



Virginia Sport & Spine Institute
 2011 Enterprise Dr.
 Forest, VA 24551
 434-851-0091
 www.vassi.org

Training Rates and Registration

# of Athletes	Tier 1 Coach	Tier 2 Coach	Group Training
Private Training	\$75-100/session	\$55/session	\$100 per month/ 1 day a week
2 Athlete Training	\$55 each athlete	\$45/per athlete	\$180 per month/ 2 day a week
3 Athlete Training Group	\$45 each athlete	\$35/per athlete	\$240 per month/ 3 day a week
Small Group 4-7 Athletes	\$35 each athlete	\$25 per athlete	\$300 per month/ 4 day a week
Team Training	Call for details		
Custom Camps and Clinics: call/email to discuss availability			

*After 15-minutes of tardiness, we reserve the right to cancel a session. You will be charged unless you have given a 24-hour notice.

Athlete Name		Parents		
Address		City	State	Zip
Grade	DOB	School		
Cell Phone		Sport		
Parent e-mail		Athlete e-mail		

Release of Liability

I, _____ am in good health and able to participate in a vigorous training program. I have no previous sickness, illness, disease or bodily injury that is contraindicated to participation in any activity set forth. We understand that Virginia Sport & Spine Institute (VSSI) is not responsible for any physical injury that may occur during training activities. I hereby, release, hold harmless, discharge, and agree not to take any legal action against VSSI and/or its directors, facilities, and/or coaches for all liability from participation in this program.

I also give VSSI permission to use still footage photography and/or video from our session for teaching and/or marketing.

In the event a participant is injured I give my permission for any medical procedures that may be deemed necessary.

Participant Signature _____ Printed Name _____

Parent/Guardian Signature (if needed): _____

Medical Insurance: _____ Policy Number: _____