



**American
Heart
Association.**



HELP4CPR.ORG

The Basic Life Support (BLS) for Healthcare Providers (HCP) Course is a video based Instructor led course that teaches both single rescuer and team basic life support. This course trains participants to promptly recognize several life threatening emergencies, give high quality chest compressions, deliver appropriate ventilations and provide early use of an AED.

CPR, AED, K-12, First Aid and BBP courses all teach skills using the American Heart Association's proven Practice While Watching technique, which allows Instructors to observe students, provide feedback and guide students' acquisition of skills.

Course Covers

- Key changes in basic life support, reflecting the new science for the American Heart Association Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care
- Critical concepts of high-quality CPR
- The American Heart Association Chain of Survival • 1-2
- Rescuer CPR and AED for adult, child and infant
- Bag - mask technique and Rescue Breathing for adult, child and infant
- Relief of choking for adult, child and infant.
- CPR with an advanced airway /Opioid abuse discussion and Narcan use

Contact Fo'c'sle

America's Boating Club Grosse Pointe, United States Power Squadron

Will be having a class- **Saturday, November 2**, from **9am to 1pm**.

Cost **\$75.00**/ person. **Grosse Pointe Yacht Club - Fo'c'sle Room**

Free e-book available to students on registering or purchase book for \$15.00.

Certificate provided on completion of course.

Sign up with Lisa Nieves- see below

: American Heart Association –
Authorized Trainer - **Lisa Nieves**
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