-awareness while acknowledging limitations in knowledge, skills, or answers to problems. Know what you don’t know.

Communicates and collaborates at a high level with athletes, physicians, fellow colleagues, coaches, parents (when necessary) other support staff and professionals.

Solves problems with autonomy while providing communication and feedback to fellow staff and department leaders.

Demonstrates a growth mindset, sense of urgency, emotional intelligence, and resilience.

Displays critical thinking skills and problem-solving abilities... bring solutions, not just problems.

We Look Forward to Building with you while we pursue our mission:

Empowering people to LIVE, WORK, PLAY & MOVE to their full potential